

# Newsletter



**CARMEL**  
ADVENTIST COLLEGE

September 2, 2020 | Term 3 | Issue 14

The best thing about *Memories* is making them.

## What does a 'great dad' look like?

I recently read research indicating that by 2011 fathers had nearly tripled the amount of time they were spending with their children as compared to 1965 (from 2.5 to 7.3 hours per week). No doubt this trend has been heavily influenced by research findings revealing the impact that a dad can have on his family and children's emotional and social health.

It got me thinking about my dad – one of the 1965 variety – and a fabulous one at that! What do I mean by a 'great dad'? Did he break the '2.5 hour' mould and spend immeasurable amounts of time with me? Probably not. Did he take me out on formal 'dates' to spend time with alone? No, that rarely happened. So what did he do?

Well as I thought about it, it all became clear. He didn't just give me 'time', he gave me memories – wonderful stunning memories. Memories that today, twenty years after he died, play out as stories about what he did,

what he shared, where he came from and how much he loved me. Like the time he took the four of us kids to the local shop and announced, 'Choose an ice-cream – anything you like'. Well, we were excited – no twin poles on the regular budget today.

So after seeming hours of review and the disapproving glances of the shopkeeper who clearly thought we were dreaming, we chose two Giant Sandwiches and two Hazelnut Rolls and marched them up to the counter. The woman glanced over at my father, looking for his say so, to which he said, "Yes we'll have two." She looked confused, as did we all, until he added, "Yes, two boxes – one of each of those love". Our faces changed from crestfallen to elated. Not just ice creams for us but boxes of them. Every time he did things like this (and he did them consistently), they became stories in my memory bank that more than 40 years later evoke memories of love and pride that my dad could feel like this about us! We weren't just worth the best ice cream in the place, we were worth the whole box.

You see, the research comes as no surprise – dads spend time with your kids, don't simply give them things but be with them – it really makes a difference. But can I add, in addition to the 'currency' of time is the 'currency' of memories – create memories, great memories that even twenty years after you've passed away, your kids are still telling their kids about the ice cream that changed their lives.

## Events Calendar

Flanno Friday.....	Sept 4
Father's Day.....	Sept 6
Junior Concert.....	Sept 16
Cross Country.....	Sept 25
Market Day.....	Sept 25
Term 3 concludes.....	Sept 25

# General Information

## We want to know what you think!

### Parent Insight Survey

Each year, every Adventist School across Australia completes a series of 3 surveys: Year 3-6 students, staff and parents. The purpose of these surveys is to help us improve!



Hopefully, you have already received an invitation to complete the survey via email. Please let us know if you have not received one so that we can follow this up for you.

Your feedback is anonymous. Carmel Adventist College Primary does not collect or collate the information in any of these surveys, this is done by Insight and a summary of results is fed back to the school early next term. At Carmel Primary the School Council and teachers use this information to help us update our School Improvement Plan. The more people who give feedback, the more useful the information is as it represents a much broader view. We would love to hear from every family.

Insight tells us this will take between 10-20 minutes of your time to complete the online survey. It really does make a difference to us to know what you think.

Thank you in anticipation.

Janine Taylor  
PRINCIPAL

### Book Fair

The Scholastic Book Fair and Adventist Book Centre is coming to Carmel from **Monday, 7th September to Wednesday, 9th September.**

This is an opportunity to purchase some great books for home or as gifts. Our library also benefits as we receive a percentage of the sales (Scholastic only) to put towards books for our library.

The books are displayed in our library and parents are welcome to have a look on **Tuesday and Wednesday after school.** Cash accepted and eftpos facilities are available.

Any parents able to help with this event would be greatly appreciated. Please come and see the front office if you would be available to help.

## Cross Country Training

Training days will be as follows:

Week 8 & 9: Monday, Tuesday and Thursday  
Week 10: Monday and Wednesday

Please have your child/ren bring their running shoes in their bag on the listed days. Girls should also bring socks, as running in tights can be very hot.

## Father's Day Stall

Some of our lovely parents will be operating a Father's Day Stall **tomorrow, 3 September** to give students an opportunity to purchase a special gift for their Dad.

Remember to send your child to school with some money so that they can buy a present.

Gifts will be priced between \$2 - \$10.



## Kindy Enrolments

Enrolments are being received for our 3 year-old and 4 year-old Kindy program for 2021. If you have not yet enrolled your child for next year, we encourage you to do so.

The 3 year-old Kindy program runs 2 days a week (Tuesday and Thursday). You have the option to enrol your child for either ½ days or full days. All children need to have turned three prior to starting 3 year-old Kindy.

The 4 year-old Kindy program runs 3 days a week (Monday, Wednesday and Friday), with the option to enrol for 5 days.

Once enrolled, this is carried over into the following year, so no further action is required.

Enrolment Application Forms can be obtained from the front office. Call Narelle on 9291 6399 and she will be happy to send you one by email, mail or via a sibling at the school.

# JUNIOR CONCERT

16 SEPTEMBER 2020 • 6:30 PM  
CARMEL COLLEGE GYMNASIUM

*Presenting...*

THE CHICKEN WHO CRIED FOX  
*by Kindy, Pre-Primary, Year 1 - 3 students*

This is a night not to be missed!  
We encourage you to come along for a great evening.  
Invite the whole family.

## Junior Concert - Early Pick Up

In preparation for the concert, students involved in the concert (Kindy – Year 3) may be collected from school on Wednesday (September 16) any time from 1:00pm.

Many parents have found this time helpful in the past so that students can have a rest and meal before meeting back at the Carmel Adventist College (Secondary) gymnasium at 6:00pm.

Please ensure you visit the front office to sign your child out before leaving.

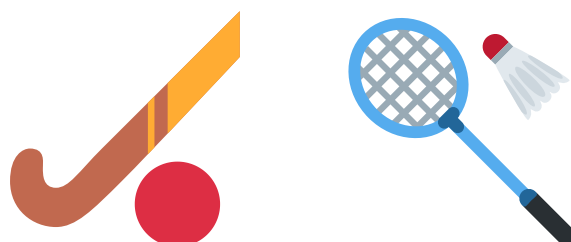
Note: This half day does not count as an absence on your child's attendance record, so long as they are present at the concert. The time involved in the evening program will be counted as part of the education program.

## Sporting Schools - Concert Week

Badminton and hockey will conclude on Monday, 14th September.

There will be **NO** Sporting Schools on Wednesday, September 16 due to our Junior Concert. This will allow families with children who are involved in the concert program to arrive at the gymnasium by 6:00pm.

Thank you for supporting the Sporting Schools program this term.



## Mountain Bike Time Challenge

Good news!! The Mountain Bike Time Challenge event will be going ahead this year. This event is for students who wish to mountain bike ride the cross country track.

On Friday, 25 September, the regular Cross Country Run will take place first thing in the morning (9am-11am) and the Bike Time Challenge will be held last thing in the day (1:30pm-3:15pm). This will allow the students to 'recover' from the morning's run before participating in the ride.

In the coming week, a letter and consent form will be given to your child/ren if they have expressed an interest in participating. There will be a number of pre-requisites outlined on the notice and consent form. Forms will be available from Mr Eaton or at the front office.



## Trash & Treasure

The Year 5's are looking for donated items such as...stuffed toys, games, crafts, plants, small decorative items, vases etc.



If you are doing a clean out and have any items that primary aged kids would be interested in buying, you can start to bring them in now! Items can be brought to the front office or the Year 5 classroom. Thank you!

## Lost

This pink watch was found after Sporting Schools last Wednesday. If this belongs to your child/ren, please pop into the front office to collect.



## School Handbook

Our Primary School Handbook is a valuable resource for families. The handbook is updated throughout the year and is available on our website, [www.carmelcollege.wa.edu.au](http://www.carmelcollege.wa.edu.au) (Enrolments > Student Handbook) and Skoolbag App (General > Parent Information).

## Secondary Uniform Shop Opening Hours



Please see below for the opening times.

Monday	8:45am - 9:30am
Wednesday	3:20pm - 4:00pm
Friday	8:45am - 9:30am

\*Carmel Primary Uniform Shop is open Friday from 8:45 - 9:15am.

## Chapel

We have our weekly Chapel program on FRIDAY morning from 8:50am to 9:30am.

Parents are welcome to attend. Physical distancing is still required for visiting adults and there is a register to sign. We are limited to 60 people (including younger siblings) in the library-end of the room.

\*\*Please ensure you remain in the library space.

This **Friday (September 4)**, the program will be coordinated by the Year 3 class.  
Speaker: Pr Max Souradeth

**Next week (September 11)**...the program will be coordinated by the Year 6 class.  
Speaker: Pr Terry Lambert

**We hope you can join us!**

# Book Week Parade

Thank you to all our students and families for helping make the Book Week Parade a special morning. The students' costumes were very imaginative and unique! Your efforts were very much appreciated.



## Chaplains Corner

Another week, another milestone. The Year 6 class have been away for the first half of the week on a camp. Another step in their Carmel College Primary journey.

As the year progresses, we each reach a variety of milestones. There's learning stages, physical growing stages, emotional stages and the years keep going.

2020 has brought with it a whole new stage - Covid-19. On one hand it changes everything, while on the other hand it changes nothing. We each continue to go through life and keep reaching the next milestone, whether we're ready for it or not.

The staff at Carmel College Primary are dedicated to helping, guiding and celebrating with each student as they reach their personal milestones. We teach, guide, encourage, show and most of all trust. We trust that God created us with every capacity that He wanted us to have. We trust that the idea of us - the idea that God had in mind when we were made, will be able to reach its full potential.

We pray that as parents and staff we will work together to help our kids reach their next milestone. And so it goes, another week another milestone. Trusting in God every step of the way.

God Bless  
Robyn and Andrew Olson



## Year 5 Healthy Eating

Did anyone try Mia's handmade pasta, Damien's delicious Mango Smoothie, or Alayna's real fruit lcy poles?

This week we have a few other great meal ideas that will have dinner sorted. Isabella shows us how to make a pie from scratch. Thomas makes his Grandma's famous banana bread. Judd has some great Pizza ideas and Eva makes some healthy raw balls!

Videos are only available for one week. Scan the QR code to take you to their show.

Isabella



Eva



Thomas



Judd



## Church & Community News

### PARENTING COURSES

Term 3 2020

West Leederville Branch

### Carmel SDA Church

Come along and join in any of the various age-related programs or small groups between 9:30am-10:30am each Saturday followed by the church service at 11am. Everyone is welcome!

### Dads Raising Boys

Tue 22 Sep

6.30-9pm

\$30 person

For a boy, a close relationship with his father is like gold. A father can be an anchor for a son. A Dad models behaviours that shape who they become as an adult. This workshop for Dads will assist in building their son's self-esteem, healthy identity and resilience as well as managing challenging behaviours.

### Mums Raising Boys

Thu 24 Sep

6.30-9pm

\$30 person

Mothers, who are usually their son's primary female role model, play a vital part in developing their son's identity, including their ability to be nurturing. This session includes building confidence and competence in sons and setting boundaries.

Places are limited – please contact (08) 6164 0239 to register today

For more information about our courses and workshops, please click [here](#) or visit [www.relationshipswa.org.au](http://www.relationshipswa.org.au)

Relationships Australia.

# Honey for Sale!



\$10 for 1kg. Cash only.

Available at the Front Office.  
All proceeds go to the Early Childhood Centre.

TICKET

**Date:** Monday 5<sup>th</sup> October - Friday 9<sup>th</sup> October  
Second week of the school holidays

**Boarding time:** 9.30am - 12.00pm

**Age:** 5 - 10 years old

**Cost:** \$5 per child per day (discounts for families with four or more children)

**Location:** Bickley Seventh-day Adventist Church,  
Cnr Broadway and Lawnbrook Road,  
Bickley, 6076

**Bookings essential as numbers are limited**

Contact Jannine Ellis for bookings and information  
on 0409542665 or msellis@bigpond.com

VBS 2020

CACPRELECTS INVITE YOU TO

SEPTEMBER 12

## MULTICULTURAL NIGHT 2020

7:00PM START  
CAC GYMNASIUM  
GOLD COIN ENTRY

SNACKS WILL BE ON SALE THROUGHOUT THE NIGHT

ALL PROCEEDS GO TO BEYOND BLUE

SEE THE PREFECTS OR MESSAGE @CACPRELECTS ON IG (BEFORE AUGUST 31) IF YOU'RE INTERESTED IN PERFORMING.

LIGHTHOUSE CHRISTIAN THEATRE

## LETTERS TO LINDY

By Alana Valentine

Performance Dates:  
17th and 18th Oct

Kalamunda Performing Arts Centre

More information:  
 Lighthouse Christian Theatre Perth  
 Tickets can be purchased at:  
<https://tinyurl.com/LTLPerth>

### Upcoming Excursions or Incursions

Yr 5 Fremantle Prison Excursion.....	8 Sept
Yr 4 - 6 NAIDOC at Carmel Secondary.....	14 Sept
Yr 1 West Australian Reptile Park Excursion.....	22 Sept

## Happy Birthday

...to the following students who celebrate an upcoming birthday!

- |                       |                      |
|-----------------------|----------------------|
| <b>Opal (Yr 2)</b>    | <b>Cal (Yr 3)</b>    |
| <b>Kaitlyn (Yr 5)</b> | <b>Sofia (PP)</b>    |
| <b>Clarissa (PP)</b>  | <b>Ella (Yr 4)</b>   |
| <b>Heather (Yr 5)</b> | <b>Thomas (Yr 5)</b> |
| <b>Hailey (Yr 4)</b>  |                      |

Have a wonderful day and we pray that God will bless you in the year ahead!

### Pre-Loved School Uniforms

Go to our 'Carmel Adventist College Primary & Secondary – Buy, Sell or Swap'. This page is for both Primary and Secondary Uniforms. Simply click the 'JOIN GROUP' button and Admin will get you off and running.

Like us on Facebook for regular information, updates and photos.  
Search for Carmel Adventist College Primary.

## School Term Dates 2020

Term 1	Monday, February 3 – Wednesday, April 8
Term 2	Wednesday, April 29 – Friday, July 3
Term 3	Tuesday, July 21 – Friday, September 25
Term 4	Tuesday, October 13 – Friday, December 11

# Year 5 Market Day

Friday, 25<sup>th</sup> September

This year, we would love to help as many people in need as we can. Our intention is to share the funds with each of our chosen service initiatives. So, please start saving for the Year 5 Market Day (service event).

Your support each year is very much appreciated.



Year 10 (Mission Trip)  
Carmel Adventist College  
Cambodia School Building



RSPCA - Fight Against Animal Cruelty  
By raising money for the RSPCA we will help sheltered animals and wildlife with things like: beds, blankets, litter trays, toys, food, medicines and surgery costs.



Perth Homeless Support Group

The Perth Homeless Support Group helps by providing homeless people with care packs, blankets, sleeping bags and other items of necessity.

Perth Children's Hospital

Just like last year, we would like to support Perth Children's Hospital by providing toys that support children with their education and occupational therapy.

Perth Homeless Support Group

