

Carmel Adventist College Primary Newsletter



Term 3, Issue 15

12th September, 2016

Story: The Starfish

Once a man was walking along a beach. The sun was shining and it was a beautiful day.

Off in the distance he could see a person going back and forth between the surf's edge and the beach. Back and forth this person went.

As the man approached, he could see that there were hundreds of starfish stranded on the sand as the result of the natural action of the tide.

The man was stuck by the apparent futility of the task. There were far too many starfish. Many of them were sure to perish.

As he approached, the person continued the task of picking up starfish one by one and throwing them into the surf.



As he came up to the person, he said: "You must be crazy. There are thousands of miles of beach covered with starfish. You can't possibly make a difference."

The person looked at the man. He then stooped down and picked up one more starfish and threw it back into the ocean. He turned back to the man and said: "It sure made a difference to that one!"

Events Calendar

Junior Concert – Sept 21

Sept 23...
Cross Country
Market Day
Final Day of Term 3

Term 4 Commences – Oct 11

Dinner @ Secondary – Oct 14

Choir at Livingston – Oct 15



School Holiday Office Opening Hours

The office will be closed the first week of the school holidays. In the second week it will be opened from Monday to Friday, 9am – 1pm.

School Holiday Uniform Shop Opening Hours

Carmel Primary (Sports Uniform)

The uniform shop at the Primary school will be open in the second week of the school holidays from Monday to Friday from 10am – 1pm.

Carmel Secondary (Formal Uniform)

The uniform shop will be open in the second week by appointment only. Contact number is 9293 5333.

Term 4 is Summer Uniform

Boys – grey shorts, blue logo shirt, grey socks and black polished lace-up shoes.

Girls – dress, white socks and black polished lace-up shoes.

Summer Sport Uniform replaces the long pants with the shorts.

Lunch Orders

Mac & Cheese is back on the lunch order menu!



Cross Country Event

On Friday, 23rd September students will be participating in the Carmel Adventist College Primary Cross Country Event.

This year we will be trialing a **Mountain Bike Time Challenge** as part of this event. The regular Cross Country Run will take place first thing in the morning (9am-11am) and the Bike Time Challenge will be held last thing in the day (1:30pm-3:15pm). This will allow the students to 'recover' from the morning's run before participating in the ride.

If you have received a letter and consent form, your child/children have expressed interest in participating in a new category of Mountain Biking the cross country race. We anticipate that only a small group will participate this year and NO students will be pressured to participate.



If you wish for your child to participate in the Mountain Bike Challenge, there are a number of pre-requisites outlined on the notice and consent form (see pages 8-10 of the newsletter).

****Please hold off from buying your child/ren coloured t-shirts. We have ordered sport bibs of different colours for this years event. Students are to come to school wearing their regulation sport polo.**

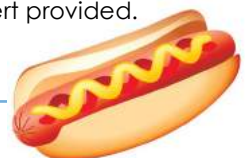
*Regulation sport shorts or track pants and enclosed footwear must be worn.



Light Dinner

Carmel Secondary would like to invite the Primary and Secondary school families to join them for a light dinner. This will be a chance for a casual celebration of the Year 12's, Primary Year 6's and their families. BYO chairs and picnic rugs. Please RSVP to kimberlyjohnson@adventist.org.au by 12 October, 2016.

Date: Friday, 14th October 2016
Time: 4-7pm
Location: Front lawn, Carmel Secondary
Food: Vegetarian Hot Dogs & Dessert provided.
Drinks for Sale





JUNIOR CONCERT

The Junior Concert will be held at
Carmel College Gymnasium

on

Wednesday, 21st September

starting at **6:30pm.**

The Kindy, Pre-Primary and Year 1 students will be performing a play called 'Wise Gerald & Foolish Tide' and the Years 2, 3 and 4 students will be performing 'The Lorax'.

The students have practiced hard for these performances and we encourage you to come along for a great evening.

Please note that students involved in the program need to arrive by 6pm.

Special Photographs Now Online

Following our recent school photography by Kapture, you can now view and order the Choir and School Captains photos taken on the day. When visiting www.kapture.com.au/event.asp you will need to enter our school code under the Sports & Event tab to access the gallery; **Code: 66K25N**



Chapel

Our weekly Chapel and Assembly program is every **FRIDAY** morning from 8:50am to 9:30am.

This **Friday (16th September)**, the program will be co-ordinated by the Year 6 class.

Next week (23rd September)

Cross Country, Market Day and Last Day of Term 3!

All parents are welcome to attend.

Carmel Primary Choir

Livingston Church Visit

The Carmel Primary Choir has been invited to be a part of the Livingston Seventh-Day Adventist Church worship service on Saturday, 15th October from 10:30am to 12:15pm.

Permission forms will be sent home within the next week.

Choir Visits Term 4

Please note these dates on your calendars for Term 4.

Oct 15 – Livingston SDA Church

Nov TBC – Sherwin Lodge (school time)

Dec 2 – Pre-Primary Graduation/Carols

Dec 8 – Speech Night

A huge thank you to all our choir families for your support this term.



Market Day

Straight after Carmel's Cross Country event, Year 5 will be providing a wonderful time for all with our annual Market Day stalls and events.

Once again, Year 5 have chosen to raise funds for a RAW IMPACT project in Cambodia. The money we raise will be used to provide quality milking goats for poor families, so that they can provide nutritious food for their family and also have the opportunity to sell the dairy products to others, allowing them a small income.

How can you help?

Colouring competitions will be available on Wednesday, September 14 and they will be due on Wednesday morning September 21. All entries will need to be accompanied by a gold coin donation. The completed works will be on display at the Junior Concert where there will be an opportunity for gold coin voting for a popular choices vote.

**Please ensure that no name appears on the front of the competition papers.

We are having a multicultural theme this year. Each of the students' stalls will reflect something of a country they have chosen. Prices will range between \$1 and \$10. There will be stalls with **food**, **games** and **activities**, including **pony rides**. There will be a **trash and treasure stall**, with stuffed toys and travel memorabilia, along with other pre-loved quality items.

Once again, our generous teachers will be preparing delicious, healthy **haystacks** for pre-order. Look out for the order forms heading home soon.

So, we encourage you to please send money with your child on Friday, 23rd September so that they can spend money, enjoy themselves AND help make a difference to families in Cambodia.

HAPPY BIRTHDAY TO YOU!

Happy Birthday to the following students who celebrate a birthday in September!

- 3rd - Cal (Kindy)
- 4th - Kaitlyn (Yr 1)
- 7th - Andres (Yr 4)
- 11th - Nick (Yr 4)
- 12th - Hailey (PP) and Edna (Yr 2)
- 20th - Sam (Yr 6)
- 22nd - Claire (Yr 4)
- 27th - Grace M (Yr 4) and Michael (Yr 6)
- 28th - Artina (Yr 4)



We pray that God will bless you in the year ahead.



A huge thank-you to those who donated items for the Fathers Day Stall.

The kids loved being able to pick something special out for their Dad or special someone.

With part of the funds raised, the P&F were able to purchase a photo printer for the school!

Community

Carmel College Church News

Small Groups & Church Service

Come along and join in any of the various age related programs or small groups between 9:30am-10:30am each Saturday. Followed by the church service at 11am. Everyone is welcome!

Upcoming Events

Rollerskating - September 17, at Morley Roller Drome from 7pm-9pm.

International Musicianaries (Eric & Monique) - October 1 at Carmel Church at 11am.

****Fiesta start time is 9:30am not 9am as previously advertised.**



WHEN

3 - 7 October
9:30am - 12pm

WHERE

Bickley Seventh-day Adventist Church
Cnr Broadway and Lawnbrook Roads
Bickley, WA, 6076

COST

\$5 per day
Discount available for families of 4 or more children

AGE

5 - 11 Years Old

BOOKINGS ARE NOT ESSENTIAL BUT ARE WELCOME!
CONTACT JANNINE - MSSELLIS@BIGPOND.COM OR
0409542665



SPRINTING FAST



School Holiday Athletics Clinic for boys and girls aged 8-16 years. Wed 5th & Thu 6th October 2016. WA Athletics Stadium. 8.50am-3pm. \$85 per day. Or \$150 for both days. Includes a Shoe Bag or Cap. Prizes and giveaways. Choose 4 events per day. More Info: <http://sprintingfast.com/>



BRICK TOBER

8th & 9th Oct

Cannington Exhibition Centre.
Sat 8th & Sun 9th October 9am - 5pm. Cost \$8. Family of 4 (min 1 adult) \$25. Booking essential.
www.bricktober.info

KIDS SCHOOL HOLIDAY IDEAS!

scitech

Scitech Science Night

City West, Perth. Thursday 6th October 5.30pm - 8.30pm. Cost: Members \$25 Non Members \$27.

What happens at Scitech once the sun goes down? Science Night is back these holidays with an exclusive after-hours event just for kids.

Explore Scitech's new exhibition Explor-a-saurus, see a show in the Lotterywest Science Theatre, experiment in the CSIRO Lab and take a quiz to test your knowledge. Pizza and drinks will be provided for booked attendees.

Go to www.scitech.org.au for more information and to check out more School Holiday Programs.

AWESOME INTERNATIONAL ARTS FESTIVAL FOR BRIGHT YOUNG THINGS

1-14
OCTOBER

PERTH
CULTURAL
CENTRE



awesomearts.com

Play with Clay Children's Pottery Sessions

Pottery Studio at Whiteman Park.
27th & 28th September, 4th & 5th October 10.30am - 12pm.

Cost: Under 6 \$10, 6 and over \$12. Firing by request \$2 per child (cash only on the day). Booking: Contact Carol (08) 9404 6040 or email potterybycarol@bigpond.com and/or go to www.whitemanpark.com.au

Kids Sports Club, HBF Stadium

Mount Claremont - www.hbfstadium.com.au

For 5 - 12 year olds Kids Sports Club offers days full of cool sporting and recreational activities under the guidance of qualified, experienced and fun instructors. Visit the website to enrol now!

Go to http://www.buggybuddys.com.au/school_holiday_activities_perth_162.html for heaps more ideas!

From our Chaplain...

Did You Know...?

The idea of having a day to focus on fathers was conceived by Sonora Dodd while she listened to a Mother's Day sermon way back in 1909!

Dodd wanted a special day to honour her father, William Smart, a widowed Civil War veteran who was left to raise his six children on a farm. June 19, 1910, was chosen for the first Father's Day celebration, because it was the month of William Smart's birth.

In 2016, Carmel Primary wanted to honour our dads in a special way too and so we held our first ever 'Flanno Friday'. Staff and students donned flannel shirts to honour our dads, grandads, uncles or someone special who has made an impact on our life.

I read there are some advantages to being a man:

1. You know stuff about tanks.
2. You can go to the bathroom without a support group.
3. If another guy shows up at the same party in the same outfit, you might become lifelong friends.
4. One wallet, one pair of shoes, one colour, all seasons.
5. Your mates can be trusted never to trap you with, "So...notice anything different?"
6. You can do your nails with a pocketknife.

Maggie Hamilton writes:

"One of the great bonuses of being a twenty-first century boy (&girl) is that dad is far more likely, than in previous generations to be engaged in your life from birth."

That's positive for our children and it was fabulous to see so many men take the time to come to school last Friday afternoon. The looks on our students faces as they saw their Dad visit their classrooms was priceless.

As a staff we have already discussed how we can improve on 'Flanno Friday' in 2017 to make it more meaningful for both our visitors and students and we're planning that more dads will be there!

In the mean time, we want to say thanks to our dads, our grandads, our uncles and those men who make a difference in the lives of our students. Keep up the great work as this is so very important for our kids!

God Bless,
Mrs Nicola Warchol

Greatness through Service



NAIDOC stands for National Aborigines and Islanders Day Observance Committee. Its origins can be traced to the emergence of Aboriginal groups in the 1920's which sought to increase awareness in the wider community of the status and treatment of Indigenous Australians.

Last week our students enjoyed a wide range of activities throughout the week.

Special thanks to our school parents Mr Beck and Ms Garlett and the other helpers Rodney, Soani, Dana and Jean for all their effort to provide many educational activities for our students.

Also to Marissa and Connie from Bindi Bindi Dreaming who came to talk with the students on Thursday about the Aboriginal seasons, bush tucker and a whole lot of other interesting information too.

"Bindi Bindi means Butterfly in the local Noongar language."



5th September, 2016

Dear Parents,

On Friday September 23rd students will be participating in the Carmel Adventist College Primary Cross Country Event. The aim of the activity and the training leading up to it will be to increase students exposure to fitness activities and the outdoors. This year we will trial a Mountain Bike Time Challenge as part of this event. The regular Cross Country Run will take place first thing in the morning and the Bike Time Challenge will be held last thing in the day. This will allow the students to 'recover' from the morning's run before participating in the ride.

If you have received this form your child/children have expressed interest in participating in a new category of Mountain Biking the cross country race. We anticipate that only a small group will participate this year and NO students will be pressured to participate.

There are a number of pre-requisites:

- Bike safety - see details
- Protective gear - see over for details
- Signed Permission note
- Students need to have demonstrated to Mr Eaton that they are able to complete the course safely. (Mr Eaton will be organising a Sunday morning ride for Sept 17th at 8am on site for students to demonstrate their skill level)
- Students must agree to ride in such a way that they do not force another child from the track or endanger other students.

Please be reminded that all students will still be required to run the event as they have done in previous years, the Mountain Bike option added to the program in the afternoon.

Activity details:

- **Place - Carmel Adventist College Primary School**

Date - Friday 23rd September 2016

Time - 9:00 - 11:00am for the Cross Country Run, 1:30pm-3:15pm for the Bike Challenge

Benefit/Risk Assessment - Moderate risk / high learning benefit

Activities - The students will be doing hands on practical activities.

- The activities will be led by Mr Eaton, Mrs Walchol, Mr Hughes and Mrs Taylor
- **Dress code - Sports Uniform - Or CACP MTB riding jersey if you have one!**

Activity Costs:

- Free

If you wish for your child to participate in the activity, please complete this consent form and return all pages (including this page) to:

Carmel Adventist College Primary - School Phone No. (08) 9291 6399

For further information about the activity, please contact Mr Brydon Eaton on (08) 9291 6399

Yours sincerely,

Brydon Eaton
Music and Sport Teacher

Consent

Please complete the required information and check all appropriate boxes below to indicate your agreement/consent:

I have read all of the information contained in this form in relation to the activity (including any attached material).

I give consent for my child, _____ (print child's name) in class _____ (print class details), to participate in the activity detailed above.

In the event of an accident or illness, I authorise school staff to obtain or administer any medical assistance or treatment my child may reasonably require, including contacting my child's doctor. I have provided the school all relevant details relating to my child's medical or physical needs on enrolment and where relevant have updated this information. I accept liability for all costs incurred in obtaining such medical assistance or treatment (including any transportation costs) and undertake to reimburse the full amount of any costs incurred on my child's behalf. I accept that Mountain Biking is a hazardous experience or activity with varying surface and environmental conditions. It is different from road bicycling in that it is done on partially improved and unimproved trails and roads, as well as on naturally rugged terrain. I also will ensure that my child's bicycle is in good order and adheres to the following conditions.

Bike Conditions:

- Front and Rear brakes in good working order.
- End plugs on handlebars
- Wheel size no greater than 29"

Mandatory Equipment Required

- Australian Standards Helmet
- Closed footwear
- Full-fingered gloves

Recommended Equipment

- Full-fingered gloves
- Kneepads and elbowpads
- Sunscreen
- Protective eyewear
- Long sleeve jersey

Parent/Carer Name: _____ (Please Print)

Parent/Carer's Signature: _____ Date: _____ / _____ / _____

Additional medical information

The school collected medical information about your child at enrolment. This information is stored in SEQTA. Please give full details of any new or changing conditions (medical, physical or management) which may affect your child's full participation in the activity described in the form.

You may also wish to provide the following information*:

Name of child's medical practitioner: _____ Telephone No.: _____

Medicare No.: _____

Private Health Insurance Company (if provided): _____ Membership

No.: _____

Privacy Notice

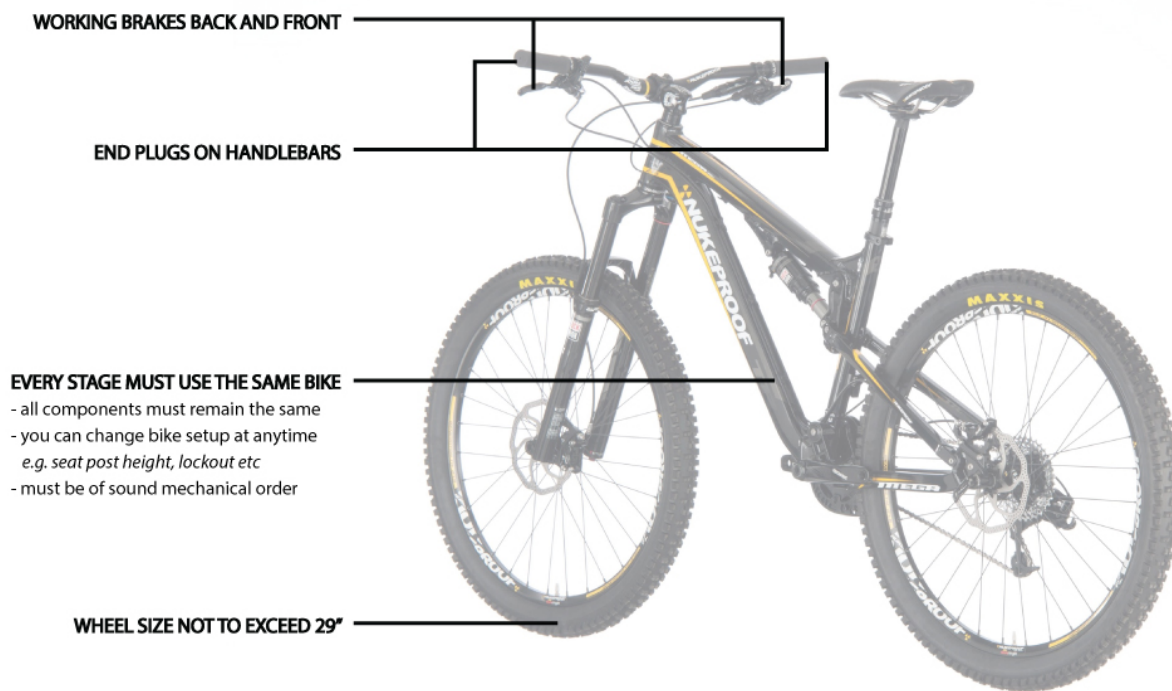
Carmel Adventist College Primary is collecting the personal information requested in this form in order to:

- *obtain lawful consent for your child to participate in the activity;*
- *help coordinate the activity;*
- *respond to any injury or medical condition that may arise during, or as a result of the activity.*

The information will not be disclosed to any other person or agency unless it is for a purpose stated above, the disclosure is authorised or required by law, or you have given CACP permission for the information to be disclosed.

Carmel Adventist College Primary

I will also ensure my child's bicycle will adhere to the following conditions.



ALL BIKES SUBJECT TO RANDOM INSPECTION, AND BIKES NOT MEETING THE MANDATORY REQUIREMENTS WILL BE DISQUALIFIED FROM THE RACE.



Nearer to Nature Community

Bookings and payment

Bookings are essential

Phone *Nearer to Nature* on (08) 9295 2244 (9am to 4pm Monday to Friday).

Payment options

Payment by phone: Visa and MasterCard.

Payment by mail: Cheques or money orders can be made out to *Nearer to Nature*. Please ensure your payment arrives within five working days of making your booking as, due to popularity, we cannot hold places for longer than this.

Cancellations

If you cancel your booking more than two working days before the activity, we will gladly refund your payment or offer a credit voucher (valid for one year). Refunds cannot be made after this time. Once confirmed, your booking is transferable – so if you can't make it, send your friends and family. Please notify us of any changes in attendance.

If we must cancel an activity, we may reschedule or offer a payment refund.

Contact us

Nearer to Nature

The Perth Hills Discovery Centre
380 Allen Road Mundaring (near Mundaring Weir)
MUNDARING WA 6073

Phone: (08) 9295 2244 Fax: (08) 9295 3247

Email: n2n@dpaw.wa.gov.au Web: nearertonature.dpaw.wa.gov.au

 [facebook.com/dpaw2n](https://www.facebook.com/dpaw2n)



Department of
Parks and Wildlife



PARKS
FOR
PEOPLE



Nearer to Nature Community

Sunlit spring 2016



nearertonature.dpaw.wa.gov.au

20160246-0716-1600



Department of
Parks and Wildlife



PARKS
FOR
PEOPLE

Sunlit spring Calendar of activities September–October 2016

Date	Time	ABR	Activity	Loc	Age	Price \$		Discovery Club Price \$	
						Ad	Ch	Ad	Ch
Sun 18 Sep	4.30–7pm	64	Evening song	PHDC	8+	20	16	18	14
Mon 26 Sep	10–11.30am	52	Wander through wildflower land	PHDC	4–7		16		14
Mon 26 Sep	1–2.30pm	46	Sense-ational scavenger hunt	PHDC	7–12		15		13
Tue 27 Sep	10–11.30am	53	Where's wallaby?	PHDC	4–7		16		14
Tue 27 Sep	1–3pm	38	Nature's kaleidoscope	PHDC	7–12		16		14
Wed 28 Sep	10–11.30am	3	Baby bush birds	PHDC	4–7		16		14
Wed 28 Sep	1–3pm	26	Fight or flight	PHDC	7–12		16		14
Thu 29 Sep	10–11.30am	20	Downy ducklings	CREEC	4–7		15		13
Thu 29 Sep	11am–4pm	12	Canning canoeing quest	CREEC	11–14		37		35
Fri 30 Sep	10–11.30am	27	Flutter-by butterfly	PHDC	3–6		15		13
Fri 30 Sep	1–3.30pm	40	N2N spy kids	PHDC	7–12		20		18
Fri 30 Sep	10.15am–12pm	1	Adventure caving	YNP	8–10		32		30
Fri 30 Sep	12.45–2.30pm	1	Adventure caving	YNP	10–14		32		30

Date	Time	ABR	Activity	Loc	Age	Price \$		Discovery Club Price \$	
						Ad	Ch	Ad	Ch
Sat 1 Oct	6.15–8.15pm	65	Nocturnal delights	PHDC	6+	18	14	16	12
Mon 3 Oct	10–11.30am	11	Camouflage capers	PHDC	4–7		15		13
Mon 3 Oct	10am–3pm	9	Bush survival	PHDC	8–12		27		25
Tue 4 Oct	10–11.30am	3	Baby bush birds	CREEC	4–7		16		14
Tue 4 Oct	11am–4pm	12	Canning canoeing quest	CREEC	11–14		37		35
Tue 4 Oct	10–11.30am	43	Powerful pip	PHDC	4–7		15		13
Tue 4 Oct	3pm–10am	6	Big kids campout	PHDC	8–12		38		36
Wed 5 Oct	10–11.30am	5	Beetles, bugs 'n' bush	PHDC	4–7		15		13
Wed 5 Oct	1–3.30pm	NEW	Our home in space	PO	7–12		15		13
Thu 6 Oct	10–11.30am	20	Downy ducklings	YNP	4–7		15		13
Thu 6 Oct	1–3.30pm	23	Eco treasure hunt	YNP	7–12		16		14
Fri 7 Oct	10–11.30am	52	Wander through wildflower land	SS	4–7		16		14
Fri 7 Oct	1–3pm	50	Swamp dwellers discovery	SS	7–12		15		13
Sat 8 Oct	5–7.30pm	NEW	Tunnel by twilight	JFNP	7+	26	22	24	20

Key: ● *Captivate the kids* - weekend activities for children ● *Share the experience* - activities for the whole family



Refer to *Nearer to Nature's* program brochure for full activity details.

What to bring: Water, weather-appropriate clothing and protective elements such as sunscreen and hat. Any other activity-specific requirements will be detailed in your letter of confirmation.

Note: Parents remain on-site for activities unless stated otherwise in program details.

ABR: Annual brochure reference number.

Locations:

CREEC Canning River Eco Education Centre

JFNP John Forrest National Park

PHDC Perth Hills Discovery Centre

PO Perth Observatory

SS Star Swamp

YNP Yanchep National Park