

# Newsletter



**CARMEL**  
ADVENTIST COLLEGE

October 28, 2020 | Term 4 | Issue 17

Be the *change* that you wish to see in the world.

~ Mahatma Gandhi

## The Triple Filter Test

In ancient Greece, Socrates was reputed to hold knowledge in high esteem. One day an acquaintance met the great philosopher and said, "Do you know what I just heard about your friend?"

"Hold on a minute," Socrates replied. "Before telling me anything I'd like you to pass a little test. It's called the Triple Filter Test."

"Triple filter?"

"That's right," Socrates continued. "Before you talk to me about my friend, it might be a good idea to take a moment and filter what you're going to say. That's why I call it the triple filter test. The first filter is Truth. Have you made absolutely sure that what you are about to tell me is true?"

"No," the man said, "actually I just heard about it and."

"All right," said Socrates. "So you don't really know if it's true or not. Now let's try the second filter, the filter of goodness. Is what you are about to tell me about my friend something good?"

"No, on the contrary..."

"So," Socrates continued, "you want to tell me something bad about him, but you're not certain it's true. You may still pass the test though, because there's one filter left: the filter of usefulness. Is what you want to tell me about my friend going to be useful to me?"

"No not really ..."

"Well," concluded Socrates, "if what you want to tell me is neither true nor good nor even useful, why tell it to me at all?" This is why Socrates was a great philosopher & held in such high esteem. May we all use such filters!

<http://www.dailytenminutes.com/2015/05/story-of-socrates-triple-filter.html>

## Events Calendar

### OCTOBER

Week of Worship.....Oct 26 - 30

### NOVEMBER

Combined Schools Sport Day....Nov 6

Orientation Day.....Nov 20

### IMPORTANT

Please take the time to read the Combined Schools Sport Day Information on page 2 and 7.

Thank you!

# Combined Schools Sport Day



We encourage families to come along and support the students at the annual Combined Schools Sports Day on Friday, November 6.

This event will be held at the Gerry Archer Athletic Field, Abernethy Road (cnr Leach Hwy), Cloverdale.

All students from Pre Primary to Year 6 are expected to participate in this event. **NOTE:** This will be a normal school day for 4YO Kindy students.



## Transportation Information

To inform us of your child's transportation requirements, we encourage you to submit your request through the Skoolbag app.

We have an eForm which enables you to provide all the information required. Select 'EFORMS' and click on '2020 Combined Sports Day - Transportation'.

A hardcopy was sent home with your child last week. Please submit your requirements through the Skoolbag app or return the form to Narelle at the front office by **THIS Friday, 30th October**. Thank you.



## Parent Information

To assist with the smooth running of the Combined Schools Sport Day, please read the important information on page 7 of the newsletter.

This contains information about buses, lunch, arrival & end of day procedures, seating, and emergency contact information. Please take the time to read this.

The Sports Day program will be available under 'Events' on the Skoolbag app (available November 6).

## Parent Helpers Needed

We require parent helpers to help with the sport events and/or assist our teachers with the different aged groups, as they walk around and participate in the various sport activities throughout the morning.

If you can assist, please call us or email [primary.admin@cac.wa.edu.au](mailto:primary.admin@cac.wa.edu.au).



## COVID-19 IMPORTANT INFORMATION

There are some guidelines that we must comply with to ensure our Combined Schools Sport Day meets COVID Stage 4 standards.

- Please do not attend if you are unwell.
- All people attending must sign in (providing name and contact phone number). To assist with this process, we have requested the names of family/friends that may be attending to be provided when submitting your child/ren's transportation requirements (through Skoolbag app or hardcopy form).
- All people attending must use hand sanitiser as they enter the athletic field.
- **There will be 'marked' seating areas for family/friends. Students are to stay with school group until end of day.**
- Physical distancing guidelines of 1.5 metres must be maintained at all times for people who are not part of your immediate household.
- PLEASE follow the physical distancing guidelines that state we should not shake hands, hug friends etc.

If the COVID-19 situation in WA changes, the event may need to be modified or even cancelled.



# General Information

## Lacrosse on Mondays



Lacrosse commenced on Monday and will conclude on Monday, November 23.

ALL students need to wear their sports uniform on Mondays (and on their normal sport day) for the next 4 weeks. Thank you.

## Cubby House Renovations

We are looking for anyone with expertise in laying new lino in the cubby house. This work would result in the \$60 Maintenance Fee for Semester 2 being reversed. Please speak to Janine Taylor or Narelle Duncan.

## Thank you to our School Banking Co-ordinator



We would like to say a big thank you to Mrs Chanrin Stanton who has volunteered as our School Banking Co-ordinator since 2018! Chanrin will be finishing as our Co-ordinator on 17 November.

We would also like to welcome Mrs Rebecca van Moorsel as our new School Banking Co-ordinator!

Our School Banking volunteers are vital in helping students practice saving regularly.

## Scholastic Book Orders

The latest Scholastic Book Club catalogue has been given to your child/ren. Check out the bonus Christmas titles inside!

Order online or give your order form and money to the front office. Orders are due back by THIS Friday, October 30.

For every Book Club order placed, Scholastic gives 20% of the order value back to our school to spend on valuable educational resources, and more books via our Scholastic Rewards program.

## ORIENTATION DAY

20 NOVEMBER 2020



### Orientation Day is on Friday, November 20.

This is an opportunity to invite new families along. New students have the opportunity to visit our school for a day, where they can have a look around, participate in their classes and meet their new teacher and classmates.

Share the good news about Carmel with your family, friends and work colleagues and encourage them to book their place for Orientation Day.

### Carmel Primary

The primary school has a specific half-day program for prospective Kindy students. Students in Pre-Primary to Year 6 are also invited to attend for the day and spend it with their appropriate class. All students in our school will be advanced into the grade that they will be going into next year.

Please contact Narelle in the Front Office on 9291 6399 for further information or email [primary.admin@cac.wa.edu.au](mailto:primary.admin@cac.wa.edu.au)

### Carmel Secondary

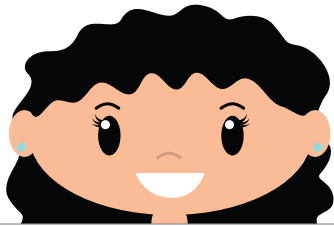
At the secondary, the day is aimed at Year 6 students transitioning into high school in 2020. The students participate in a specialised program where they will experience:

- Wood Work
- Cooking
- Science Experiments
- English Olympics
- Sports Games

Morning tea is provided for parents where they will have the opportunity to meet each other and speak with the Principal, Mr Nicholas Thomson and Deputy Principal, Mrs Jessica Foster.

Please contact Julie McCutcheon at Reception on 9293 5333 for further information or email [julie.mccutcheon@cac.wa.edu.au](mailto:julie.mccutcheon@cac.wa.edu.au)

**Congratulations to our...  
2020 Cross Country Run and  
Mountain Bike Medal Recipients**



**2020 Cross Country  
Result Correction**

The Year 4 Cross Country  
Silver Medalist is Hailey R.  
Congratulations!

We apologise for this  
error.



**Chapel**

We have our weekly Chapel program on FRIDAY morning from 8:50am to 9:30am.

This **Friday (October 30)**, there will be NO chapel in the morning. We encourage you to join us in the afternoon at 2:30pm for our final Week of Worship program.

**Next week (November 6)**...NO chapel due to the Combined Schools Sport Day.

**We hope you can join us!**

**Week of Worship**

**October 26 - 30**

Week of Worship commenced on Monday! This is a memorable week in the spiritual life of your child/ren. Our chaplains, Andrew & Robyn Olsen will be speaking. This year's Week of Worship theme is...Friendship!

Each afternoon from 2:30pm we will hold a Chapel program in our Multipurpose Room where our chaplains will share a special talk with us.

We encourage parents to join us



## Sharing a Hills Christmas



Sharing a Hills Christmas Is a combined initiative of local Churches, schools and business that band together to help people in need at Christmas time within the Kalamunda region.

### WAYS YOU CAN HELP

Donate: This year Carmel Adventist College Primary would like to donate:

- Pasta
- Rice
- Desserts (not Christmas cake/pudding- as they are all supplied)

\*All donations can be placed in the Christmas box located in the Front Office by December 11.  
[Remember to avoid glass jars]

If you would like to help further...help sort/pack/deliver: from Thursday the 17th until the 20th of December. Volunteers of all age are encouraged to come help. The entire hamper production is hosted by the Kalamunda Church of Christ over the week.

Contact the wonderful leader Peggy Mews on 9454 5776, 0448 812 534 or email [peggymews@bigpond.com](mailto:peggymews@bigpond.com).

## VacSwim

Enrolments are now open for VacSwim swimming lessons during the summer school holidays.



VacSwim in January offers fun lessons at beach or pool locations during the long break. Not only are they a great school holiday activity, they teach valuable safety skills to help keep your child safe in the water.

Your children can start as young as five years old.

Don't wait! Enrol your children in VacSwim now at [education.wa.edu.au/vacswim](http://education.wa.edu.au/vacswim)

## Containers for Change

Following the recent launch of the Containers for Change refund scheme, Carmel Primary see the importance of educating students on the importance of recycling. We also see this as a great sustainable fundraising initiative!

Students will be encouraged to recycle any containers such as liquid paperboard, cans and plastic beverage containers.



## Year 4 Kings Park Excursion



# Church & Community News

## CARMEL CHURCH IN THE PARK

**When: 31st October**  
10am (for a 10:30am start)

**Where: Stirk Park (near pond)**  
Kalamunda



**What to bring: Rug/chairs, lunch, snacks and drinks.**

**Please note: church will be closed for the day.**

## Carmel SDA Church

Come along and join in any of the various age-related programs or small groups between 9:30am-10:30am each Saturday followed by the church service at 11am. Everyone is welcome!

## ELEMENTS



## SUMMER CAMP 2021

TEENS: 12TH - 17TH JAN  
JUNIORS: 19TH - 24TH JAN

Summer Camp Applications are out!  
Location: Linga Longa  
Dates: Teens: 12-17<sup>th</sup> January; Juniors: 19<sup>th</sup> - 24<sup>th</sup> January  
Cost: Early bird: \$300; late fee: \$320  
Link: [wa.adventist.org.au/events](http://wa.adventist.org.au/events)

## LIVINGSTON FAMILY QUIZ NIGHT

Gather the gang and have some fun!

**7pm, Saturday, Nov 7 | \$10pp**

Book tickets at  
[www.trybooking.com/BLWMN](http://www.trybooking.com/BLWMN)

It's a night of fun for the whole family, so book your tickets quick!

FREE movie for the kids!  
Lots of prizes, food & drink!

All proceeds raised goes to Light of Hope School a Christian Education facility for children in Cambodia.

## Upcoming Excursions or Incursions

|   |        |
|---|--------|
| Kindy & Pre Primary Cuddly Animal Farm Excursion..... | 9 Nov  |
| Pre Primary & Year 1 Safety School Excursion.....     | 11 Nov |
| Year 2 & 3 Safety School Excursion.....               | 12 Nov |
| Year 2 History Village Excursion.....                 | 17 Nov |
| Year 4 Fremantle Excursion.....                       | 3 Dec  |
| Year 6 Adventure World.....                           | 3 Dec  |

## Pre-Loved School Uniforms

Go to our 'Carmel Adventist College Primary & Secondary – Buy, Sell or Swap'. This page is for both Primary and Secondary Uniforms. Simply click the 'JOIN GROUP' button and Admin will get you off and running.



Like us on Facebook for regular information, updates and photos.  
Search for Carmel Adventist College Primary.



...to the following students who celebrate an upcoming birthday!

|                        |                      |
|------------------------|----------------------|
| <b>Eva (Yr 5)</b>      | <b>Jenae (Yr 4)</b>  |
| <b>Isabella (Yr 5)</b> | <b>Trinay (Yr 4)</b> |
| <b>Teshi (Yr 3)</b>    | <b>Enoch (Kindy)</b> |

Have a wonderful day and we pray that God will bless you in the year ahead!

## School Term Dates 2020

Term 4      Tuesday, October 13 – Friday, December 11

## School Term Dates 2021

|        |   |
|--------|---|
| Term 1 | Monday, Feb 1 – Thursday, April 1 (TBC) |
| Term 2 | Tuesday, April 20 – Friday, July 2      |
| Term 3 | Tuesday, July 20 – Friday, September 24 |
| Term 4 | Tuesday, Oct 12 – Friday, December 10   |



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w. [www.carmelcollege.wa.edu.au](http://www.carmelcollege.wa.edu.au)



### **DON'T MISS THE BUS**

Students traveling by bus to the field will need to be at school **ON TIME**. The buses cannot wait for students arriving late. Buses will be leaving the school at **8.50am SHARP!**

*Students travelling directly to the field need to be there by 9.00am.*

### **LUNCH**

All Carmel students need to stay with the Carmel school group for lunch.

**Please note:** All students need to hand their ribbons/cards to the Carmel Teachers as soon as they have finished the morning events. These will be returned back to students at school the following week.

### **IMPORTANT COVID NOTE**

#### **SEATING**

There will be 'marked' seating areas for family/friends. Students are to stay with school group until the end of day.

#### **CANTEEN NOT AVAILABLE**

Unfortunately, due to COVID, it is not possible to run a canteen on the day.

#### **EMERGENCY CONTACT**

If an emergency arises on the day, and your child is unable to attend, please contact Mrs Duncan on 0488 119 945

# **Parent Information**

## **Combined Schools Sports Day**

The Combined Schools Sports Day will be held on Friday, November 6 at **Gerry Archer Athletic Field, Abernethy Road (cnr Leach Hwy), Cloverdale.**

### **ARRIVING...**

For parents transporting their children directly to the field, please note the following: **Students need to be at the track by 9am.**

Please report to **Mrs Blagden** upon arrival to collect your card. **Mrs Blagden** will show you which area to put your bag in and also where to line up for the opening announcements.

Students need to be supervised by their parents prior to the commencement of the program. Carmel will only have two or three staff members at the grounds and they will be busy setting up for the various events. The rest of the staff will be travelling to the field on the buses with the students. Please note that children are NOT allowed to play on the tracks or with sporting equipment before the official event starts.

### **END OF THE DAY PROCEDURES...**

All Carmel students are required to stay in the assigned Carmel area until checked off the attendance list. Teachers signing off students will be wearing their 'High-Vis' vests. All students belonging to one family need to be signed off together. Please be grouped together before coming to be checked off.

#### **Students Travelling Home by Car**

These students will need to be signed off by **Mrs Keating** and **Mrs Hort**

#### **Students Travelling Home by School Bus**

These students need to be signed off by **Mrs Blagden** or **Mrs Pearson**

#### **Leaving Early**

If you need to take your child from the Sports Field BEFORE the conclusion of the program, please ensure that you have your child/ren's name checked off PRIOR to leaving. **Mrs Duncan** is the designated staff member to see about this.

*If you indicated one thing on your transportation forms previously sent in and then change plans on the day, please see **Mrs Duncan** during the lunch break to let her know so that our lists can be modified.*









Operation Christmas Child (OCC) is a very special Samaritans Purse project that co-ordinates the delivery of shoeboxes full of gifts to the poorest of poor children throughout third world countries. Carmel Adventist primary is happy to support this project giving hope and love to people in need. It is a wonderful opportunity for us all to be involved with.

The simplicity of OCC is shoeboxes are filled with essentials and fun gifts for children to receive close to Christmas and therefore spreading the joy of God's love throughout the world. It gives an opportunity for people of all ages to be involved in a simple but hands on project that has the power to transform a child's life.

As part of Carmel Adventist Primary's support of this project we would like to encourage all class rooms to take part in the collection of items to fill shoeboxes. Below is a number of suggested gifts for students in each classroom to donate for both boys and girls.

| Class Room            | Items to donate for Boys and Girls   |
|-----------------------|--|
| Kindy and Pre Primary | Something to love – soft toy, doll or teddy  |
| Year 1                | Something for school – note pad, pencils, pencil case, chalk, coloured pencils, any stationary items |
| Year 2                | Something for school – note pad, pencils, pencil case, chalk, coloured pencils, any stationary items |
| Year 3                | Something to play with – marbles, tennis ball, skipping rope, yo- yo, slinky                         |
| Year 4                | Something special – stickers, craft kit, bangles, sun glasses, material carry bag                    |
| Year 5                | Something for hygiene – toothbrush, hair clips, comb, brush, soap (no liquids)                       |
| Year 6                | Something to wear – thongs, underwear, cap, t shirt or sandals                                       |

Please note all items must be new and NOT used and NO battery items or liquids can be sent. Most importantly the items must be able to fit inside a shoebox.

If you're unable to donate any of the above items a small monetary donation would be greatly appreciated. Each shoe box costs \$10 in delivery fees to ensure even children in remote areas receive a shoebox.

The more items we receive, the more shoeboxes we can fill and hopefully assist with changing children's lives. The closing date for the items is Friday 6<sup>th</sup> November 2020.

For more information please log on to [www.samaritanspur.org.au/operation-christmas-child/](http://www.samaritanspur.org.au/operation-christmas-child/) phone 1800 684 300 or contact Felicity Shipard on 0438 647 061. Brochures for Operation Christmas Child are also available at Reception.



**NEXT** COMPETITIVE TENNIS TRAINING

**LEVEL**

PRESENTS

# TENNIS SEASON

Junior squads

high performance  
squads

Social tennis

Private lessons

*Kalamunda tennis club*



Coach Matias

[nextlevelctt@gmail.com](mailto:nextlevelctt@gmail.com)

0428487713