

#### LIFE IS A GIFT

Today before you think of saying an unkind word – think of someone who can't speak. Before you complain about the taste of your food – think of someone who has nothing to eat. Before you complain about your husband or wife – think of someone who is crying out to God for a companion. Today before you complain about life – think of someone whose life was cut tragically short. Before you complain about your children – think of someone who desires children but they're barren. Before you argue about your dirty house, someone didn't clean or sweep – think of the people who are living in the streets. Before whining about the distance you drive – think of someone who walks the same distance with their feet. And when you are tired and complain about your job – think of the unemployed, the

#### **EVENTS CALENDAR**

March 2 - Labour Day Public Holiday

March 9-11 - Year 6 Camp

March 25 - Parent/Teacher Interviews

April 2 - End Term 1

April 2-6 - Easter

April 20 - Term 2 Commences

disabled and those who wished they had your job. But before you think of pointing the finger or condemning another – remember that not one of us is without sin and we all answer to one maker. And when depressing thoughts seem to get you down – put a smile on your face and thank God you're alive and still around.

Life is a gift - Live it. Enjoy it. Celebrate it. And fulfill it.

#### **UNIFORM SHOP**

Please note that for February the uniform shop located here at the Primary school will be open on Friday only from 8.45 -9.30am OR by appointment. Please try to organize your uniform shopping around this time.

#### **ACTIVE AFTER SCHOOL SPORTS**

We have been informed that there are changes to the AASS program this year. We are still waiting to hear what these changes include. As such, the start of the Active After School Sport Program has been delayed this term. We will inform you as to when it will begin.

#### **CHECK OUT OUR NEW WEBSITE!**

Our new website is now up and running. This website is for both the high school and the primary school. We plan on posting events and calendars regularly on the website (all primary school links/boxes are GREEN) so if you are unsure about anything, try looking there first.

Take a moment to check it out now!

www.carmelcollege.wa.edu.au/



#### SCHOOL FEES

Fee statements were posted out last week. If you have not yet received your fees please contact the school to confirm we have your correct address on file. Enclosed with your fees was a Blue 2015 Fee Payment Commitment Form. Please ensure that you return this form ASAP. Thank you to those parents who have already returned them. The form needs to be returned regardless of what option you have chosen and how you plan on paying your fees. Failure to return the form will automatically require full payment on your account by the 24th of February. Narelle's days at the school remain unchanged (Thursday and Friday) should you have any questions please feel free to either call her or email her at narelleduncan@adventist.org.au.

#### NAPLAN INFORMATION

An information brochure for NAPLAN has been sent home today to all Year 3 and 5 students. If you would like to seek an exemption for your child from this year's NAPLAN testing, please phone and speak to Janine.

#### **SKORT**

The sport Skorts have arrived in all sizes EXCEPT 4 & 6. The rest should arrive next week. You can purchase yours for \$20 from our uniform shop.



#### **HELP NEEDED**

We have just had the delivery of 7 new trees for our front garden and they need to be planted as soon as possible! If you can assist us with this job, please call the office.

#### **PLAYGROUP**

All 0-5 year olds and their parents/carers are welcome at Carmel Church between 9-11am. Please note we will alternate running it on a Wednesday and Thursday. The Wednesday session is going to be more aimed at those with 0-3 year olds although older children are welcome. Please bring a piece of fruit to share for morning tea. Dates for term one:

Feb 11 (W), Feb 26 (Th), March 11 (W), March 26 (Th) Contact Rochelle on 0423 126 324 or Shani on 0409 881 906 if you have any questions.

#### **EASTER CAMP**

The annual Adventist Easter Camp Convention will be held on April 2-6. This is an event for the whole family, where spiritually focused, age specific meetings and activities are held.

If you would like to stay at the SDA Maida Vale camp ground for the duration of the weekend, please call into the office to pick up an application form.

Activities application forms (for ages 7-9, 10-12 and High School age) will be available online in the near future.

Go to http://wa.adventist.org.au/easter-camp

#### PRIVATE COOKIE DOUGH FUNDRAISER

My name is Marcus Henderson and I am in year 4 at Carmel Primary. I play Ice Hockey with 'Perth Thunderbolts' and I am travelling to Singapore in March to take part in the Singapore Ice Dragons International Ice Hockey Tournament. It is a great opportunity. But I need to raise the money to get there. If you would like to help me raise the money by buying some Cookie Dough, please call into the office and put your name and what you want on the order sheet. If you've got any questions, you can call my mum, Barb on 0412 790 261. Thank you very much!!!



#### **LUNCH ORDER DAY**

On Friday, Feb 27 we are offering a Subway Meal Deal for students. The meal includes a 6" sub, a cookie and a drink. Meals cost \$7. Order forms are attached to the Newsletter or available from the office. All orders (WITH CORRECT MONEY) need to be returned by Tuesday, Feb 24.

## HAPPY BIRTHDAY TO YOU

The students celebrating a birthday in February are:

Jasper Siemienowicz (2), Siena Shipard (6), Andreas Mubi (6), Zeke Stafford (7), Faith Sheldrick (11), Lydia Fui (18), Grace O'Meara Smith (21), Ehlana Lloyd-Reynolds (22), Dylan Konomba (24), Madison Sauzier (26) and Cooper Kinghorn (27).

We pray that God will bless you all in the year ahead.

#### **CHAPLAIN'S NEWS**

Last week at Chapel our School Captains introduced our Chapel theme for this Term - Carmel Random Acts of Kindness – **CRAOK.** 

Building a culture of kindness in our school community is important. At home we teach our children about sharing, caring, helping and giving. Kindness at Carmel incorporates these into an important value that we all can share. This year we will be working through, and building on, our school values system.

Our aim is to encourage your child/ren to enjoy life, learning, themselves and others for a positive future.

The Chaplaincy program is designed for student welfare and to build resiliency in students. This Program is available for all members of the school community - staff, students and their families.

Another important part of the program provides pastoral care and spiritual guidance while respecting other faiths and differing spiritual beliefs. The State Government under the National School Chaplaincy Program and the Western Australian Conference of the Seventh-day Adventist Church jointly fund the program here at Carmel Adventist Primary. If you do not wish for your child to be a part of the Chaplaincy service then please contact the Chaplain Tharren Hutchinson at Thutchinson@adventist.org.au or by phone 0407 006 751.

#### **CHAPEL**

Please note that we have our weekly Chapel and Assembly program every **FRIDAY** morning from 8.50am to 9.30am. All parents are welcome to attend.

#### **LIBRARY NEWS**

Koorong Kids Book Club orders are due by week 6, Thursday 12th March.



### **COMMUNITY NEWS**



#### **WORLD'S LARGEST ASTRONOMY LESSON**

28 February 2015 6:30pm – 9:30pm Maida Vale Reserve

The Shire of Kalamunda in partnership with the International Centre for Radio Astronomy Research (ICRAR), Astronomy WA, the Perth Observatory and Scitech is hosting an official attempt at the World's Largest Astronomy Lesson on Saturday 28 February 2015 from 6:30pm - 9:30pm at Maida Vale Reserve.

All members of the community, young and old, are invited to register for this free event.

Registration: www.kalamunda.wa.gov.au/Events/2015/ February/World-Record-Attempt-Largest-Astronomy-Lesson-

Facebook: www.facebook.com/AstronomyLesson2015

Twitter: https://twitter.com/Perth Hills

# Relationships Australia

#### **Parent Child Connection**

Thursday 12 March x 4 weeks at 22 Southport Street, West Leederville. 6.30-9pm

Cost - \$50 per person/ \$75 per couple.

Raising children should be one of life's greatest experiences, but as any parent knows, it is not an easy task. People with children under ten are invited to this four-week course to learn new skills, feel better about their parenting and gain confidence. For further information please phone 9489 6322.

#### **Understanding Stepfamily Relationships**

A weekend course – 13th 14th 15th March Held at 22 Southport Street, West Leederville Cost - \$75 per person/ \$120 per couple.

Stepfamilies and blended families operate in a different way to intact biological families. The dynamics of a stepfamily are more complex and there is a need for special understanding and management from both biological and stepparents working together for a healthy stepfamily growth to happen. For further information please phone 9489 6322.

# Relationships Augralia

#### **Rock and Water Programme**

Saturday 21st March

held at West Leederville Primary School 8.30-12.30

Cost - \$50 per pair.

Physical exercises are constantly linked with mental and social skills. The Rock and Water program leads from simple self-defence, boundary and communication exercises to a strong notion of self-confidence. The program offers a framework of exercises and ideas to assist boys and girls to become aware of the purpose and motivation in their life. Topics include: intuition, body language, mental strength, empathic feeling, positive feeling, positive thinking and positive visualising. For further information please phone 9489 6322.

#### **Dads Raising Teenage Girls**

Thursday 19th March 6.30-9pm

Cost - \$25

The father-daughter relationship is particularly important during the teenage years to help girls navigate this difficult time. Find out how you can build a more rewarding relationship with your teenage daughter. For further information please phone 9489 6322.

#### Kids and Today's Technology

Wednesday 11th and 18th March at Fremantle and 23rd and 30th March at West Leederville Cost - \$35 per person/\$50 per couple.

Technology is now being used by very young children and most teenagers are proficient users of many aspects of technology. Your knowledge of what's out there, how it's being used and how you manage it in your home will have a direct impact on your kids' learning and safety. For further information please phone 9489 6322.

#### Fathering after Separation

Thursday 26th March 6.30-9pm

Cost - \$25.

It's important for fathers to distinguish between their parenting role and the relationship break-up. This seminar is held in a male-only environment, suggests ways in which fathers can keep in touch with children, even if hindered by formal access arrangements. For further information please phone 9489 6322.

### **NEWSLETTER DISTIRBUTION**

As from the next issue of our Newsletter we will ONLY be sending them electronically—via email. If you would like to continue to receive your Newsletter in the paper format, you will need to fill out your details on this form and return it to the office by Tuesday, March 2.

| FAMILY NAME   |             |
|---|-------------|
| CHILD NAME  | YEAR        |
| I would like to receive my school newsletter in paper   | per format. |
| If you have not received this Newsletter via email, please contact the school to verify your email address. |             |

| Subway Forrestfield Phone: 9359 4276 Fax: 9453 6268   |                          |
|---|--------------------------|
| Name:   | Year:                    |
| Vegie Delight Roll ONLY COST \$7.00 (Paid: Yes No )   |                          |
| Please indicate your preferences below by circling what you would like included                       | in your roll.            |
| Bread: White Wheat Cheese: Yes No Salads: Lettuc  | e Tomato Cucumber Carrot |
| Sauce: Yes No Type  |                          |
| Drinks: Water Juice box 1 COOKIE INCLU  | JDED                     |
| FRIDAY, FEBRUARY A (Orders accepted NO LATER THA  Subway Forrestfield Phone: 9359 4276 Fax: 9453 6268 | 27                       |
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| Sauce: Yes No Type  |                          |

1 COOKIE INCLUDED

**Drinks:** Water Juice box