



April 2022 | Term 1 | Issue 3

Pre Primary students

Events calendar

## **Primary Campus**

Apr 8—Crazy Hair/Hat Fundraiser Apr 8—Term 1 Concludes Apr 15-Apr 18—Easter Long Weekend Apr 25—ANZAC Day Public Holiday Apr 26—Pupil Free Day/Staff PD Apr 27—Students commence Term 2 May 4—Parent / Teacher Interviews May 6—Mother's Day Morning Tea (TBC) May 10-13—NAPLAN (Yr 3 & 5) May 25-27—Yr 6 Camp (TBC)

### **Secondary Campus**

Apr 8—Term 1 Concludes Apr 15-Apr 18—Easter Long Weekend Apr 25—ANZAC Day Public Holiday Apr 26—Pupil Free Day/Staff PD Apr 27—Students commence Term 2 May 2-3-Yr 11 OED Hike May 6—Mother's Day Morning Tea (TBC) May 9-11—Yr 12 OED Hike May 10-13—NAPLAN (Yr 7 & 9) May 17—Athletics Carnival

For our full calendar of events please see <u>www.carmelcollege.wa.edu.au/calendar</u>

# School holiday office opening hours

#### **Primary Campus**

CLOSED | April 11 - April 14 & April 21 OPEN |April 19, 20 & 22 between 9am to 1pm.

#### Secondary Campus

CLOSED | April 11 - April 13 OPEN |April 14 - April 26 between 9am to 1pm.

Opening hours will differ slightly these school holidays due to staff training and development. The Front Offices will also be closed on the Easter & Anzac Day Public Holidays.

## **COVID-19 support**

During difficult times, maintaining a positive wellbeing can be a challenge.

Children and young people can cope with stress by using positive self-talk, exercise, eating healthy, connecting with their friends and finding ways to enjoy themselves.

Find services and resources available to support all children and young people with their wellbeing:

https://www.education.wa.edu.au/en/learning-athome/support-for-children-and-young-people? redirect=%2Fen%2Fwellbeing-andsupport%3Fredirect%3D%252Fen%252Fcovid-19

# DEATH COULD NOT HOLD HIM.

HE IS RISEN

Easter Weekend, April 15-18

## Winter Uniform - Term 2 & 3

**Kindy and Pre Primary** students can wear the fleecy jacket and uniform micro-fibre pants or fleecy track pants for added warmth and wear and tear. The jacket and pants are supplied through the Carmel Primary Uniform Shop.

#### Girls (Years 1 - 12)

- Tartan skirt touching the knee in standing position, white shirt embroidered with College Logo
- Polishable black lace-up shoes, or school shoe with black strap
- White ankle socks with one fold OR black/navy stockings or tights (please no low-cut sport socks and socks & tights are not to be worn together)
- Navy blue V-neck knit pullover with Carmel College logo

#### Boys (Years 1 - 12)

- Mid-blue shirt with College logo and button up collar
- College grey trousers (no cargo pants)
- Polishable black lace-up school shoes with grey socks (please no low-cut sport socks). Boots/canvas shoes are not permitted
- School tie
- Navy blue V-neck knit pullover with Carmel College logo

\*School Jackets with school logo may be worn for additional warmth (\*optional). Jackets do not replace the navy v-neck jumper with the Carmel Logo as part of the formal uniform. Formal uniform may be required for excursions, special events, public performances and other times as outlined in the newsletter from time to time.



#### Front Office.

Primary Uniform Shop (Primary Sports Uniform only)

The Primary Uniform Shop is open on Fridays between 8:45am - 9:15am. If this time does not suit, please phone the front office during open hours.

April 2022

Message from Pr Miranda...

Did you know that...

- Albert Einstein was thought to be mentally handicapped.
- Elvis was told he had no ability and to get back in his truck and leave.
- Michael Jordan was cut from his high school basketball team.
- Theodor Seuss Geisel had his first book rejected 27 times before Dr. Seuss became published.
- Thomas Edison was told by his teachers he was 'too stupid to learn anything.'
- Vincent Van Gogh sold just one painting during his lifetime.
- Walt Disney was told he 'lacked imagination and had no good ideas.'

Yet despite such loud disbelief, criticism and judgemental perspectives, these individuals did not stop reaching what they are world famous for. How? My guess is that regardless of the volume of negativity the positives were stronger! I love the reminder from the Bible that inspires us to 'demolish the negative arguments and remove every possible element that sets itself up to damage us', or the knowledge we have of God and instead to actively take captive every thought and make it obedient to Christ (2 Corinthians 10:5).

This verse is powerful when it comes to crushing negative self-talk/doubt! We are encouraged to stop negative thoughts by countering them with the good knowledge we do have. To intentionally remove the untrue perspectives and anything that works against us into a spiral of remuneration/worry/anxiety by acknowledging the thought, redefining what is and isn't true and handing it over to God, who loves us, wants good for us and will replace it for us (if we want to) with positive truths (start with Psalm 139:14).

So if you needed that one more encouragement to pick yourself back up, have one more go and handle those negative thoughts then I pray this can be the reminder for you! Plus the Chaplaincy team here, that is based out of the schools have ears for not simply our students but the parents/guardians and wider families they represent too. If you or someone you know would like to chat please reach out to our team, we would love to listen and encourage you in this journey.

**TERM 2 & 3!** 

If you would like to learn more about what Jesus did/said in the Bible with interactive discussion and object lessons then Bible Studies are for you!

Please let your Bible Teacher or Chaplain know how you would like to join:

1. Join a small group during Bible class time, with a Chaplain, for ten weeks total 2. Join iCHOOSE, an after school bible study group experience, hosted at Carmel College Church on Friday's from 4-6pm for 12 weeks in term time. 3. Request for your local Pastor to run Bible studies with you during Bible class time, lunch or after school for ten weeks.





### CARMEL Newsletter

# Primary



Crazy Hair/Hat Day is a fundraiser in support of the Leukaemia Foundation.

Please bring a donation. Students can wear their sport uniform. We can't wait to see your 'crazy' creations!

# Positive for COVID-19 in the school holidays?

While cases do not need to be reported during the holidays, we do still to keep a record of students who have had COVID, to monitor their 12 weeks of immunity when identifying close contacts.

Parent's, please send email to <u>janine.taylor@cac.wa.edu.au</u> and/or sms positive cases to mobile number: 0406 349 760.

Information needed to be given to Mrs Taylor:

- If a RAT or PCR was taken?
- Date of Positive Test?
- Was this reported to the Health Department?
- The link to do this was posted on SeeSaw, but is listed again below for your convenience.

When a positive RAT is recorded at home, it needs to be recorded on the link below. Using the link will ensure you receive confirmation of when your child can return to school.

The link is:

https://www.healthywa.wa.gov.au/Articles/A E/Coronavi rus/COVID19-testing/Rapid-Antigen-Test

# **Parent/Teacher Interviews**

# Wednesday, 4 May



We will communicate early in Term 2 how you can make your Parent/Teacher Interview booking.



#### April 2022























# Secondary

# Students working from home

We know it's challenging for those students needing to work from home, whether unwell or isolating.

Where possible, it would be good for students to be keeping up with some of their classwork in order to not fall too far behind, with a focus on the core subjects of; English, Maths, HASS and Science for junior students.

Teachers are continuing to provide information for students on SEQTA. Students should be able to find an outline of what to do and any required materials in online lessons.

Families are encouraged to get in touch if students are having any difficulties accessing materials so that we can help resolve any problems or provide additional information.



Where assessment have occurred while absent, or occurring soon after return to school, students need to be in touch with teachers to discuss new due dates as required.

# NAPLAN

Naplan will occur for students in Years 7 and 9 from 10 May – 20 May, with testing to occur online.

Preparation continues at school, where students have had the opportunity to participate in practise events in the online environment. A schedule of testing will be provided early in Term 2 to assist families with planning.

While opportunities for catch up can occur during the window, it would be appreciated if absences during this time could be avoided.

A hard copy of the information brochure is available from reception. Alternatively, it is available online at: <u>https://k10outline.scsa.wa.edu.au/ data/assets/pdf file/</u> <u>0007/592810/NAPLAN-2022-information-for-parents-</u> <u>and-carers-online-test.pdf</u>

Any queries can be sent to amanda.lobegeiger@cac.wa.edu.au

## **Students absent for Cross Country**

Any students who were unable to attend school for the Cross Country event on Monday, 4th April, can still be involved by running the track over the school holidays.

The pink marking tape will be left up over the school holidays, so if you are wanting to contribute some points to your house, please make your way to school and run the entire track using Strava, Run-keeper or similar app.

Share this with Mr Di Rosso on your return to school in Term 2, for your points to count and to be in the running for a medal. Please remember that the start point is underneath the closest soccer goals to the school and the finish point is halfway across the oval.



# **Swimming Carnival 2022**

The 2022 Swimming Carnival will definitely be one to remember! The forecast of rain did not disappoint as students started to look like they had been swimming before they even jumped into the pool.

The rain finally came to a halt by mid-morning and it didn't take long for students to warm up. The commitment from both the students and staff to push through the less than desirable weather conditions was commendable and everyone can be proud of their efforts.

**Final Results...** 

O'CONNOR - 1268 FORREST - 950 STURT - 812



#### Champions

Junior Girl Champion – Elizabeth (Yr 7) Junior Girl R/up Champion – Isabella (Yr 7) Junior Boy Champion – Clay (Yr 8) Junior Boy R/up Champion - Malachi (Yr 8)

Intermediate Girl Champion – Sophia (Yr 9) Intermediate Girl R/up Champion - Tiana (Yr 10) Intermediate Boy Champion – Zachary (Yr 9) Intermediate Boy R/up Champion - Brisco (Yr 10)

Senior Girl Champion – Grace C (Yr 11) Senior Girl R/up Champion – Emily B (Yr 11) Senior Boy Champion – Isaac (Yr 12) Senior Boy R/up Champion – Reuben T (Yr 12)

#### **Records Breakers**

Isaac (Yr 12) - Senior Boys Butterfly (36.84 seconds)



You can still order online at <u>www.3p.net.au</u>. Use the Shoot Key: ML6T47P.

## Year 9 Aspire Programme

In our Year 9 Aspire Programme last week, we completed some team building, fitness and hiking challenges in place of our Cape to Cape hike.

On Monday, we went to the Bickley Outdoor Recreation Camp and completed specific team building challenges designed to make students think outside the box and work together to solve problems. In the afternoon, students did a crate climb challenge which is completed on the high ropes course. They also climbed up a power pole, had to jump off to try and catch a swing suspended in the air. They were encouraged to push themselves as much as they felt comfortable.

On Tuesday, the Year 9's completed group challenges that were designed to help them discover their leadership skills, work on their problem solving skills together and challenge themselves in a different environment. They then headed offsite for a CrossFit fitness challenge.

On Thursday, we went to Point Walter Recreation Centre down by the river and completed a raft building challenge. They had to build a raft together with limited supplies and also created a kite. We then headed to Port Beach and hiked on the sand up to Cottesloe. This was an important time where students could push themselves and also build their friendship groups.

On Friday the students participated in an Orienteering Challenge on our campus, where they had to work together to complete the course.





























#### Secondary Cross Country Run



April 2022





Carmel College Church

Come along to any of the various age-related programs or small groups between 9:30am-10:30am each Saturday followed by the church service at 11am.

216 Glenisla Road, Carmel Everyone is welcome!

**Upcoming Events:** 



# GOOD FRIDAY

A music focused worship program that celebrates who Jesus is and what He did. This is a family friendly event where parental supervision is required.

15th of April, 2022 | Hosted by Carmel College Churc

6.30pm Free hot drinks | 7pm Worship Program

 Image: An interactive Church program, physically walking and worshipping together.

 Bring your walking shoes for this family friendly event where parental supervision is required.

 Image: An interactive Church program, physically walking and worshipping together.

 Bring your walking shoes for this family friendly event where parental supervision is required.

10am Walking Worship Program | 12pm BYO picnic lunch and chair

\*See the church Facebook page for more information.

## Youth Week 2022

Are you looking for activities to do over the April school holidays? Join the City of Kalamunda Youth Services Team in celebrating Youth Week WA 2022!

We will be hosting a weeklong Eco-Festival to celebrate this year's Youth Week, themed- 'Courage to Change.' Discover the various sustainability themed workshops, online tutorials, and competitions that will be on during Youth Week.

This week-long calendar will be showcased on Facebook @cityofkalamundayouth Instagram @kalayouthservices

Anzac Day, 25 April

They shall grow not old, as we that are left grow old;

Age shall not weary them, nor the years condemn.

At the going down of the sun and in the morning

We will remember them.





facebook.com/CarmelAdventistCollegePrimary facebook.com/CarmelAdventistCollegeSecondary facebook.com/CarmelCollegeSDAchurch



#### PRIMARY CAMPUS (08) 9291 6399

18 First Avenue, Bickley WA 6076 www.carmelcollege.wa.edu.au ABN 53 105 583 935

#### secondary campus (08) 9293 5333

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