# Carmel Adventist College Primary Newsletter



Term 2, Issue 10

27th June, 2016

## A Day of Discoveries...

The other day my 4 year old came to me with something she had picked up in the garden.

She thought it was a nut and wanted to know what tree it had come from.

I thought it was a flower bud, so we cut it open there and then to see who was right.

The look in her eyes when she saw the strands of red inside was wonderful. That evening when she was reflecting on the day she called it "a day of discoveries".

### **Events Calendar**

Last Day of Term 2 – July 1

Term 3 Commences – July 19

P&F Meeting - July 26

In my former life, I was an English teacher involved in implementing curriculum and formal learning in a classroom environment.

As a mother I am constantly amazed at the amount of informal learning my children experience. Learning to put on shoes, take off t-shirts, brush their teeth, use cutlery, ride a bike, climb stairs and share. And all that learning, places my partner and I in the position of teacher. Whether we like it or not, every interaction with our children is one where they are learning and we are teaching.

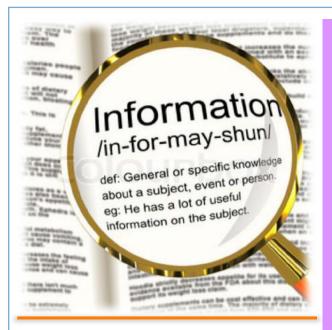
But as a grown-up, I feel to some extent that I have lost the wonder, that sense of "wow, here is a new thing I never knew before". Maybe it is because the world is a lot more familiar; I know how things work

(for the most part). Maybe it is because I am too busy with the mundane to worry

about finding wonder. Maybe it is because I have taken on the role of teacher so much that I forget that I still have things to learn.

And that last one, that's what worries me. Heaven forbid I be that person, the one who is no longer able to learn anything!

Continued on



### **Reports**

Semester 1 reports will be available for PARENTS to collect from the office on Friday, 1st July.

If you want our staff to send reports home with your child, you will need to email the front office

NarelleDuncan@adventist.org.au

### **School Fees**

Term-by-Term (Option B), your Term 3 fee payment will be due Friday, 29th July. Monthly (Option C), your fee statements will be sent home this week. Your next payment is due 15th July.

# P&F President Nominations

We are seeking nominations for a P&F president for 2016-2017.

If you feel this is a position that yourself or another parent of the school would be well suited for, please stop by the front office and make your nomination.

### **Work Experience**

This last week of the term, we have the privilege of some Year 10 students from Carmel Secondary spending time in various classrooms for their work

experience.



### This week is Science Week!!

There are some exciting events planned for this week, the final week of Term 2.

On Thursday, there is a Journey to Mars Incursion. Students from Kindy to Year 3 will explore Mars and experience Ice Crystals, Shooting Stars and much more!

On Friday, there will be a Billy Cart Incursion. Students from Years 4 to 6 will have the opportunity to design, build, test and race their Billy cart...and much more!

### School Banking Rewards Update

The mud splat handballs are now out of stock

and are no longer available to order. Please choose other items that are available. There are still a few things left from 2015 that students can choose from.



### Chapel

Our weekly Chapel and Assembly program is every **FRIDAY** morning from 8:50am to 9:30am.

Our last chapel for Term 2 is on **Friday (1st July)**. The program will be co-ordinated by the School Captains and the Year 6 class.

All parents are welcome to attend.

### Continued...

For me being a woman of purpose is being a life-long learner.

- It is an understanding that, while I have lived longer than my children, they have some things to teach me.
- It is accepting that I can further develop my writing skills and enrolling in extension courses.
- It is talking to other mums and learning from them in this crazy ride called parenting.
- It is listening intently to a speaker at church even though I know the passage backwards.
- It is approaching every day I am given as a day to learn something new.
- And realising that every person I interact with may just be a teacher.

So I purposefully choose to be a life-long learner, because today might just be a 'day of discoveries'.

Jodie McCarthy – Kin women

LEARN EVERYTHING YOU CAN, ANYTIME
YOU CAN, FROM ANYONE YOU CAN THERE WILL ALWAYS COME A TIME WHEN
YOU WILL BE GRATEFUL YOU DID.

SARAH CALDWELL

### **Choir at Carmel Church**

The Carmel Primary choir has been invited to be part of the Carmel Seventh-Day Adventist Church worship service on Saturday, 30<sup>th</sup> July, from 10am to 12:30pm.

Further details will be provided to parents in Term 2.



Fundraiser & Silent Auction
Raising funds for the new playground!
Saturday, August 6
6pm-9pm
\$10 per person

For tickets please see Clancy Mentiplay or enquire at the front office.

Crèche available for children at \$2 per child / \$5 per family.

Crèche run by the Year 10's with all funds going to their Cambodia trip!

### **Piano Lessons**

Sandi Lowe has an opening for one extra piano student during school hours, starting in Term 3.

For more info, please call Sandi on 0447 006 209 or email <u>sandralowe7@gmail.com</u>

# HAPPY BIRTHDAY TO YOU!

Happy Birthday to the following students who celebrate a birthday in June and July!

Shanah Chipindu (28<sup>th</sup> June), Brisco Bulliff (29<sup>th</sup> June) and Tiffany Omondi (30<sup>th</sup> June).

For July...

Campbell Bishop (5th), Jamar O'Connor (8th), Ike Gallop (9th), Clay Walker (12th), Brianna Gomba (14th), Tabona Dube (15th), Ashleigh Mentiplay (17th), Zachariah Collett (19th), Harrison Maloney (19th), Keenan Burns (19th), Chriswaddle Nxumalo (20th), Zebediah Warchol (21st), Jadon Stankovic (26th), James Munt (31st) and Elisha Dixon (31st).

We pray that God will bless you in the year ahead.

# **CHOIR AT HYMNFEST**

On Saturday, 18<sup>th</sup> June, the Carmel Adventist College Choir sang at Kennedy Baptist College for Hymnfest.

They were accompanied by the Perth Adventist Orchestra and sang 'Oceans', 'Amazing Grace (My Chains are Gone)' and 'This Little Light of Mine'.

Over 900 people attended this annual event and \$23,600 was raised for the Bible Society's "Get the Word Out" for South Africa.

A HUGE thank-you to our parents and friends for getting your child/ren to rehearsals and to the main event.











# Kalamunda Cup

Wednesday, June 15, saw 15 Carmel students looking fantastic in the Carmel team uniforms as they headed to Ray Owen to participate in the annual Kalamunda Cup.

We were so proud of our boys and girls teams as they both represented our school well.

The players were kept busy all day playing 6 games in total! Everyone showed great teamwork and put in 100% effort.

A huge thank you to Mr Neale, Mrs Warchol and Mrs Taylor who assisted Mr Eaton on the day and the parents who came along to cheer!















# **Library News**

As the end of another term approaches, I would like to thank all the kids that have returned their books faithfully every week and also the parents for reminding them! If we could get all our books returned next week for the end of term, this would be greatly appreciated.

During next term we have the Scholastic Book Fair coming to Carmel from the  $13^{th}$  –  $15^{th}$  August. The following week is book week. We will have activities during the week to celebrate and will end the week with a book day parade on Friday 26th August.

The theme for book week this year is Australia story. It would be great to see the kids dressed up as their favourite Australian book character, however if they choose another book character this is fine. We always love to see Bible characters visit us for the book parade too. Remember you need to bring along the book your character is from on the day. Something to work on in the holidays....



If you looked in the library last week you would have been spoilt with a fabulous display of artwork. Year 5 presented two perspectives of the Swan River colonies in the 1830s. The diversity and quality of artwork was very impressive!



### **Carmel Church News**

Come along to Carmel Church each week on Saturday mornings. There are various age related programs or small groups between 9:30-10:30am. The main worship service begins at 11am. All welcome.





There is a quantity of firewood for sale through the Secondary Campus.

There are two types of wood available:

#### Jarrah

- 1 Trailer (6' by 4') \$160 (please supply own trailer)
- 2 Ute \$240 (free local delivery)

#### Blackbutt or Redgum

- 1 Trailer (6' by 4') \$100 (please supply own trailer)
- 2 Ute \$150 (free local delivery)

To place an order please email Phil Murray at <a href="mailto:philmurray@adventist.org.au">philmurray@adventist.org.au</a>, or ring the High School Office on 9293 5333.

Please make your cash payment to the High School Office.

All proceeds will be supporting the Year 12 Malaysia project.

Thank you for your support.

# From our Chaplain...

An Indian was walking in downtown New York City alongside a resident friend. As they approached a busy street corner, the Indian seized his friend's arm and whispered, "Wait. I hear a cricket." "Come on!" the friend replied, "This is downtown New York - how could you possibly hear a cricket?" His friend persisted however, "No - seriously, I do!"

As cars were roaring, horns honking, people shouting, brakes screeching, the Indian began leading his friend along slowly, every now and again stopping and turning his ear toward the seemingly noiseless sound. At last, the Indian insisted they were near and proceeded to follow the sound across the street and toward a small dark corner next to a graffiti covered wall. There, he bent down to a minuscule tuft of grass and pulled out the cricket. "I told, you", he said, "I heard a cricket."



Astounded, the New Yorker marveled, "How could you have heard that cricket in the middle of all this noise?" "Well", said his foreign friend, "My ears are different from yours. It simply depends on what you're listening to.

Here, let me show you what I mean." He reached into his pocket and pulled out a handful of loose change. "Now," he said, "watch this." He held the coins waist high and dropped them to the sidewalk. At once, every head within nearly a block turned around and looked in the direction of the Indian. "You see, it all depends on what you're listening to."

Yes, it's only a story from a book but it can challenge us. We do have a choice about 'what we are listening for' and this has a huge influence on our children also. Are we listening for the still small voice of the Most High and asking for His direction to guide us through the hustle and bustle of this noisy and influential world? It's something to consider.

God bless,

**Mrs Nicola Warchol** 

# What's been cooking...

Every Monday, the Kindy and Pre-Primary students participate in the Stephanie Alexander Kitchen and Garden program.

The aim of the program is to teach children the value of good nutritious food. Last week, the students made a delicious Moroccan Lentil and Vegetable Stew with naan bread...perfect for these cold days!

Try it for yourselves:

# Moroccan Lentil and Vegetable Stew

#### **Ingredients**

- 2 Tbsp olive oil
- 1 medium yellow onion
- 4 cloves garlic, minced
- 4 celery stalks
- ½ Tbsp ground cumin
- 1 tsp turmeric
- 1 tsp cinnamon
- 1/4 tsp cayenne pepper
- 1 can chickpeas
- 1 can diced tomatoes
- 1 cup frozen cauliflower florets
- 6 cups vegetable broth
- 1 cup brown lentils
- 1 bay leaf
- \*\*Cayenne pepper and bay leaf were not added when students made this.

#### Instructions

- 1. Dice the onion and mince the garlic. Sauté both in a large pot with olive oil over medium heat until softened. Dice the celery while the onions and garlic are sautéing, then add to the pot and continue to sauté for 2-3 minutes more.
- 2. Add the cumin, turmeric, cinnamon and cayenne pepper to the pot. Stir and cook the spices with the vegetables for 1–2 minutes.
- 3. Add the diced tomatoes (with juices), chickpeas (rinsed and drained) and cauliflower florets (no need to thaw). Stir the pot until everything is well mixed.
- 4. Add the vegetable broth and bay leaf, turn the heat up to high, place lid on the pot and allow it to come to a boil. Once it reaches a boil, add the lentils. Stir and let it come back up to a boil, then turn the heat down to low. Let the stew simmer on low, with the lid, for 30 minutes.
- 5. After simmering for 30 minutes, the lentils should be tender. Remove the bay leaf and give the stew a taste. Add salt if needed, then serve.



