FROM THE PRINCIPAL...

There are many different kinds of fear. There is the kind that warns you to stay away from fire. There’s another kind which represents a healthy respect for someone or something. (Psalm 2:11). There’s fear that makes you feel helpless: sometimes as a result of parental criticism or a bully’s threats, and, although it’s groundless, it still haunts you. Some suffer from the fear of failure, which can lead to that happening. Job said, “What I feared has come upon me.”(Job 3:25) Then of course fear of the unknown, where one’s imagination can and does run amok. What if? What if you never meet the right person, or lose your job, or the biopsy confirms the worst?

Over and over in God’s Word, we are reminded, ‘Don’t be afraid…I am with you.’ This does require faith however. Faith can be illustrated somewhat by using the illustration of the trapeze artist. They have to let go of one bar, and hover in space while waiting for the other bar to be available to hang on to! Faith takes us out of our comfort zone, but exercising it enables us to deal with fear.

God knows us intimately, and only wants the best for us, but in order for Him to do this, we do need to let go – even if it takes a while to overcome the fear of doing so.

Mr Ron Hiscox
PRINCIPAL

SCHOOL NEWS

WACE - Year 12 - Exams
Please note that our Yr 12 WACE students are sitting their exams over the next couple of weeks. While there are not exams every day, it is important that when the red cones are put across the roadway that leads past Ashcroft (Yr 7) building, then exams are in session and your cooperation in minimising noise in the immediate area will be greatly appreciated by students. Students are sitting the exams in the central classroom closest to the road. Please keep our Year 12’s sitting exams in your prayers over these next few weeks.

School Health Survey
About a third of our school family returned the survey that was sent out at the beginning of the school holidays. This information will be very helpful in planning for the future and making sure that all future directions are in accordance with the needs of our school community.

Road Safety
It has been reported that in the afternoon, some students waiting for older brothers and sisters, are running back and forth across the road, particularly in the gravel carpark area. The bus and coach drivers, in particular, are really concerned lest a student darts out in front of them while they are driving around to the pickup area. Please watch that students only cross the road in an orderly fashion, and observe proper road safety practices.

Congratulations
October 9 was a special day for Mr & Mrs Martin as they welcomed a precious baby girl to their family. A sister for Sharlea, Zara Christy-Mae Martin was born at 2.33pm while we were all enjoying the school holidays. Congratulations to the Martin family and we look forward to when Mrs Martin and Sharlea are able to bring baby Zara for a visit.

Year 9 Storm Co Trip
We have heard from Mr Flynn this morning. The students are doing an AWESOME job. They are working really well together and doing a fantastic job as they serve in Esperance.

We have included the link to their photos and more are coming Mr Flynn has informed us. www.carmel9.com www.carmel9.com website.

Thanks for all the prayers and support.

P & F Meeting - 6.30pm
All Carmel families are invited to attend the final P&F Meeting for this year. Come along with a friend to have input into the final decisions for 2014.

Light refreshments will be served and we look forward to seeing you there.
**Orientation Day - We need your help!**

Friday week will be an exciting day here as we welcome to our campus, students who are in their final year of primary school.

This day is designed to familiarise students with the daily running of our College and will include a College tour, attendance at classes and some hands on activities. The purpose is to help them to feel more prepared to begin high school.

**WE NEED YOUR HELP!**

Do you have a friend, a work colleague, a neighbour or friends at church who have a child entering high school in 2015?

We would encourage you to take this opportunity to invite them to attend the Orientation Day we have planned on Friday, November 14.

Students do not have to be enrolled for 2015 to attend Orientation Day.

Any student currently in Year 6 or 7 are welcome to register to attend. Please contact Di or Marcia for bookings or more information.

**Computer Games**

A number of students are actively involved in on-line gaming. The internet can be useful for a whole range of reasons, but gaming can become problematic for a variety of reasons. It can involve a great deal of time. It often involves concepts that are based on violence and/or sex. It often means that the gamer is not spending time dealing with real people. Parents need to be aware of any or all of the above. Therefore if you have a child who is an avid gamer, why not sit down with them occasionally while they are on-line so that you are aware of what the game is all about.

**Thank You**

Mrs Duncan would like to express thanks to our wonderful parents for your understanding with the recent Computer Levy that was charged out. Thank you to those who have made adjustments to see this has been paid.

**Uniform Shop - Opening Hours**

Please note the opening times for the uniform shop till the year end are as follows.

- Tuesday, November 18.
- Friday, December 12.

If you are not able to make it during these times, it is possible to make an appointment with Marcia either by email, marciahutchinson@adventist.com.au

**Bencubbin Adventist Church Scholarship - time has been extended**

The Bencubbin Adventist Church Scholarship was established to assist students who are attending, or are planning to attend, Carmel Adventist College.

The student is to:
- come from a home where their parents are considered financially challenged,
- have a demonstrated interest in spirituality and
- are an existing or prospective student at the College.

This annual scholarship is worth $1000 and is awarded to one student per year.

Please note that there has been an extension on the due date and and if you still wish to apply, please complete the attached application form and return it to College Reception by 31 October 2014.

**Cambodia Reflections Part 2**

**Maddy’s Reflection**

As I stepped down from the plane my life changed. From walking to the fridge to looking at the empty bar fridge in the hotel. From looking out my bedroom window to see gum trees to looking at walls.

Cambodia has always interested me, even at my old school there was a trip for it, myself and my best friend wanted to go until I moved schools. I moved to CAC this year. Before Carmel I was a very sad kid, my constant cries for help were shadowed by my constant fake smile. The longer I fought the louder my cries became. I fought for what I needed and what I wanted to become.

Cambodians are just normal people, trying to live their lives with what they have. The family that I stayed with had a grand total of 9. All 9 of those people completely moved out of the house to let us in, 6 complete strangers. Would an Aussie do that? I don’t think so. Just being in that house with the Cambodian family would have restored their faith in humanity. We honestly changed their lives by making 2 meals for them and putting a smile on their faces.

We all were so determined to change these people’s lives, we didn’t think of our own. My fingers were nearly squashed off, but yet half an hour later, I was back hammering nails in better than the boys. (The boys did ask me to nail because they couldn’t)

When we were in Kratie, a lot of us were sick, mostly gastro and we were popping charcoal tablets like they were lollies. The day we went out to set up the gardens in the village, I didn’t think I was going to be able to go, I was so sick. But Amy gave me 2 charcoal tablets and a bit of motivation from Chub, and every single one of us attended the gardens.

Yes, I was in my pyjamas in the village, did anyone notice? No I looked so sick, but yet I powered on.

That day so many people were not feeling the best, they had to go back to the hotel. I had the chance too but I stayed, wanting to make a difference to the Cambodian lives.

The HOPE Cambodia trip was a life changing experience that I would not change for the world.

Madz out.
PHOTOS FROM YEAR 9 TRIP
**Cambodia Reflections - Part 2 Continued**

Kadia’s Reflection

I am a new student at Carmel and have only been attending the college since term 2. I was very excited when I found out our camp was a mission trip to Cambodia. Cambodia was an experience that I will never forget for the rest of my life. I truly feel like I left a part of my heart over there with the kids, the culture and the free-flowing environment. I was terrified landing in the Phnom Penh airport because it was so different to Changi. But as soon as we got outside and into our tuk tuks I just fell in love with the place.

There was never a dull moment over there because everything was so crazy. Weaving through traffic on the wrong side of the road, whole families on one tiny scooter, snakes on sticks being sold on the side of the road. The interactions that you had with people over there was unlike anything you’d experience in Australia. It humbled me to be treated with so much respect by some people over there who were strangers. The kids especially would just throw their hearts to you and trusted that you would catch it and not step on it.

The very first day we went to start building we were watching Troy show us how to use the power tools and I hadn’t been standing there for longer than 5 minutes when a little girl came straight up to me and held my hand. The next thing I knew I was running around giving her piggy back rides with other kids hanging off my arms. Unfortunately there’s a big negative side to Cambodia. I don’t think you could ever be prepared for some of the stuff you see over there. The killing fields is such an oddly serene place. How can something so beautiful hold something so sinister it makes your skin crawl and your stomach lurch?

Of course there is a solution for someone to be able to enjoy the aesthetics of that lake: ignore the fact that it is a mass grave. When we see the news and we see civil wars being waged in Africa or the mass infections of the Ebola virus in Liberia or Sierra Leone we distance ourselves from that and pretend that we can’t help or even pretend that it isn’t happening because it’s not happening to us. When I think back to the direct impact that we had to the lives of the people over there it really inspires me.

We didn’t just send over money to help out, we went over there and physically helped build a school and garden beds. I know when I told my relatives of what I was going to do over in Cambodia they couldn’t believe how involved we were getting but I think if we didn’t, the experience wouldn’t have been half as gratifying. When I found out that education and families growing their own food would help these kids I was playing with to not get sold into slavery or the sex trade and ending up in places like She Rescue, I worked as hard as I could.

The Cambodia trip really opened up my heart to volunteer work and helping people in poverty. I know that’s something that everyone says and it may sound like a hollow statement because this presentation is for a bible assignment but I truly feel like there’s something out there for me through work like that. I am really thankful for this opportunity and I hope there’s many more like this to come.

There is a pretty little lake in the corner of the tour with gorgeous tropical trees surrounding it. There are birds in the trees and life goes on as usual but underneath the lake’s surface, imbedded in the thick mud there are skeletons of women, men and children who were systematically killed like their lives meant nothing. I think that lake symbolises Cambodia as a whole pretty well.

**COMMUNITY NEWS**

**ROAD TO BETHLEHEM - December 15, 16 & 17**

R2B is a free interactive drama based on the nativity story lasting for about 45 minutes. If you have not been to R2B, we encourage you to treat your family this year. Online ticketing is not yet open but will be advertised when available.

The R2B team are also looking for people interest in singing in the choir. There are two practice dates set, Nov 29 and Dec 6, 2pm at Livingston SDA Church in Canning Vale. If you are over 15 and would like to be involved with the choir please contact Corelle on 9454 3979 or 0412 127 274.