



CARMEL PRIMARY  
ADVENTIST COLLEGE

September 2, 2019 | Term 3 | Issue 13

In the end, we only regret the **chances** we didn't take.

## Take A Chance

Even as you hear the words, *living wild*, you may think this is not for me. I live an everyday life. I have a full-time job, children, responsibility. Perhaps you even think to yourself, 'I don't want to *live wild*'.

But you do. We were made to live full, expansive and growing lives. But we become tamed. Like a frog in a kettle, we become so accustomed to the heat until we stop living with purpose and future in mind.

John Mayer sings a song about '*staying inside the lines*'. And as I sing this song, I remind myself that the voices giving this advice, are most often not 'others'. They are the voices in my own head. The voices from history, mistakes made, family of origin, fear of failure, risk of reputation...and too often they tame us until time is over.

Many years ago, I heard a sociologist reporting survey results from seniors in a nursing home. In response to the question, "What is your greatest regret?", the overwhelming answer was not taking enough chances. Not trying things that resonated in heart and soul.

Living wild is not about overriding your values and priorities. It is about living them out – forever – with passion and conviction.

## Events Calendar

### SEPTEMBER

Junior Concert.....Sept 11  
Cross Country & Market Day.....Sept 25  
Term 3 Concludes.....Sept 27

### OCTOBER

Pupil Free Day – Teacher PD.....Oct 14  
Students Commence Term 4.....Oct 15  
Mud Day.....Oct 18

# GENERAL

## After School Activities – Concert Week

Badminton will run on the Monday, 9<sup>th</sup> September due to Junior Concert.

There will be **NO** badminton and mountain biking on **Wednesday, September 11** due to our Junior Concert.

This will allow families with children who are involved in the concert program to arrive at the gymnasium by 5:45pm. Thank you.



## Junior Concert – Early Pick Up

In preparation for the concert, students involved in the concert (Kindy – Year 3) may be collected from school on the Wednesday (September 11) any time from 1:00pm.

Many parents have found this time helpful in the past so that students can have a rest and meal before meeting back at the Carmel Adventist College (Secondary) gymnasium at 5:45pm.

**Please ensure you visit the front office to sign your child out before leaving.**

*Note: This half day does not count as an absence on your child's attendance record, so long as they are present at the concert. The time involved in the evening program will be counted as part of the education program.*

# JUNIOR CONCERT

**Wednesday, 11<sup>th</sup> September**  
starting at **6:30pm** at  
**Carmel College Gymnasium**

*Presenting...*

**Rain, Rain Go Away**  
*by our Kindy, Pre-Primary, Yr 1 - 3 students*

**We encourage ALL families to attend.  
Invite the extended family!  
Please come VERY WARMLY dressed.**

Please note: Students involved in the program need to arrive by 5:45pm and need to come dressed in warm clothing.

## Cross Country Training

Training days are:

**Tuesday, Sept 3**

**Thursday, Sept 5**

**Tuesday, Sept 10**

**Thursday, Sept 12**

Please have your child/ren bring their running shoes in their bag on the above day.

## Scholastic Orders

Scholastic Book Club catalogues were given to your child/ren last week.



Order online or drop your order form and money to the front office. Orders are due back by next Thursday, September 12.

Every order earns 20% back in rewards for our school.

## School Banking

Remember, **Tuesday** is School Banking day for students to bring in their weekly deposit.

**School Banking is also a great fundraiser for our school, raising 5% on every deposit made through the school (to a maximum of \$10 per individual deposit).**

Thank you for supporting the School Banking program at Carmel Primary.

## Lost Property

There are a number of items of lost property that have been collected.

If you have misplaced anything, please check the lost property cupboard located outside the staffroom and reclaim your items.

## After School Activities

After school activities (netball, soccer, chess and mountain biking) will conclude on Wednesday, September 18.

Thank you for supporting Sporting Schools and mountain biking this term.

## Uniform

We have a great uniform that students can be proud to wear. We believe that when our students wear the uniform correctly they not only represent our school positively in the community, but they will also develop a personal sense of pride and self-respect that they can take with them into life beyond school.

We kindly ask parents to see that your child/ren are correctly dressed at all times. If for any reason it is impossible for a student to be in full school uniform, we ask that a written note from the parent be addressed to the class teacher.



**\*More photos will be posted to Facebook this week.**

**PLANNED FRIDAY FOR FATHER'S DAY!**





Carmel Secondary will be having an Open Night on Tuesday, 10th September from 6:00pm - 7:30pm.

The evening will begin with a short presentation from some of our teachers and students followed by tours and refreshments.

Please mark it in your calendars and if you have friends who you would love to join Carmel Adventist College, please tell them to do the same!

### Trash & Treasure

The end of the term is fast approaching...so if you have any stuffed toys, games, crafts, plants, small decorative items or anything that primary aged kids would be interested in buying...the Year 5's are looking for these donated items for their annual Market Day!

Your items can be brought to the front office or the Year 5 classroom. Thank you!



### Woolworths Junior Landcare Grant

As previously mentioned back in Term 2, Carmel Primary was successful in our application for a Woolworths Junior Landcare Grant for our project; Native Garden Around a Talking Circle!

With our Woolworths Junior Landcare Grant money, we created a bush tucker garden around the fire pit (located down in our vegetable garden area). The grant also covered the cost of the soil and reticulation for this area. Students have helped plant and care for the native garden.



**THANK YOU** to those parents who helped organise and man the Father's Day Stall this year!

We very much appreciate you and the time you volunteered to make this happen!



# FROM OUR CHAPLAIN...

Recently, I was privileged to share an Encounter Class (Bible) with the Year 5's, Mrs Keating and Miss Chapman. Students had been working with their teachers to prepare a special ending to a unit.

We watched a clip together that showed how valuable we are to God. Then together we discussed baptism; what it is, what it means and who can be baptised. We talked about choosing to have God in your life and how that baptism is one way of showing others what He means to you.

During the lesson, Mrs Keating lit some sweet-scented candles and gave one to each student. Each candle had the Bible text from the lesson attached. Students were then given the opportunity to respond in writing to some questions about the clip as well as share where they were in their journey with God. Students were able to do this knowing that no-one else but me would know what they had written unless they chose to share it.

It was great to see where the students were up to in their spiritual journey and to read their honest responses. A few shared that they were not ready for God yet, a few said they would like to be baptised some-time in the future. Many shared that they would like to be baptised to show their family and friends that God is important to them.

It was a really lovely and special class and I hope and pray that each of the students will continue to learn and grow in the love of God.

Mrs Robyn Olsen  
Chaplain



## CHURCH NEWS

***Come along and join in any of the various age related programs or small groups between 9:30am-10:30am each Saturday followed by the church service at 11am. Everyone is welcome!***

### ***CARMEL COLLEGE SDA CHURCH***

#### **Upcoming Events**

iCHOOSE – 6 September  
iCHOOSE – 13 September  
Basket Lunch – 14 September  
Multicultural Concert – 14 September  
Hillbillies Men's Breakfast – 15 September

### ***LIVINGSTON SDA CHURCH***

#### **Upcoming Events**

Friendship Club Outing – 3 September  
Craft – 4 September  
Toddler Musical Playtime – 5 September  
JAG/TAG – 6 September  
Youth Winter Camp – 6-8 September

### **Chapel**

We have our weekly Chapel program every **FRIDAY** morning from 8:50am to 9:30am in the Multipurpose Room (located next to Library).

This **Friday (September 6)**, the program will be taken by the Year 6 class.

#### **Next week (September 13)...**

Coordinating: Yr 4 class  
Speaker: Pr Derek

**We look forward to seeing you there!**

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If you have any news or events from your local church that you would like to share with the school community...please email [JoannePearson@adventist.org.au](mailto:JoannePearson@adventist.org.au)

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# COMMUNITY

## Safe Clubs 4 Kids Workshop

Monday, 2<sup>nd</sup> September  
6:00pm – 8:30pm  
Ray Owen Sports Centre, Lesmurdie.

The Safe Clubs 4 Kids initiative supports the sport and active recreation industry to create and maintain safe environments for children and young people.

Light refreshments provided

Register at... <https://www.eventbrite.com.au/e/safe-club-4-kids-workshop-tickets-68949621173>



INTERNATIONAL CHINA CONCERN

**WALK THE WALL**

**走長城**

**2019**

Join us as part of the global movement to give life and end abandonment.

**14 September 2019**

Registration: 8AM Start Time: 8:30AM

Location: RAILWAY HERITAGE TRAIL  
LESMURDIE, WA

Contact: Alan Sharp – 0417 955 965

Email: [asharp@westnet.com.au](mailto:asharp@westnet.com.au)

Register: [WALKTHEWALL.ORG](http://WALKTHEWALL.ORG)

Take every chance in  
life, because some things  
only happen once.



## NEW Secondary Uniform Shop Opening Hours

Please see below for the new opening times.

Monday 8:30 - 9:00am

Tuesday 3:30 - 4:00pm

Thursday 8:30 - 9:00am



\*Carmel Primary Uniform Shop is  
open on Fridays from 8:45 – 9:15am.

## Upcoming Excursions or Incursions

Yr 3 Art Gallery Excursion.....Thursday, 19<sup>th</sup> Sept

Kindy & PP Caversham Excursion.....Monday, 23<sup>rd</sup> Sept

## Happy Birthday

to the following students who celebrate  
an upcoming birthday!

Cal (Yr 2)

Sofia (Kindy)

Ella (Yr 3)

Edna (Yr 5)

Kaitlyn (Yr 4)

Clarissa (Kindy)

Hailey (Yr 3)

Sarah (Yr 1)

*We pray that God  
will bless you  
in the year ahead!*



## Pre-Loved School Uniforms

Go to our 'Carmel Adventist College Primary & Secondary – Buy, Sell or Swap'. This page is for both Primary and Secondary Uniforms. Simply click the 'JOIN GROUP' button and Admin will get you off and running.



Like us on Facebook for regular information updates.  
Search for Carmel Adventist College Primary.

## SCHOOL TERM DATES 2019

Term 2

Tuesday, April 30 – Friday, July 5

Term 3

Tuesday, July 23 – Friday, September 27

Term 4

Tuesday, October 15 – Tuesday, Dec 10



**CARMEL PRIMARY**  
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*Encounter  
SET APART by GOD  
Learning about  
BAPTISM*



“Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure.”  
Ephesians 1:4, 5 NLT





**Monday 7th October - Friday 11th October**

**Second Week of the School Holidays**

**9:30am - 12:00pm**

**Ages 5 - 10**

**\$5 per child per day**

**(Discounts for families with four or more children)**

**Bickley Seventh-day Adventist Church**

**Cnr Broadway and Lawnbrook Roads, Bickley, 6076**

**Bookings are not essential but are appreciated.**

**Contact Jannine for bookings and information**

**0409 542 665**

**[msellis@bigpond.com](mailto:msellis@bigpond.com)**



# PARENTING COURSES

West Leederville

September 2019

*Parent-Child Connection x 4* Tue 3 - 24 Sep 6.30-9pm \$50pp/\$75pc

Parenting doesn't come with a guidebook but we do know what helps create a strong parent-child connection: security, warmth and positive attention, and good communication – plus boundaries and fair rules. This practical course will help you understand your child's development and behaviour and give you some tools so you can parent with confidence and enjoy your kids.

*Parent-Teen Connection* Sat 7 Sep 9.30am-4.30pm \$50pp/\$75pc

Are you going through difficult times with your teenage child? Struggling to understand their moods and behaviour? There are plenty of things you can do to maintain a strong relationship and stay connected with your teen. This course will provide you with a practical 'how-to' guide to help you understand their behaviour and show you some skills to manage their behaviour effectively

*Mums Raising Boys (up to 12)* Mon 9 Sep 6.30-9pm \$30 p/person

Mothers, who are usually their son's primary female role model, play a vital part in developing their son's identity, including their ability to be nurturing. This session includes building confidence and competence in sons and setting boundaries.

*Rock & Water Program (8-14)* Sat 5 Oct 8.30am-12.30pm \$70 per pair

This program leads the child from simple self-defence, boundary and communication exercises to a strong notion of self-confidence. We encourage fathers, mothers, daughters and sons to spend a Saturday morning together examining their emotional connections with each other whilst learning new skills to strengthen family ties.

*Mums Raising Teen Girls* Mon 16 Sep 6.30-9pm \$30 p/person

As we know, the relationship between a mother and her daughter is very important. This workshop helps mothers to better understand their daughters and the challenges they go through during puberty and helps to better equip their daughters to be happy and strong individuals.

**NEW** *How to Develop Qualities in our Children*

Sat 21 Sep 9.30am-4.30pm \$60 p/person

All parents and those caring for children would like to see children display such qualities as kindness, truthfulness, fairness and respect. This one day workshop gives some strategies as to how you can assist children to develop and practice these qualities, and in turn, help create strong, values-based relationships. This workshop is based on the Virtues Project

Places are limited – please contact (08) 6164 0239 to register today

For more information about our courses and workshops, please click [here](#) or visit [www.relationshipswa.org.au](http://www.relationshipswa.org.au)

Relationships Australia