



Newsletter



CARMEL
ADVENTIST COLLEGE

May 19, 2021 | Term 2 | Issue 7

Calm worth cultivating

If friends and family were to describe me, I cannot imagine many would use the word calm. I like action and activity, outcomes and evaluation.

And for the most part, we tend to associate calm with external appearances: sitting quietly reading a book, walking a deserted beach or practicing meditation in silence or white noise.

To be honest, that kind of calm is rarely on my radar. But I recently read a quote that reminded me of the true value of calm:

When adversity strikes, that's when you have to be the most calm. Take a step back, stay strong, stay grounded and press on.

This reminds me where calm does its best work. When it's not necessarily our personality default but it is found in our character. It is the ability to think, act, and gain perspective when we are surrounded with chaos and uncertainty.

Where we have learned to settle in the storm and wait for it to pass.

And that's a type of calm that is worth cultivating over and over.

<https://kinwomen.com/calm-worth-cultivating/>

Events Calendar

Primary Campus - Term 2

Year 5 Voting Incursion.....	May 21
Year 6 Leadership Conference.....	May 24
PP/Yr 1 Nearer to Nature Exc.....	May 31
WA Day Public Holiday.....	June 7
Year 6 Camp.....	June 16-18
Year 4 Kings Park Excursion.....	June 29
Parent/Teacher Interviews.....	June 30
Term 2 Concludes.....	July 2



Secondary Campus - Term 2

Athletics Carnival.....	May 19
Year 12 Exams.....	May 27-June 4
WA Day Public Holiday.....	June 7
Year 11 Exams.....	June 10-18
Year 10 Exams.....	June 21-25
Parent/Teacher Night.....	June 23
Year 7-9 Exams.....	June 28-July 2
Yr 10 Wk Experience.....	June 28-July 2
Term 2 Concludes.....	July 2

GENERAL

Lost Property

There are a number of items in our lost property. If students have misplaced anything...

Primary Campus - check the lost property cupboard located outside the staffroom.

Secondary Campus - see Chloe at the front office.

Bible Studies are Back!

If you or your student/s are interested in Bible Studies during Bible class time for a 10 week block over Term 2 and 3 then please contact your Chaplains who are more than happy to help your student in this journey.

Either call Andrew at 0408 725 463 or email mirandaleijser@adventist.org.au



Parents & Friends Committee

A Parents and Friends Committee is a vital part of our school and helps foster the strong connection we embrace with our parents and teachers.

This year, we would like to try something new. Many of our families have students at both the primary and high school and so we are keen to have a combined Primary and Secondary Committee. Parents involved could have students in either or both the primary and high school.

If you interested in being a part of this committee, please speak to our Principals, Mrs Janine Taylor (Primary) or Mr Brad Flynn (Secondary).

Uniform Shop Opening Hours

Carmel Primary (Primary Sports Uniform)

The uniform shop at the Primary school is open every:

Tuesday | 8:45am - 9:15am

Friday | 8:45am - 9:15am

Carmel Secondary (Formal Uniform)

The uniform shop is open:

Tuesday | 8:30am - 9:15am

Wednesday | 3:15pm - 3:45pm

Thursday | 8:30am - 9:15am



Phone and email orders are still encouraged. These will be pre-packaged and can be collected from the Secondary Front Office. The uniform shop email is - uniform@carmelcollege.net.

PRIMARY

School Photos

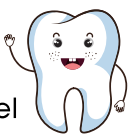
School photos were sent home last week with your child.

If you have not yet placed an ordered or would like to order more, it's not too late. Go to www.3p.net.au and the photos will be posted directly to you for a small fee. The School's online Shoot Key is SE5K73P.

If you have any questions or concerns regarding your photos, please contact 3P Photography directly on 9250 6244.

School Dental Service

Kalamunda Dental Therapy Center is Carmel Primary's allocated dental service for students.



If you are new to the area or have children in Pre-Primary, could you please return your School Dental Service enrolment form, if you wish to be part of the service.

LOST V-Neck Jumper

A student has lost their new navy blue V-neck knit pullover (size 8). The student's name is written on the tag and logo. Could you please check your child's uniforms to ensure they have the correct one.

If found, please bring it to the front office so it can be returned to the owner. Thank you for checking this for us.

Christian Book Club

The latest Christian Book Club order form was sent home with student's over a week ago. If they have misplaced their form, we have some available in the front office.

Orders are to be returned to the school **by Friday, 28 May.**

Mother's Day Thank you

A very special THANK YOU to our amazing parents who put on a wonderful Mother's Day morning tea. As you will see from the photos below, it looked beautiful and tasted delicious!

Also, thank you so much to the lovely ladies who organised the Mother's Day stall and assisted students with choosing a special gift.



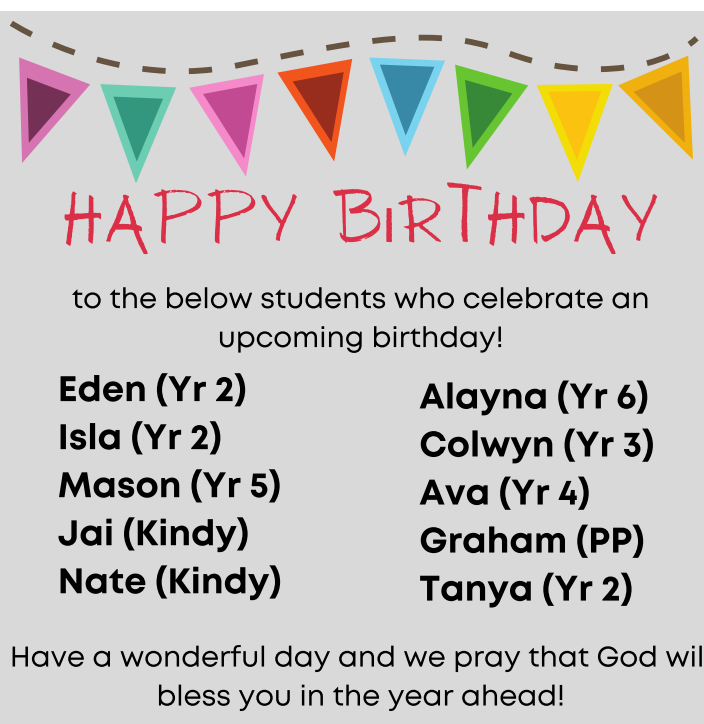
Chapel

We have our weekly Chapel program on FRIDAY morning from 8:50am to 9:30am.

Parents are welcome to come along to the Chapel program or alternatively, join via Zoom. Check your Seesaw notifications or email Thursday afternoon for the Zoom meeting link.

This **Friday (May 21)**, our Year 2 class will be taking the program.

Next week (May 28)... Coordinating: Year 6 class
Speaker: Pr Uili



SECONDARY

Athletics Carnival

Well done to those students who participated in today's Athletics Carnival!



Photos from today's event will be posted on Facebook and the results will be published in the next newsletter.

Volunteers needed for Carmel Adventist College's Production of Annie Jr.

Looking for volunteers to help with the following:

- Graphic design: creation of posters, brochures and programs
- Photography: cast and crew photos for promotional material
- Painting: design and painting of backdrop
- Marketing and advertising: social media content creation and management
- Prompt: help actors when they forget lines during rehearsal and performances
- Backstage crew: help with moving props and furniture during rehearsals and performances.



If you are interested or would like further details, please contact Mrs Nicole Richardson nicole.richardson@cac.wa.edu.au

Mother's Day Cuppa Drive-Thru

It was a beautiful morning for our Mother's Day coffee and sweet treat drive thru.

Thank you to our Prefects who helped take and deliver orders, to Mr Thomson for his amazing hot drink skills, to Ms Lo-Anne for the cookies, and to both her and Mrs McCutcheon for being out the front and helping oversee it all.



MUSIC PROGRAM



Carmel Adventist College Music Program Information

The benefits of music education are widely recognised as improving academic achievement, building communication skills, fostering creativity, develops teamwork, increases engagement. Music is one of the only stimuli to activate both hemispheres of the brain at the same time.

Carmel Adventist College Primary students begin right in Kindergarten with fun and engaging activities. Primary students learn fundamental theory through fun practical learning and progress to selecting a contemporary instrument of their choice to learn and perform with.

At Carmel Adventist College Secondary we have expanded the music program to now include all students from Year 7 to 10 students. Students have been forming small bands to perform different genres of music and have improved their confidence, ability to work in a team and their musical skills.

We are proud to partner with the Australian Music Examinations Board (AMEB) to offer students the opportunity to enrol in the AMEB Awards Program. This program recognises student performance as well as behind the scenes contributions, with students receiving WACE credit and a certificate upon completion.

The School Council, Board of Directors and staff whole-heartedly support our growing Music program and have provided support and committed additional funding to purchase instruments and sound equipment to develop our students' opportunities to learn, grow and perform. We are excited to see student's experiencing the benefits of music education now and look forward to the students sharing their talents in a range of contexts in the future.

Ensembles available:



Day/Time	Ensemble	Venue
Monday: 1:00 -1:30pm	CAC Combined Singers	CAC Ashcroft 3 (Music Room)
Tuesday: 8:15 - 8:45am	Junior Orchestra	CAC Ashcroft 3 (Music Room)
Tuesday: 1:10 - 1:30pm	CACP Jnr Chapel Band	CACP Music Room
Wednesday: 8:15 - 8:45am	CACP Snr Chapel Band	CACP Music Room
Friday: 1:00 - 1:30pm	CAC Chapel Band Jnr and Snr Rotate	CAC Ashcroft 3 (Music Room)

If your child is interested in joining any of these ensembles, please do not hesitate to contact Mr Eaton at brydon.eaton@cac.wa.edu.au for more information.

Private Music Lessons:

Piano

Esther Arthur
esther.arthur@iinet.net.au

Shaná Eaton
shana.eaton@icloud.com

Luke Duncan
lduncan2140@gmail.com

Rocco DeBellis
roccodebellis65@gmail.com

Strings

Julie Harrison
natjul76@hotmail.com

Guitar

Bernard McDonagh
berniemusic@yahoo.com

Drums

Ian Catchpole
0401 253 406

Steve
0413 254 944



CHAPLAIN'S CORNER

Contact us

Pr Andrew Olsen

e: andrewolsen@adventist.org.au

Pr Miranda Leijser

e: mirandaleijser@adventist.org.au

The wind likes to howl through our school and sometimes seems to go straight through all the people that are in the way. The weather has changed, even before winter has officially arrived. I must relay a story that I saw with my own eyes, where the weather might have been cold but the atmosphere created was one that warmed me all the way through.

It was my day at Carmel Primary, I was walking down the verandah. I saw a grade 1 boy sitting on the lap of Mrs Duncan. She was talking very calmly to him about what a fantastic class he has, an awesome teacher he has and all the while calming him down. She's not his mum, she didn't have to be out there, her job is in the office (where she is amazing), but her heart is for the kids.

After she had taken the boy into her office for a few minutes they both came out carrying school photos which were delivered to the grade one classroom. This action also delivered the boy to class, smiling all the way. As she was talking to the boy's mum a little later I heard her telling of kids through the years that she has done the same thing with. It sounded like the list is long.

That's what I love about Carmel Primary, the caring. I see it in all of our teachers. I hear their stories at worship and staff meeting. I want to commend our teachers for caring so much about the students. When you get a chance, feel free to let the teachers know how you appreciate them as well.

Pr Andrew Olsen

CHURCH AND COMMUNITY NEWS

Carmel SDA Church

Come along and join in any of the various age-related programs or small groups between 9:30am-10:30am followed by the church service at 11am. Everyone is welcome!



iCHOOSE is an interactive Bible study group, running Friday afternoons during Terms 2 & 3 at Carmel SDA Church. Suitable for young people who are in Year 6 or above. Sign up now to the iCHOOSE experience for 2021.

<https://forms.gle/fjDjgeBwD5npjK446>

Livingston SDA Church

Come along and join in any of the various age-related programs or small groups between 9:30am-10:30am. The church service will follow at 11am. Everyone is welcome!

What's On...

Toddler Musical Playtime - May 20
Livingston Family Camp - May 21-23
Craft Group & Mother's Time Out - May 26
Toddler Musical Playtime - May 27
Red Envelope Day - May 29
Adventurers & Pathfinders - May 29

the hub

[noun] centre; a focal point

anyone who is high school age or older come along for an evening of good vibes + a space to connect with friends

NEW DATE!!!

→ **Friday, 21st May 2021**
7pm - 9pm

@ carmel college church (216 Glenisla Rd, Carmel)

Pre-Loved School Uniforms

Go to our 'Carmel Adventist College Primary & Secondary - Buy, Sell or Swap'. This page is for both Primary and Secondary Uniforms. Simply click the 'JOIN GROUP' button and Admin will get you off and running.



Like us on Facebook for regular information, updates and photos.

Search for Carmel Adventist College Primary and Carmel Adventist College Secondary.

School Term Dates 2021

Term 2	Monday, April 19 – Friday, July 2
Term 3	Tuesday, July 20 – Friday, September 24
Term 4	Tuesday, Oct 12 – Friday, December 10



CARMEL
ADVENTIST COLLEGE

w. www.carmelcollege.wa.edu.au

PRIMARY CAMPUS

p. (08) 9291 6399

a. 18 First Ave, Bickley WA 6076

e. primary.admin@cac.wa.edu.au

SECONDARY CAMPUS

p. (08) 9293 5333

a. 210 Glenisla Rd, Carmel WA 6076

e. secondary.admin@cac.wa.edu.au