



Stephanie Alexander
Kitchen Garden Day



CARMEL PRIMARY
ADVENTIST COLLEGE

August 13, 2018 | Term 3 | Issue 11

SOMETIMES ALL YOU CAN DO IS SAY, *'WOW.'*

~ Kevin Henkes

The 'WOW' Approach

Last spring I was walking in a park. A short distance ahead of me was a mum and her three-year-old daughter. The little girl was holding on to a string that was attached to a helium balloon.

All of a sudden, a sharp gust of wind took the balloon from the little girl. I braced myself for some screaming and crying.

But, no! As the little girl turned to watch her balloon go skyward, she gleefully shouted out, "Wow!"

I didn't realise it at that moment, but that little girl taught me something.

Later that day, I received a phone call from a person with news of an unexpected problem. I felt like responding with "Oh no, what should we do?" But remembering that little girl, I found myself saying, "Wow, that's interesting! How can I help you?"

One thing's for sure - life's always going to keep us off balance with its unexpected problems. That's a given. What's not preordained is our response. We can choose to be frustrated or fascinated.

Events Calendar

AUGUST

School Photo Day.....	August 13
Book Week Parade.....	August 24
Swan Valley SDA Church Program...	August 25
P & F Committee Meeting.....	August 29
Flanno Friday.....	August 31

SEPTEMBER

Junior Concert Program	September 5
Mud Day.....	September 7
Cross Country & Market Day.....	September 19
Last day of Term 3.....	September 21

Continued

Pg. 3

General

School Photos

Our school photo day was today!

Please note that late payment envelopes cannot be accepted by the school office or by Kapture. You can place an order online for class or individual photographs at any time for the remainder of the current school year however a \$15 fee will apply if you order more than 10 days after photography.

If your child is in a sports or special group photo, you can use the same school code on your order envelope to view and order these photos on Kapture's website, around the time that school photos are ready to be delivered. Please note; Class group, individual and sibling portraits are not available to view online.

Kapture offer a money back guarantee for any parent who is not fully satisfied with their photo package. Should you have any queries, please direct them to the Kapture office on 9240 1714 or email enquiries@kapture.com.au.

Late Arrivals

Please be aware that ALL students arriving **AFTER 8:50am** in the morning will need to be signed in (by an adult) in the office.

Teachers take their duty of care very seriously and will be marking the roll as soon as classes start in the morning.

Thank you for assisting us with this.

Naming Uniforms

We ask that you please ensure you have your child's name on their uniform.

If your child/ren have lost any of their school uniform, please have them check in the lost property cupboard, located outside the staff room.

We also ask if parents could please check at home to ensure your child/ren have brought home their own uniform items.

Thank-you.



Working Bee

Thank you so much to the families that came along and helped out at our recent working bee!

Food Allergy Talks

Many people in our community and even in our school have a food allergy that they live with every day. While some of these allergies are mild, others are life threatening. Due to the rate of 1 in 10 babies born in Australia with a food allergy, we believe that education is imperative.

This **Thursday, August 16**, Mrs Rochelle Mulder will be speaking to each class to raise awareness about food allergies and to help reduce the risk of a reaction for those living with food allergies and to help manage potentially life-threatening emergencies when they happen.

Book Week Chapel Parade FRIDAY, August 24

The theme for Book Week this year is... **'Find Your Treasure'**.

On Friday, August 24 students can participate in the Book Week Parade by dressing up.

This year you can come dressed up as a character from a book that you treasure.

We look forward to seeing your costumes and remember to bring along your book!



Swan Valley SDA Church Program Saturday, August 25

Carmel Primary has been invited to be a part of the Swan Valley Seventh-day Adventist Church program on Saturday, August 25 from 10:30am – 12:15pm. Swan Valley Church is located on 163 Talbot Rd, Jane Brook.

We look forward to you joining us for this event.

Trash & Treasure

The Year 5's are looking for donated items such as...stuffed toys, games, crafts, plants, small decorative items, vases etc. for their Trash & Treasure Stall.

If you have any of these items, please hold onto them for now & we will let you know when to start bringing them in. Thank you!



cont.

No matter what the situation, a fascinated "Wow!" will always beat a frustrated "Oh, no."

So the next time you experience one of life's unexpected gusts, remember that little girl and make it a "Wow!" experience. The "Wow!" response always works.

<http://www.dailytenminutes.com/2012/01/wow-approach.html>

School Fees

Fee statements will be sent home with the eldest sibling by the end of the week. Please take the time to review your statement to ensure all payments have been received.

If you have missed a payment, I kindly request you please make additional payments to ensure your fees are still finalised by the end of November.

If you have any questions or concerns, you are always welcome to contact myself in the front office on 9291 6399 or email narelleduncan@adventist.org.au
Thank you Narelle Duncan

Pasta Lunch

To help raise money for the Year 10 Cambodia Service Trip, some Year 10 students are offering a pasta lunch for \$5 this **Wednesday, August 15**. Order forms were sent home last week. Please ensure orders are returned by 9am tomorrow (Tuesday).

Another fundraiser lunch will be offered on Wednesday, August 29.



Special Visit

Last Wednesday, we received a visit from the National Education Council (Adventist Schools). A letter of special thanks was received thanking staff and students for making them feel very welcome. They thoroughly enjoyed their time at Carmel Primary.

FATHER'S DAY STALL



We will be operating a Father's Day stall on Friday, August 31 to give students an opportunity to purchase a special gift for their Dad.

Please remember to send your child to school with a couple of dollars so that they can buy a present.

Gifts will be priced between \$2 - \$10.

'Flanno' Friday

Circle **Friday, 31st August** on your calendars!

We invite all our Dad's and Grandad's to come in and enjoy a FREE McCarmel Burger!

To celebrate our Dad's and Grandad's, staff will be wearing their favourite flannel shirt and all students are encouraged to wear a flannel shirt over their uniform too.



We ask those planning to attend to RSVP to admin@carmelcollegeprimary.wa.edu.au or calling 9291 6399 by Wednesday, August 29.

Canteen Lunches

Carmel Primary will be trialing canteen lunches. To make this happen, we need your help!

We are seeking parent volunteers to assist with the preparing of the lunches.

These lunches will be starting in Term 4.

Please speak to Dana Gallop or Kahlie Blazicevic (0408 916 125) for more information and if you are able to assist. Thank you!





Save the date!

JUNIOR CONCERT

Wednesday, 5th September
starting at **6:30pm** at
Carmel College Gymnasium

Presenting...

Snugglepot & Cuddlepie – 'The Great Race'

Kindy – Yr 2 students.

&

Settlement of Australia

Yr 3 - 4 students.

This is a night not to be missed. Invite the whole family!

School Banking

Thank you!

We would like to thank **Mrs Stephanie Jones** who has volunteered as our School Banking Co-ordinator since June 2015. Mrs Jones will be finishing up as our Co-ordinator on Wednesday, August 15.

We would also like to welcome **Mrs Chanrin Stanton** as our new School Banking Co-ordinator!

Our School Banking volunteers are vital in helping teach students the importance of saving regularly.

New Banking Day

Starting next week, School Banking Day will be on a **TUESDAY**.

Thank you for supporting the school banking program.



Sport

Sporting Schools & Chess

Sporting Schools and chess has commenced and will finish in Week 9 (Wednesday, 12th September).

Thank you for supporting these after school activities.



Cross Country Training

Training days will be:

Tuesday, August 14

Thursday, August 16

Monday, August 20

Wednesday, August 22

Thursday, August 23

Monday, August 27

Please have your child/ren bring their running shoes in their bag on the above days. Thank you.

P&F

JOIN US

Next meeting:

Wednesday, August 29 @ 7pm





The Year 2 class have some cute new arrivals. 4 hens and 7 roosters!

The students have enjoyed watching the hatching process and having a cuddle.

Church News

Carmel College SDA Church

Come along and join in any of the various age related programs or small groups between 9:30am-10:30am each Saturday. Followed by the church service at 11am. Everyone is welcome!

Upcoming Events

iChoose – August 17

CAC Yr 10 Movie Night Fundraiser – August 18

Father/Son Weekend – August 23-27

iChoose & iFollow – August 24

Making Good Marriages Even Better 8 September 2018

The speaker for this program is Dr Trafford Fischer and Dr Bryan Craig. It's a program designed to enrich your marriage and make it thrive. Venue: Carmel Adventist College, 210 Glenisla Rd, Carmel 6076.

To register contact Natalie Meade @ WA Conference Office on phone number 9398 7222 or email nataliemeade@adventist.org.au

Chapel

Please note that we have our weekly Chapel program every **FRIDAY** morning from 8:50am to 9:30am in the Multipurpose Room (located next to Library).

This **Friday (August 17)**, the program will be coordinated by our Pre Primary class. Pr Paul Goltz will be our guest speaker.

Next week (**August 24**) is our annual Book Week Chapel Parade.

We look forward to seeing you there!

JAIME JORGE

IN CONCERT
SATURDAY 18
AUGUST @ 7PM

Bickley SDA Church
Cnr Lawnbrook &
Broadway Rds
Bickley

Free entry



If you have some notices that you would like to share from your local church, please email to JoannePearson@adventist.org.au



Operation Christmas Child

We are starting our collection now. Outlined below are the dates we will be collecting the various items for the shoe boxes.

This week: School Supplies (pencils, crayons, paper...)
August 6–10: Toys (ball, games, puzzles, cars, lego...)
August 13-17: Hygiene Items (soap, brush, toothbrush)
August 20-24: Something to Love (doll, stuffed animal..)
August 27-31: Clothing (socks, t-shirts, shoes, shorts...)

Items can be placed in Mrs Warchol's room (located across from library). Please see Mrs Nicola Warchol if you have any questions.

If you have any notices for the next newsletter, please email to joannepearson@adventist.org.au by

Thursday, August 23

TRAINING THE TRAINER DEPRESSION & ANXIETY RECOVERY PROGRAM

SPEAKER: David Haupt (B.Th., MA. Couns) is the Australian Nedley Depression and Anxiety Recovery Program Director and Trainer. David lives in NSW, Australia, where he works as the Director of ADRA and Adventist Community Services for the North New Wales Conference of the Seventh-day Adventist Church.

COST: (includes DVD's, books, meals)

Associate Director	\$	550
Facilitator	\$	260
License Recertification	\$	50

TO REGISTER: use the following link
 - <https://events.adventist.org.au/Registration/Event/975>
 (closing date for registrations 10/8/18)

VENUE: Maida Vale SDA Church
 345 Kalamunda Rd, Maida Vale WA 6057

Happy Birthday!



Happy Birthday to the following students who celebrate an upcoming birthday!

Jacob (Yr 6), Jonathan (Yr 5), CJ (PP), Chilli (Yr 1), Noah T (Yr 2), Tayj (Kindy), Oliver (Yr 1), Imogen (PP), Holly (Yr 5) and Amber (Yr 6)

We pray that God will bless you in the



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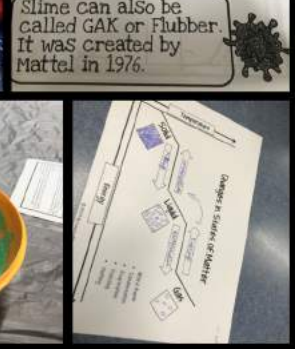
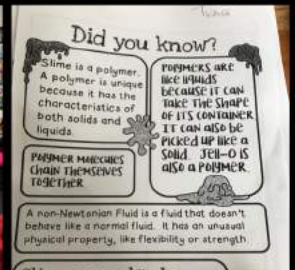
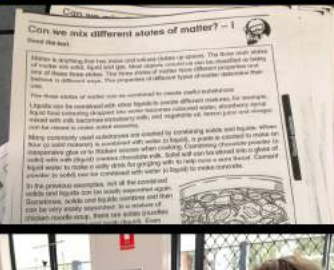
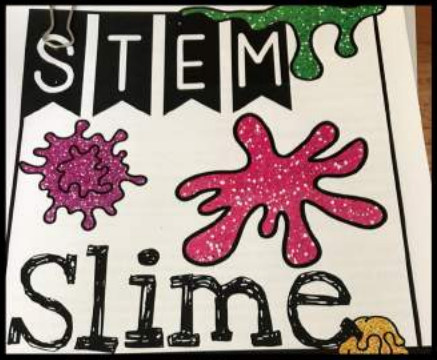
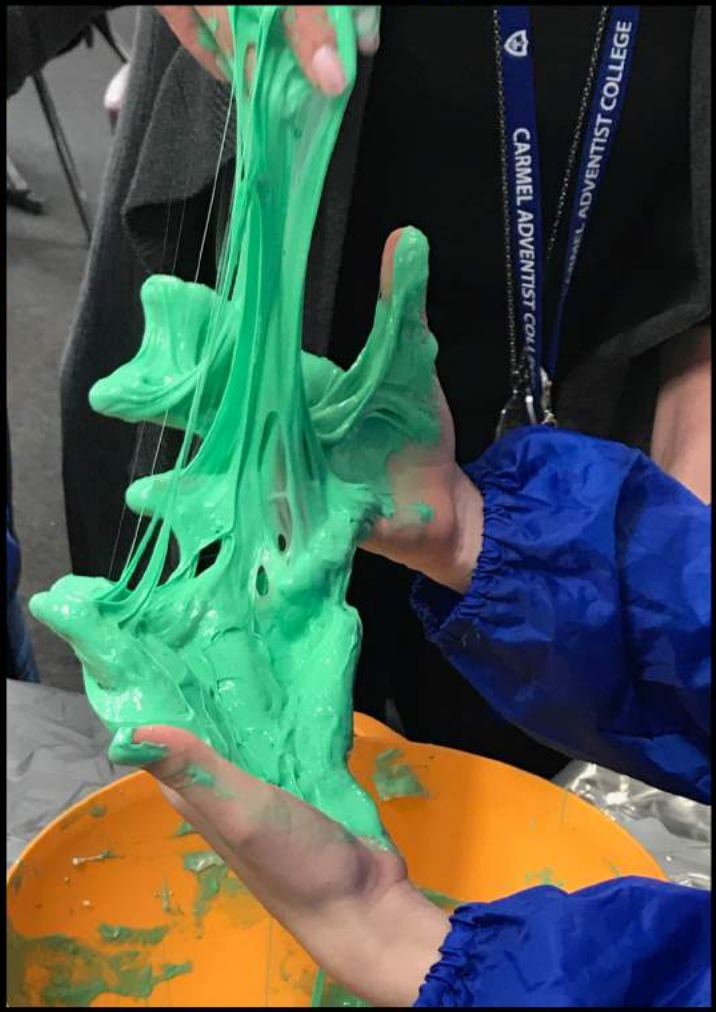
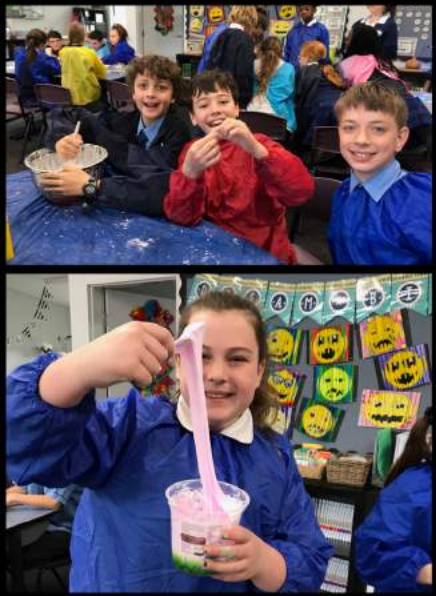
SCHOOL TERM DATES 2018

Term 3 Tuesday, July 17 – Friday, September 21
Term 4 Tuesday, Oct 9 – Tuesday, December 11



**CARMEL PRIMARY
ADVENTIST COLLEGE**

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9 Things You Should Say To Your Kids Every Day



1. "I love you."

Say it to them as often as you like. <3



2. "I like it when you..."

Talk about positive aspects of their behavior.



3. "You make me happy."

This makes them feel valuable.



4. "I'm proud of you."

They need to hear their doing a good job, even when it's hard.



5. "You are special."

Let them know their uniqueness is a strength.



6. "I trust you."

Building a foundation of trust raises an honest person.



7. "I believe in you."

Teach them how valuable they are.



8. "I know you can do this!"

Encourage them to never give up.



9. "I am grateful for you."

Be specific, this can really make their day!

