



CARMEL
ADVENTIST COLLEGE

Newsletter

May 2022 | Term 2 | Issue 4



Year 8 Visual Arts students

Events calendar

Primary Campus

May 4—Parent / Teacher Interviews
May 6—Mother's Day Afternoon Tea
May 10-13—NAPLAN (Yr 3 & 5)
May 25-27—Yr 6 Camp
June 6—WA Day Public Holiday
June 8—School Photo Day

Secondary Campus

May 6—Mother's Day Hot Drink Drive-Thru
May 9-11—Yr 12 OED Hike
May 10-13—NAPLAN (Yr 7 & 9)
May 17—Athletics Carnival
May 20—Yr 7, 8 & 10 Immunisations
May 26-June 3—Yr 12 Exams
May 27—Yr 9 Excursion (Altitude Day)
June 6—WA Day Public Holiday
June 7-15—Yr 11 Exams

For our full calendar of events please see www.carmelcollege.wa.edu.au/calendar

NAPLAN

Naplan testing will take place next week (May 10-13) for students in Years 3, 5, 7 and 9, with testing to occur online. This testing gives us valuable information, data and feedback.

While opportunities for catch up can occur during the window, it would be appreciated if absences during this time could be avoided.

Information regarding NAPLAN is available online at:
https://k10outline.scsa.wa.edu.au/_data/assets/pdf_file/0007/592810/NAPLAN-2022-information-for-parents-and-carers-online-test.pdf



Face masks on buses



Although students are no longer required to wear masks indoors at school, Yr 7 - 12 students who travel on our school bus service or the Transperth bus are still required to wear face masks, when travelling to and from school.

We kindly ask that you provide a mask for your child if they travelling on the bus. Thank you.

Uniform shop opening hours – Term 2, 2022

Primary Campus (Primary Sports Uniform)

Friday | 8:45am - 9:15am

Secondary Campus (Formal Uniform)

Tuesday | 8:30am - 9:30am

Thursday | 8:30am - 9:30am

NEW Secondary Uniform Shop email:

cac.uniform@cac.wa.edu.au

2022 Parent School Improvement Survey

Each year, every Adventist School across Australia completes a series of 3 surveys: Year 3-12 students, staff and parents. The purpose of these surveys is to help us improve!

Your feedback is anonymous. Carmel Adventist College does not collect or collate the information in any of these surveys, this is done by Insight and a summary of results is fed back to the campuses early next term.

This year Adventist Schools is working with a consultant to help us use the data more effectively. The more parents who give feedback, the more useful the information is, as it represents a much broader view. We would love to hear from all our families.

YOUR INVITATION...

Primary families: you will receive a hard copy of the invitation.

Secondary families: you should have received an email invitation to complete the survey online.

Please let us know if you did not receive this so that we can follow it up for you. Insight tells us this will take between 10-20 minutes of your time to complete the survey. The survey closes next Friday, 13 May.

On completion of the survey, please call into the Primary or Secondary front offices to pick up a small thank you gift!



Please help us! We want to know what you think!

Primary

Parent/Teacher Interviews

Today | 3:45pm - 8:00pm

We kindly ask that you arrive on time for your interview.

10 minutes has been allocated per interview.

FRIDAY, 6 MAY | 2PM

Mother's Day Afternoon Tea



To celebrate the wonderful mothers that we have as part of our Carmel Primary Family, we would like to invite all mum's, grandmother's and guardians to an afternoon tea this Friday, May 6.

The afternoon tea will take place at 2pm on the grounds of the Primary school.

Please let us know TODAY (at the latest) if you can come!

If you are unable to attend the afternoon tea, we would love to snap a quick photo of you with your child/children at school drop off or pick up.

We look forward to seeing you there!



Sporting Schools

Sporting Schools (our after school sport program) will be running during school hours this term, in order to allow all students to participate.

A special grant was received for equipment and coaching of Lacrosse. Students will have the opportunity on Mondays to learn the skills of this sport.

Mountain Biking

This term, Mr Eaton is running mountain biking! Rides will be on Wednesday afternoons, after school from 3:30pm - 5:00pm. Start date: TBC.

If your child is interested, permission forms will be available from Mr Eaton or in the front office.

Any parents that are willing and able to assist with afterschool MTB, please contact Mr Eaton via email - brydon.eaton@cac.wa.edu.au.

Crazy hat & hair day

Crazy hat & hair day was the perfect theme to celebrate the end of Term 1. What a wonderful collection of crazy hair and crazy hats we had!

Check out Facebook for photos!

We raised \$277 for the Leukaemia Foundation!
Thank you for your support.

Mother's Day stall



We will be operating a Mother's Day Stall this Friday, May 6 to give students an opportunity to purchase a special gift for their Mum.

Please remember to send some money with your child to school, if you would like them to buy a present. Gifts will be priced between \$1 - \$10.

Chapel

We have our weekly Chapel program on FRIDAY mornings from 8:50am to 9:30am.

May 6	Coordinating: Pr Amy Speaker: Pr Amy
May 13	Coordinating: Year 6 class Speaker: Dale Hokin
May 20	Coordinating: Year 1 class Speaker: Year 1 class
May 27	Coordinating: Year 2 class Speaker: Pr Amy

Chapel programs are still via Zoom until further notice. A Zoom meeting link will be sent out the day before.

We hope you can join us!

School Photo Day

Wednesday, 8 June

Our school photo day is scheduled for Wednesday, 8th June.

All students are to wear full winter uniform.

Information about how to order photos will be communicated in the coming weeks.



Secondary

FRIDAY, 6 MAY

Mother's Day

HOT DRINK DRIVE-THRU

To celebrate our Mums, Nans and Aunties...THIS Friday, we invite you to come and grab a coffee, hot chocolate or tea from the 'Coffee by NHET' van between 8:00am and 9:30am near the front lawns of the Secondary Campus.

Feel free to hang about or if you are in a rush, students will be there to take a "drive-thru" order and deliver to your car!

WE HOPE TO SEE YOU THERE!



Yr 7, 8 & 10 Immunisations

Immunisations for Year 7, 8 & 10 students are scheduled for Friday, 20 May.

Year 7 students are offered two injections of the human papillomavirus vaccine to protect against genital warts and some cancers. They will also be offered a booster of the diphtheria, tetanus and whooping cough vaccine. Vaccinations for year 7s are scheduled in two visits across the school year.

Year 8 students have a catch up vaccination.

Year 10 students are offered one injection of the meningococcal ACWY vaccine to protect them against four strains of meningococcal disease.

For more information about school-based immunisation visit healthywa.wa.gov.au/immunisation

Athletics Carnival

We encourage families to come along and cheer on the students at our annual Athletics Carnival on **Tuesday, May 17** at the Ern Clark Athletic Track in Cannington.

The 2022 Athletics Program will be made available on SEQTA Engage. The first event kicks off around 10am.

We hope to see you there!



Chaplains Book Shelf

by Pr Amy Turner



One of Pr Amy's favourite hobbies is...to read! Each month, Pr Amy will share her thoughts and 'take-homes' of books she has enjoyed and found helpful.

Mothering our Boys – A guide for mums of sons

Author: Maggie Dent

Mums, if you have a son, or more than one son, then this book is a must read for you! I am a mum of 3 boys, and for the first few years of mothering I felt like I had been hit by a truck! Surrounded by boisterous, energetic, testosterone filled boys made me wonder what on earth I was doing wrong!

This book was such a freeing read for me – it made me understand my boys better, gave me more compassion in parenting them and also made me realise, that maybe I wasn't doing everything wrong! Maggie Dent is a popular parenting author, educator and mother of 4 boys of her own is such a voice of wisdom on this topic. Here are my top 3 takeaways:

1. Mothering Roosters & Lambs: Defining 'Roosters' and 'Lambs' on the temperament spectrum was a lightbulb moment for me. Maggie Dent explains that on the temperament spectrum we have 'feisty roosters' on one side and 'gentle lambs' on the other. Our boys can be anywhere on the spectrum, and it is our job to help them find a balance between the two. But generally speaking our boys are usually naturally on one side of the spectrum or the other. You know if you have a rooster because you get to the end of the day absolutely exhausted from your high-energy, strong-willed boy who has a powerful character and sense of his own importance.

These boys often end up on a path of leadership. We need Roosters in our world – but as mothers we need to invest time in helping them develop care and empathy.

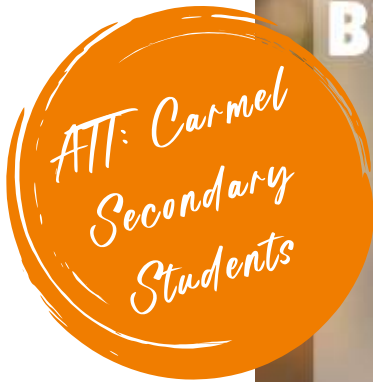
Lambs on the other hand are often quieter, more patient

and generally more content. With their beautiful nature, however, comes the need for guidance and support in asserting themselves, building their confidence, and calming their anxieties. I found this spectrum so helpful – all boys are different and should not be shamed for who they naturally are, however as mums we can support our kids in helping them find a healthy balance.

2. Boys are not emotionally tougher than girls: Our society stereotypes the need for boys to be emotionally tough. Maggie Dent, however strongly advocates for the need to emotionally support our boys – even the roosters! She explains that when boys are feeling emotionally vulnerable they will often do one of two things: They will fight with angry outbursts of irrational behaviour, or they will withdraw. The book has some great practical advice on how to emotionally support our boys.

3. Get them outside to play! Typically, boys like to explore the natural world in a much more physical way than girls. By playing outside they learn from painful moments to make better decisions, they discover their risk boundaries and they make dopamine that is essential for them to stay engaged and focused in the classroom.

It was hard to pick just 3! There is just so much practical advice in this book in helping mums raise strong, empathetic, emotionally stable men – the men God created them to be! Visit www.maggiedent.com to order your copy. It really is worth the read.



BIBLE STUDIES ARE BACK TERM 2 & 3!

If you would like to learn more about what Jesus did/said in the Bible with interactive discussion and object lessons then Bible Studies are for you!

Please let your Bible Teacher or Chaplain know how you would like to join:

1. Join a small group during Bible class time, with a Chaplain, for ten weeks total
2. Join iCHOOSE, an after school bible study group experience, hosted at Carmel College Church on Friday's from 4-6pm for 12 weeks in term time.
3. Request for your local Pastor to run Bible studies with you during Bible class time, lunch or after school for ten weeks.



Carmel College Church

Come along to any of the various age-related programs or small groups between 9:30am-10:30am each Saturday followed by the church service at 11am.

216 Glenisla Road, Carmel
Everyone is welcome!



Upcoming Events:

Pathfinder meeting

Young adults worship night



*See the church Facebook page for more information.

iCHOOSE 2022

iCHOOSE is an interactive Bible study experience designed for young people in Year 4+.

The iCHOOSE experience runs on Friday from 4-6pm at Carmel Adventist College Church during Terms 2 & 3 for a total of 12 weeks. Baptism will be available to those interested.

To sign up for iCHOOSE email Miranda at mirandaleijser@adventist.org.au

Find us on

facebook.com/CarmelAdventistCollegePrimary
facebook.com/CarmelAdventistCollegeSecondary
facebook.com/CarmelCollegeSDAchurch



CARMEL
ADVENTIST COLLEGE

PRIMARY CAMPUS
(08) 9291 6399

18 First Avenue, Bickley WA 6076
www.carmelcollege.wa.edu.au
ABN 53 105 583 935

SECONDARY CAMPUS
(08) 9293 5333

210 Glenisla Road, Carmel WA 6076
www.carmelcollege.wa.edu.au
ABN 53 105 583 935