



Newsletter



CARMEL
ADVENTIST COLLEGE

October 20, 2021 | Term 4 | Issue 16

Look for the helpers...

“ —

“When I was a boy and I would see scary things in the news, my mother would say to me, “Look for the helpers. You will always find people who are helping.”

Fred Rogers

— ”

Last year our family watched a beautiful day in the neighbourhood, which articulated the life story of children’s presenter Fred Rogers. It is a presentation of the real life, behind the scenes story of a man who spent his days, entertaining children.

Tom Hanks, plays the main protagonist, he quotes his character as saying “Goodness is as mysterious and interesting to write about as badness”. In a world, that constantly sensationalises the difficult parts of life, what if we became people who sort out the good.

Being present in our neighbourhoods, helping those who are in our circle of influence, is one of the greatest legacy’s we can leave when the world is in a seasonal storm.

Rather than seeking out the bad news stories, what if we created good news stories, by being the helpers.

It doesn’t take a lot to help others out amid the storms of life. It just takes the capacity to say yes and do something small.

Events Calendar

Term 4

Primary Campus

- Mufti Day (Fundraiser for MND).....Oct 29
- Combined Schools Sports Day.....Nov 2
- Orientation Day.....Nov 12
- Pupil Free Day.....Nov 26

Secondary Campus

- Interschool Track & Field.....Oct 25
- Yr 9 Storm Co.....Oct 29-Nov 5
- Orientation Day.....Nov 12
- Yr 11 Exams.....Nov 18-26
- Yr 9 & 10 Exams.....Nov 22-26
- Yr 12 Trip.....Nov 29-Dec 3
- Yr 10 Workplace Learning.....Nov 29-Dec 8
- Yr 7 & 8 Exams.....Nov 29-Dec 2

GENERAL



Orientation Day is on Friday, November 12.

This is an opportunity to invite new families along.

New students have the opportunity to visit our school for a day, where they can have a look around, participate in their classes and meet their new teacher and classmates.

Carmel Primary

The primary school has a specific half-day program for prospective Kindy students. Students in Pre-Primary to Year 6 are also invited to attend for the day and spend it with their appropriate class. All students in our school will be advanced into the grade that they will be going into next year.

Morning tea is provided for parents where they will have the opportunity to meet each other and speak with the Principal, Mrs Janine Taylor.

Please contact Narelle in the Front Office on 9291 6399 for further information or email primary_admin@cac.wa.edu.au

Carmel Secondary

At the secondary, the day is aimed at Year 6 students transitioning into high school in 2020. The students participate in a specialised program where they will experience:

- Wood Work
- Cooking
- Science Experiments
- English Olympics
- Sports Games

Morning tea is provided for parents where they will have the opportunity to meet each other and speak with the Principal, Mr Brad Flynn.

Please contact Julie McCutcheon at Reception on 9293 5333 for further information or email julie.mccutcheon@cac.wa.edu.au

Share the good news about Carmel with your family, friends and work colleagues.

Encourage them to book their place for Orientation Day.

VacSwim enrolments now open!



Enrolments are now open for VacSwim swimming lessons during the summer school holidays. VacSwim offers fun lessons at beach or pool locations. They are a great school holiday activity and they teach valuable safety skills to help keep your child safe in the water.

If your child is over 13 years old, you can enrol them in VacSwim so they can get their Bronze Medallion during the summer school holidays. They'll learn advanced survival, rescue and resuscitation skills to help keep themselves and others safe in the water.

Enrol now at education.wa.edu.au/vacswim

PRIMARY

Sporting Schools - Term 4

Sporting Schools (after school sports) commences next Wednesday, 27 October and runs for 5 weeks (concluding November 24).

The sport options available this term are:

Basketball (Yr 3 - 6 students)

Soccer (Pre-Primary - Yr 3 students)

The permission form is attached. Please complete and return this form asap if you wish for your child/ren to participate in these after school activities. **Places are limited.**



Mud Day

What a muddy and memorable day!
It was great to see students, staff and parents immersing themselves in the great outdoors!
A big thank you to Mr Wallis for making the day a success!



THANK YOU

Market Day

Thank you so much to our Year 5 students and families for your amazing effort in a successful Market Day. This day also wouldn't be possible without the planning and organising by our Year 5 teacher, Mrs Keating!

We are very excited to announce this year's Market Day raised \$4,706.35!!!

We would also like to acknowledge our Year 6 students, staff and all the students and families that have supported raising funds over the last year!

IMPORTANT DATES...

December 1 (Wednesday)
December 3 (Friday)
December 8 (Wednesday)
December 9 (Thursday)
December 10 (Friday)

Yr 6 Fun Day & Picnic Tea
Kindy/PP Grad & Nativity Picnic
Snr Concert, Yr 6 Grad & Awards
Waterslide Fun Day
Yr 6 Special Chapel & Term 4 Concludes



Combined Schools Sport Day



We encourage families to come along and support the students at the annual Combined Schools Sports Day on Tuesday, November 2.

This event will be held at the Gerry Archer Athletic Field, Abernethy Road (cnr Leach Hwy), Cloverdale.

All students from Pre Primary to Year 6 are expected to participate in this event.

NOTE: The school will be CLOSED this day.

An alternative day has been arranged for 3YO Kindy. This will be happening on Wednesday, 3 November.

Transportation Information

Please return the '2021 Combined Schools Sports Day' transportation requirements form by **THIS Friday, 22 October**.

A hardcopy was sent home with your child early this week. A copy has also been attached to this newsletter. Please return the form to Narelle at the front office. Thank you!

Parent Helpers Needed

We require parent helpers to help with the sports events and/or assist our teachers with the different aged groups, as they walk around and participate in the various sports activities throughout the morning.

If you can assist, please call us or email primary.admin@cac.wa.edu.au.



Parent Information

To assist with the smooth running of the Combined Schools Sports Day, please read the important information attached to the newsletter.

This contains information about buses, lunch, arrival & end of day procedures, seating, and emergency contact information. Please take the time to read this.

The Sports Day program will be made available under 'Events' on the Skoolbag app or check our Facebook page.

HELP



NEW School Banking rewards now available!

This year there is a selection of rewards available from previous years to make sure you don't miss out on the ones you wanted!

For every deposit made at school, students will receive a Dollarmites token. Once students have individually completed 10 deposits/ reached 10 tokens they can redeem them for a School Banking reward item.

Thank you for supporting the School Banking program and remember, **School Banking day is every Tuesday.**

Mountain Biking

Mountain biking has commenced again on Tuesdays after school and runs from 3:30pm - 5:00pm.

If students wish to participate, permission forms are available in the front office.



2021 Cross Country Results

Congratulations to ALL our students in Kindergarten to Year 6 who participated in our annual cross-country run last term.

It was great to see so many parents, grandparents and friends supporting this exciting event!

The medal presentation will be in the chapel program THIS Friday, 22 October.

Year/Gender	Student	Placing
3YO Kindy Girls	Sophia	Gold
3YO Kindy Boys	Seth	Gold
4YO Kindy Girls	Isla	Gold
	Elyse	Silver
4YO Kindy Boys	Jai	Gold
	Max	Silver
Pre Primary Girls	Lucia	Gold
	Mila	Silver
Pre Primary Boys	Banjo	Gold
	Noah	Silver
Year 1 Girls	April	Gold
	Sofia	Silver
Year 1 Boys	Drae	Gold
	Azekaius	Silver
Year 2 Girls	Ashlyn	Gold
	Elliana	Silver
Year 2 Boys	Wil	Gold
	Eden O	Silver
Year 3 Girls	Opal	Gold
	Imogen	Silver
Year 3 Boys	Anesu	Gold
	Levi	Silver
Year 4 Girls	Isabelle	Gold
	Ava	Silver
Year 4 Boys	Cal	Gold
	Elisha	Silver
Year 5 Girls	Jenae	Gold
	Trinay	Silver
Year 5 Boys	Ezekiel	Gold
	Jason	Silver
Year 6 Girls	Isabella	Gold
	Alayna	Silver
Year 6 Boys	Simba	Gold
	Judd	Silver



2021 Cross Country Mountain Bike Race Results

Congratulations to the students who participated in the Cross Country Mountain Bike Race this year.

The following students will receive a trophy for their efforts. Trophies will be presented in the chapel program THIS Friday, 22nd October.



Year 3 - Colwyn & Mia
Year 4 - Oliver & Olivia
Year 5 - Caleb & Ella
Year 6 - Will & Alayna



Chapel

We have our weekly Chapel program on FRIDAY mornings from 8:50am to 9:30am.

This **Friday (October 22)**, the Year 1 class will be coordinating the program.

Speaker: Pr Andrew

Next week (October 29)...

Coordinating: Year 2 class

Speaker: Pr Miranda

We hope you can join us!



HAPPY BIRTHDAY

to the below students who celebrate an upcoming birthday!

Eliana (Yr 1)

Mbuyoti (Yr 2)

Mia (Yr 6)

Mahleeya (Yr 3)

Jenae (Yr 5)

Isabella (Yr 6)

Have a wonderful day and we pray that God will bless you in the year ahead!

Crunch&Sip®

Tips to increase vegie intake for Crunch&Sip® breaks

- Start with vegetables your children are familiar with
- Try sweeter vegetables like red capsicum or cherry tomatoes
- Allow children to choose their Crunch&Sip® vegetables
- Keep vegetables fresh at school by storing in thermos containers
- Use a variety of vegetable colours to make it more appealing
- Let kids pick out a special Crunch&Sip® container from the supermarket
- Get kids involved in cooking vegetables at home
- Children will follow your lead (eventually!) – make sure you show them how much you enjoy eating vegetables



SECONDARY

Interschool Track & Field

This event will be held on Monday, 25 October at the WA Athletic Stadium in Floreat.

Students needing to catch the school bus, need to be at school by 7:45am to allow enough time to settle in at the venue before the first event is scheduled to start.

Students not catching the school bus need to arrive at the venue by 9am.

Please click the link below to see the **2021 Interschool Track & Field Event List**.

https://docs.google.com/document/d/12WjtG3Zt6w8aNEhwjvQT64gwxCzZ_z-/edit

If you have any questions regarding this event, please don't hesitate to contact Mr Adam Di Rosso.

Absent

Please note that the Skoolbag app is no longer being used by Carmel Secondary. Please advise the school of absences by SEQTA Direct Message (Chloe Brown), Phone (9293 5333) or Email (secondary_admin@cac.wa.edu.au).

We take your child's duty of care seriously and, as such, we need to be informed whenever a child is absent from school and the reason for absence (eg sick, family reasons, doctor, dental or specialist appointment), so that this can be noted on our attendance records.

2021 Cross Country Results

On the 20th September, CACS held their annual Cross Country event. Students left the oval and ran 6.5km through hiking paths, mountain bike trails and fire roads before making their way back to the finish line. With an adjusted scoring system and some very motivated students, big scores were recorded compared to previous years.



Final Results

1st - O'Conner 454

2nd - Forrest 375

3rd - Sturt 325



Year/Gender	Student	Placing
Junior Girls	Laura Carr	Gold
	Suzie Smoker	Silver
	Isla Bishop	Bronze
Junior Boys	Zeke Stafford	Gold
	Vuyiso Sibanda	Silver
	Malachi Thomas	Bronze
Intermediate Girls	Ella Pearson	Gold
	Tiana Willock	Silver
	Felicity Carr	Bronze
Intermediate Boys	Riley McMillan	Gold
	Nicholas Thomson	Silver
	Zebadiah Warchol	Bronze
Senior Girls	Chelsea Willock	Gold
	Nikayla McMillan	Silver
	Jordyn Gallop	Bronze
Senior Boys	Bailey Christie	Gold
	Jakob Hawkes	Silver
	Reuben Thomas	Bronze
Records	Bailey Christie	30:44 min > 29:24 min





Want to support a young person and make a positive life-long impact on their life?

CASUAL / RELIEF BOARDING HOUSE TEAM

1-, 2- or 7- day opportunities available.

Meals, accommodation, training provided. Suitable for 18+ single, couples, male/female.

To find out more, contact Anne Tonkin: 0439 914 630 anne.tonkin@cac.wa.edu.au

CHAPLAIN'S CORNER

Contact us

Pr Andrew Olsen

e: andrewolsen@adventist.org.au

Pr Miranda Leijser

e: mirandaleijser@adventist.org.au

p: Primary Campus 9291 6399

p: Secondary Campus 9293 5333

Mud Day at the primary school last Friday reminded me that I'm not a big fan of mud! Have you ever been stuck in the mud?

The first time I ever drove a 4wd, I got it hopelessly stuck in the mud. No matter what I did I couldn't get out. A ute came along, with a guy in it whose job was a professional driver. He got in and drove straight out of there in no time at all. I've thought about that a number of times since (it was nearly 30 years ago). I didn't have the skills and/or the experience to do anything about my situation.

Sometimes we find ourselves in a similar situation in life. Something confronts us that we are not equipped or experienced enough to see any way through. If you ever feel like that, take a look around at the people God has put in your life. There is always someone to reach out to for some help. A guiding hand, some advice, and experience to be shared and learned from.

As all of us try our best to guide our kids, let's be there for each other and help each other along the way. We can all use a hand sometimes.

~ Pr Andrew Olsen



CHURCH AND COMMUNITY NEWS



IF YOU HAVE ANY CHURCH OR COMMUNITY NEWS, PLEASE EMAIL JOANNE.PEARSON@CAC.WA.EDU.AU

Carmel SDA Church

216 Glenisla Road, Carmel

Come along and join in any of the various age-related programs or small groups between 9:30am-10:30am followed by the church service at 11am. Everyone is welcome!

Upcoming Events:

Baptism - Oct 23
CAC/Brad Flynn - Oct 30
Soup & Buns - Nov 13
Kids Church & Teen Social - Nov 20

*See the church Facebook page for more information.

SAVE THE DATE

2022 SUMMER CAMPS

@ ADVENT PARK

Registration Opening Soon!

Teen Camp

JANUARY

10TH - 16TH

Monday - Sunday*

Junior Camp

JANUARY

18TH - 23RD

Tuesday - Sunday

*Teen Camp will be running for an extra day this year!



ADVENTIST CHURCH *in Western Australia*

KIDS LOVE DRAMA! PARENTS LOVE THE RESULTS!

Give children the gift of creativity, confidence & skill in verbal communication

IGNITE IMAGINATION IN STUDENTS

AGED 5 - 18 YEARS WITH:

SPEECH & MOVEMENT,

IMPROVISATIONS, DIALOGUE

DEVELOPMENT, SCENE STARTERS

& LOTS OF FUN!

Classes available:

* Dianella * Kalamunda * Mundaring * Swan View

For more information contact:

Merylena.Sulak@helenogrady.net.au

www.helenogrady.net.au

Ph. (08) 9378 4332 Mob: 0490 808 206

MEET NEW FRIENDS. EXPLORE NEW LIFE SKILLS
AND OF COURSE...LEARN WHILE HAVING FUN!



Pre-Loved School Uniforms

Go to our 'Carmel Adventist College Primary & Secondary - Buy, Sell or Swap'. This page is for both Primary and Secondary Uniforms. Simply click the 'JOIN GROUP' button and Admin will get you off and running.



Like us on Facebook for regular information, updates and photos.

Search for Carmel Adventist College Primary and Carmel Adventist College Secondary.

School Term Dates 2021

Term 4

Tuesday, Oct 12 – Friday, December 10



CARMEL
ADVENTIST COLLEGE

w. www.carmelcollege.wa.edu.au

PRIMARY CAMPUS

p. (08) 9291 6399

a. 18 First Ave, Bickley WA 6076

e. primary_admin@cac.wa.edu.au

SECONDARY CAMPUS

p. (08) 9293 5333

a. 210 Glenisla Rd, Carmel WA 6076

e. secondary_admin@cac.wa.edu.au

MUD DAY 2021





Sporting Schools Permission Form Term 4, 2021 (Wednesdays only)

Please return this form by as soon as possible. Students will need to have a form signed by parent/guardian before commencing this Wednesday’s sessions. **(NB: only limited places available)**

I give permission for my child/ren to attend the Sporting School Program at Carmel Adventist College Primary.

My child/ren would like to register *(please tick)*:

Basketball (Years 3 - 6)

27th October – 24th November *(25 places available)*

Names of child/ren: _____, _____, _____

OR

Soccer (Pre Primary – Yr 3)

27th October – 24th November *(25 places available)*

Names of child/ren: _____, _____, _____

Year levels of children: _____

Transport: Please advise the office or a Carmel Adventist College Primary staff member of the transport arrangements if you are not able to collect them yourself.

Parent Name: _____ Contact Number: _____

Time of sessions: 3.30 - 4.30pm. *Please be at the school no later than 4:30pm to collect your child/ren.*

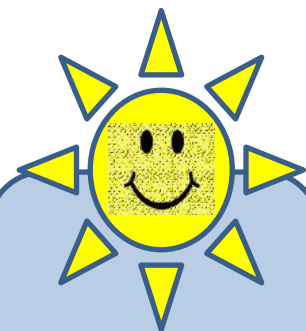
Parent Signature: _____ Date: ____/____/2021

NOTE – PLEASE SIGN YOUR CHILD/REN OUT ON THE ATTENDANCE SHEET PRIOR TO TAKING THEM HOME.



2021 Combined Schools Sports Day

Tuesday, 2nd November



The Combined Schools Sports Day will be held on **Tuesday, 2nd November** at **Gerry Archer Athletic Field, Abernethy Road (cnr Leach Hwy), Cloverdale**. All students from **PP-Year 6** are expected to participate in this event. **NOTE – The school will be closed this day. An alternative day will be arranged for 3YO Kindy - TBA**

Students need to wear their Carmel Primary summer sport uniform. **School hats are also compulsory**. Sport shoes (as per Handbook) are to be predominantly white, red, blue, grey or black.

Transportation - Please return this form by Friday, 22nd October

Tick boxes for **both** AM and PM transportation arrangements.

- My child/ren will be catching the **AM** school bus to Gerry Archer Athletics.
- My child/ren will be catching the **PM** school bus back to school at the end of the Sports Day Program.
- I will be transporting my child/ren **AM / PM / BOTH** the athletics field **(please circle)**

STUDENT NAME/S:

_____ YEAR: _____

_____ YEAR: _____

_____ YEAR: _____

_____ YEAR: _____

Parent Name: _____ Signature: _____

I will be attending the event **(please tick):** Mobile Number: _____

Please list other family/friends that may be attending the event:

****Please ensure that your child has any medications that they may need (eg Puffer, Epi-Pen). They can give this to the group leader to mind, however, it is important that it is close by.**

SUPPORT OUR SCHOOL

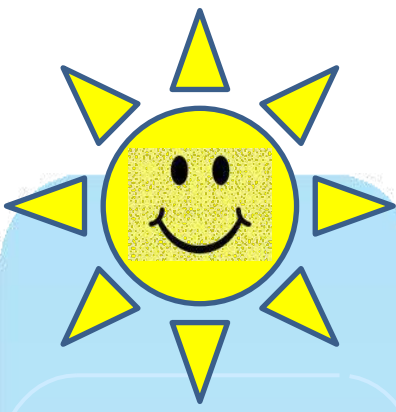
Parents and friends are most welcome to come along and watch. Why not show your support for the school by wearing our sporting colours, Royal Blue and Gold.

COLOURS

Students who wish to have sporting colours put in their hair – need to do this with your parent’s assistance **PRIOR** to arriving at the field. Please do not bring coloured hair sprays into the ground.

**** Please do not paint the students faces with coloured face paint as this becomes very uncomfortable when the students are running and perspiring. It has also been found to stain clothes.**





DON'T MISS THE BUS

Students traveling by bus to the field will need to be at school ON TIME. The buses cannot wait for students arriving late. Buses will be leaving the school at **8.50am SHARP!**

Students travelling directly to the field need to be there by 9.00am.

LUNCH

All Carmel students need to stay with the Carmel school group for lunch.

Please note: All students need to hand their ribbons/cards to the Carmel Teachers as soon as they have finished the morning events. These will be returned back to students at school the following week.

IMPORTANT NOTE

CANTEEN AVAILABLE

Some amazing mums have come forward and offered to run a canteen on the day as a fundraiser for Carmel Primary. Order Forms available soon.

EMERGENCY CONTACT

If an emergency arises on the day, and your child is unable to attend, please contact Mrs Duncan on 0488 119 945

Parent Information

Combined Schools Sports Day

The Combined Schools Sports Day will be held on Tuesday, November 2 at **Gerry Archer Athletic Field, Abernethy Road (cnr Leach Hwy), Cloverdale.**

ARRIVING...

For parents transporting their children directly to the field, please note the following: **Students need to be at the track by 9am.**

Please report to **Mrs Blagden** upon arrival to collect your card. **Mrs Blagden** will show you which area to put your bag in and also where to line up for the opening announcements.

Students need to be supervised by their parents prior to the commencement of the program. Carmel will only have two or three staff members at the grounds and they will be busy setting up for the various events. The rest of the staff will be travelling to the field on the buses with the students. Please note that children are NOT allowed to play on the tracks or with sporting equipment before the official event starts.

END OF THE DAY PROCEDURES...

All Carmel students are required to stay in the assigned Carmel area until checked off the attendance list. Teachers signing off students will be wearing their 'High-Vis' vests. All students belonging to one family need to be signed off together. Please be grouped together before coming to be checked off.

Students Travelling Home by Car

These students will need to be signed off by **Mrs Keating** and **Mrs Walker**

Students Travelling Home by School Bus

These students need to be signed off by **Mrs Blagden** or **Mrs Pearson**

Leaving Early

If you need to take your child from the Sports Field BEFORE the conclusion of the program, please ensure that you have your child/ren's name checked off PRIOR to leaving. **Mrs Duncan** is the designated staff member to see about this.

*If you indicated one thing on your transportation forms previously sent in and then change plans on the day, please see **Mrs Duncan** during the lunch break to let her know so that our lists can be modified.*





Department of
Education

Shaping the future

VacSwim enrolments now open

Help keep your child safe in the water.
Enrol now for the October 2021 and summer
2022 school holidays.

education.wa.edu.au/vacswim

