



Be the *best version* of you.

## Eric "The eel" Moussambani

12 months before Sydney's 2000 Olympic Games Eric Moussambani had never set foot outside of his home country, the tiny nation of Equatorial Guinea where most citizens get by on less than one dollar a day.

Having secured his entry into the Games with the help of a wild card, Moussambani set about teaching himself to swim. The only pool available belonged to a local hotel, and they allowed him to use it between 5 and 6am, just three times a week. Before Sydney he had never set eyes on an Olympic pool, let alone swum in one.

Moussambani had no coach, no lanes, and no way of tracking his efforts. His training was further hampered by a communication breakdown that led him to believe he had been entered into the 50m race, not the 100m endurance test he would actually be competing in.

### Calendar - Term 1

Swimming Lessons (PP-Yr 6).....	Mar 8-19
Parent/Teacher Interviews.....	Mar 24
Year 5 Zoo Excursion.....	Mar 29
Year 6 Canning River Eco Education Centre Excursion.....	Mar 30
School Photo Day.....	Mar 31
Term 1 Concludes.....	Mar 31
Student Free Day & Staff PD.....	Apr 1
Easter Long Weekend.....	Apr 2-5

## "It was the slowest time in Olympic history, but a personal best"

When the day came, events only got stranger. Of the three swimmers in the qualifying heat, Moussambani was the only competitor not to be disqualified for starting early. He now had to swim alone, against the clock, before 17,000 spectators to be in with a chance of qualifying for the final.

The underdog captured the hearts of the Australian audience, and although he flagged in the second half of the race, with commentator Adrian Moorhouse remarking that "this guy doesn't look like he's going to make it", he completed the heat with a time of 1 minute and 53 seconds.

It was the slowest time in Olympic history, but a personal best.

continued

# GENERAL



## NAPLAN Information

We do encourage all students to take part in the NAPLAN testing. If you would like to seek an exemption/withdrawal for your child from this year's testing, please urgently speak to Mrs Janine Taylor or your child's classroom teacher.

Applications for exemption/withdrawal need to be returned by Wednesday, 31 March.

## Sporting Schools (After School Sports)

Netball and volleyball will conclude on Wednesday, March 24.

Thank you for supporting the Sporting Schools program this term.

## Scholastic Book Orders

The latest Scholastic Book Club catalogue has been given to your child/ren.

Order online or give your order form and money to the front office. Orders are due back by Wednesday, March 17.

For every Book Club order placed, Scholastic gives 20% of the order value back to our school to spend on valuable educational resources, and more books via our Scholastic Rewards program.

## Swimming Certificates

Swimming certificates will be sent home with your child/ren the week after swimming concludes. A copy will also be kept for our records.

## Swimming Lessons

Swimming Lessons commenced this week and will run for 2 weeks (concluding on Friday, 19 March).

During this time, we request that ALL students wear their Sport uniform to school every day. They need to bring their swimwear, towel, goggles and thongs or shoes in a waterproof bag to school in the morning.

**PLEASE ENSURE THAT ALL ITEMS OF CLOTHING ARE CLEARLY LABELLED.**

### LESSON TIMES

(NB. Bus return times are approx.)

**PP, 1, 2 & 5**      Bus leaves 12:15pm  
Lesson 12:50pm  
Arrive back to school ~ 2:00pm

**Yr 3, 4 & 6**      Bus leaves 1:00pm  
Lesson 1:35pm  
Arrive back to school ~ 2:50pm

Swimming lessons are held at the **Belmont Oasis Leisure Centre, Progress Way, Belmont**. Spectators are charged an entry fee at the pool.

If for any reason you need to collect your child from Belmont Oasis, please speak directly to your child's teacher BEFORE-HAND and confirm in writing. Any child not collected by a parent by the time the bus leaves, will be returned to the school on the bus. NO child will be left at the pool unattended.

## Canteen Lunch Orders

Just a reminder that there will be NO lunches available to order from Walliston Deli while swimming lessons are on. Please ensure a packed lunch is provided.

Lunch orders can be made again from Friday, 26th March.



# Parent / Teacher Interviews

Wednesday, March 24 | 3:45pm – 8:00pm



Parent/Teacher Interviews will be taking place from 3:45pm – 8:00pm on Wednesday, March 24.

This is an opportunity for you to briefly sit down with the teacher/s of your child/ren and have a talk about their progress so far this year. We strongly encourage all parents to attend.

\*Interviews will take the place of an interim report, as we believe they provide far more information.

The online interview booking program (SOBS) will be open for bookings from 5pm this afternoon, Wednesday, March 10. Bookings will close at 12pm (lunchtime) on the day of Parent/Teacher Interviews.

Mr Eaton will be available for Parent Teacher Interviews until 5pm. You can book your interview time with him through SOBS.

**WE ENCOURAGE YOU TO MAKE YOUR BOOKING AS SOON AS POSSIBLE TO SECURE YOUR PREFERRED TIME.**

The system will only allow you to make 1 booking per child per teacher. Please note that no double appointment times will be accepted. If you make a mistake, or just change your mind with your chosen time, just click on your previous booking (which should cancel it) and then make your new booking.

We have allocated 10 minutes per interview. If you require a longer interview or a different time, then please feel free to contact the teacher directly via email.

## How to book...

Copy and paste the following link into your address bar: <https://sobs.com.au/pt3/parent.php?schoolid=945>

Follow the prompts to make your booking.

Grey places indicate available timeslots.

cont.

International media dubbed him 'Eric the eel' and he was hailed as the embodiment of the Olympic ideal that it's not the winning, but the taking part that counts.

When he was interviewed, still dripping from his exhausting feat, Moussambani remarked; "The first 50 metres were OK, but in the second 50 metres I got a bit worried and thought I wasn't going to make it. Then something happened. I think it was all the people getting behind me. I was really, really proud. It's still a great feeling for me and I loved when everyone applauded me at the end. I felt like I had won a medal or something."

Moussambani is now the head coach of the Equatorial Guinea swimming squad and thanks to his efforts, the country has since built two 50m swimming pools.

<https://www.readersdigest.co.uk/inspire/life/7-inspiring-olympic-heroes-who-beat-the-odds>



'Eric the eel'

Fee statements  
were sent home  
on Monday  
with the  
oldest sibling.

## SCHOOL PHOTO DAY IS COMING!

Our school photo day is on the last day of Term 1, Wednesday, 31 March!

This year we have selected 3P Photography to take our school photos.

We encourage you to take a moment to look at the Online Purchasing Guide by clicking on the following link: <https://schoolphotos.3p.net.au/online-purchasing-user-guide/>

Individual Order Forms have also been sent home today with your child/ren. Please also read page 9 of the newsletter for more information about this day.

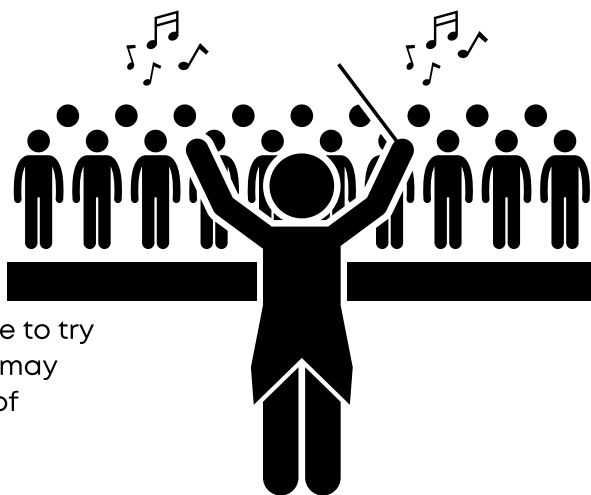
All students will be photographed individually on photo day for school administration records AS WELL as included in their class group photo available for purchase to all families. Should there be any reason why your child should NOT be included in the photo shoot - please contact the school office.



## Vocal Group

### An opportunity for students in Years 4-6

Carmel Primary has often had a choir in the past. At times student involvement in the choir was voluntary and at other times it was included as a compulsory part of the Arts Curriculum. However, as all students are currently involved in Music Lessons, it has been challenging to find extra time for a choir. We would like to try something new this year. At the moment the project is small but it may grow in the future depending on the level of interest and number of students who wish to be involved.



We plan to start with small vocal group and the rehearsals will commence after swimming lessons are completed. The group will have a maximum of 20 members from students in Years 4-6. Each student will be auditioned so that we can assign appropriate vocal parts (20 is the maximum number that can fit on the available bus for visits off site).

Students in Years 4-6 have already been informed during class and quite a few have expressed a desire to know more or to be involved. We wanted parents and carers to know a little more about our plans so that when your son or daughter comes home talking about it, you know exactly what we have in mind. Also, we recognise that when students make a commitment like this, parents are often involved in helping the student keep the commitment.

If you have further questions or would like to know more about how this group will work, please either email Mr Eaton at [brydon.eaton@cac.wa.edu.au](mailto:brydon.eaton@cac.wa.edu.au) or ring the office to make a time to have a chat with him.



#### Terms & Conditions:

1. Principal's permission is required for the school to participate
2. At least 5 supporters to sign up to the school

## Join our Support Our Schools Program (SOS)

Gilbert's Fresh Market will donate 1% of the money spent by you to your nominated school every time you shop with us.

Sign up at the checkout and simply present your SOS card for scanning each time you shop to earn funds for your school.

Available to all customers. Get your community involved and help our local schools.

#### No restrictions on what schools use the funds for -

- new resources & equipment
- improving school grounds and amenities
- subsidising excursions & camps for all to attend etc



Open 7 days  
[www.gilbertsfresh.com.au](http://www.gilbertsfresh.com.au)

# Uniform Shop Opening Hours

Our lovely Secondary Uniform Shop volunteer is going to be away for the month of May in Term 2, which means there will be less times that the shop is open during this time.

This information is to encourage you to start thinking about what winter uniform items your child may need, so that you can make sure you don't miss out on an opportunity to get those items before the shop may be closed.

The uniform shop will continue to be open as normal until the end of this term.

On Monday, April 19, the uniform shop will be open from 8:30am - 12:00pm.

For the remainder of Week 1 of Term 2, opening hours are: Tuesday to Thursday 8:30am - 9:30am.

Week 2 of Term 2 opening hours are: Tuesday, Wednesday, Thursday 8:30am - 9:15am.

You are still welcome to do phone and email orders, which will be pre-packaged and able to be collected from the Secondary Front Office. The uniform shop email is - [uniform@carmelcollege.net](mailto:uniform@carmelcollege.net).

## Carmel Primary (Sports Uniform)

The uniform shop at the Primary school is open:

Tuesday | 8:45am - 9:15am

Wednesday | 3pm - 3:30pm



## Carmel Secondary (Formal Uniform)

The uniform shop is open:

Tuesday | 8:30am - 9:15am

Wednesday | 8:30am - 9:15am

Thursday | 8:30am - 9:15am



# CHAPLAIN'S CORNER

I went on a pathfinder camp on the long weekend. They hadn't planned for this to take place on the long weekend but someone got their calendars mixed up and that's how it happened.

I could have been grumpy, but made a conscious decision not to be. As I went through the camp I recognised that I was getting weary, tired and worn out. I realised I couldn't keep this up much longer. Don't get me wrong, I loved every minute of the camp (that I was there for). I really enjoyed catching up with lots of people and chatting when we actually had time to truly talk.

I noticed that I had a great time with people and that is a part of my identity. There are so many parts to who I am as well. I love sport, food, God, doing lots of things with my family, playing games and so much more...

Our theme for chapels this term is 'Our Identity'. Figuring out who we are and how we are going to behave. We're going to look at how the Bible can help us with making decisions in our everyday life. Let's make a positive decision to be the best version of ourselves that we can be - I believe God will help us with the rest. We look forward to listening to Pr Miranda as she is our chapel speaker this Friday. 😊

Pr Andrew Olsen

## Chapel

We have our weekly Chapel program on FRIDAY morning from 8:50am to 9:30am.

This **Friday (March 12)**, the program will be coordinated by our Year 1 class.  
Speaker: Pr Miranda

### Next week (March 19)

Coordinating: Pre Primary class  
Speaker: Mrs Taylor

**We hope you can join us!**



## Welcome Pr Miranda!

Hey Carmel Primary,

My name is Miranda Leijser (fun fact the 'j' is silent) and I am excited to be joining Pr Andrew here at CACP, whilst I continue to be a Chaplain up at Carmel Secondary along with being the Pastor at Osborne Park Church.

One of my favourite moments found in the Bible is documented in John 21:12 where Jesus is speaking, and He invites His disciples to 'Come and have breakfast with me'. Not only is it my favourite because it speaks of food (which I adore), it also emphasises the heart of Jesus that is calling out to each and every one of us to approach Him, as we are with no prerequisites.

It is this Jesus that I have personally experienced and, this Jesus I pray each and every person in our community will encounter this year.

I look forward to seeing you across the Campuses,

Pr Miranda

# CHURCH AND COMMUNITY NEWS

All you need is love.  
But a little chocolate  
now and then  
doesn't hurt.

CHARLES M. SCHULZ



## HAPPY BIRTHDAY

...to the students who have an  
upcoming birthday!

**Milla (Yr 2)**

**Max (PP)**

**Lilah (Yr 1)**

**Tobias (Yr 6)**

**Lincoln (Yr 3)**

**Maddie (Yr 3)**

**Emily (Yr 5)**

**Erika (Yr 4)**

**Magnus (PP)**

**Willow (Yr 1)**

Have a wonderful day and we pray  
that God will bless you in the year  
ahead!

## Story Time at the ABC

Story Time is on next week Wednesday March 17th at 10am. Bring your little ones and their friends along for a story, craft and a snack. This is a great opportunity to see what the ABC has to offer and to catch up with other parents!

## Carmel SDA Church

Come along and join in any of the various age-related programs or small groups between 9:30am-10:30am followed by the church service at 11am. Everyone is welcome!

### What's On...

Church Camp at Busselton - March 12-14

## Livingston SDA Church

Come along and join in any of the various age-related programs or small groups between 9:30am-10:30am. Two church services are running at either 9:30am or 11:00am. Everyone is welcome!

### What's On...

Teen/Youth Breakfast - March 13

Craft Group & Mother's Time Out - March 17

Toddler Musical Playtime - March 18

Pathfinders plus Sleepover & Adventurers (3pm) - March 20

## Pre-Loved School Uniforms

Go to our 'Carmel Adventist College Primary & Secondary - Buy, Sell or Swap'. This page is for both Primary and Secondary Uniforms. Simply click the 'JOIN GROUP' button and Admin will get you off and running.



Like us on Facebook for regular information, updates and photos.  
Search for Carmel Adventist College Primary.

## School Term Dates 2021

Term 1	Monday, Feb 1 – Wednesday, March 31
Term 2	Monday, April 19 – Friday, July 2
Term 3	Tuesday, July 20 – Friday, September 24
Term 4	Tuesday, Oct 12 – Friday, December 10



**CARMEL**  
ADVENTIST COLLEGE

w. [www.carmelcollege.wa.edu.au](http://www.carmelcollege.wa.edu.au)

**PRIMARY CAMPUS**

p. (08) 9291 6399

a. 18 First Ave, Bickley WA 6076

e. [primary.admin@cac.wa.edu.au](mailto:primary.admin@cac.wa.edu.au)

**SECONDARY CAMPUS**

p. (08) 9293 5333

a. 210 Glenisla Rd, Carmel WA 6076

e. [secondary.admin@cac.wa.edu.au](mailto:secondary.admin@cac.wa.edu.au)

it's  
photo  
time.



Dear Parent/Guardian,

Annual School Photos are coming soon. 3P Photography is excited to be at your school on:

**31<sup>st</sup> March 2021**

**Before Photo Day:**

- Individual Order Forms will be handed out to each student prior to Photo Day
- Complete the Form and hand to your child's teacher prior to Photo Day
- Photos can also be ordered online at [www.3p.net.au](http://www.3p.net.au) (form still be returned)  
The Shoot Key is printed on the bottom of your Order Form
- Please return the Form regardless of whether you are ordering prints or not
- After Photo Day a Late Fee may occur

**Photo Day:**

- Please ensure your child has returned the Order Form (including if ordered online)
- Advise your child that 3P will be taking Photos today
- Please ensure correct and neat uniform is worn
- Hair neat and tidy. Preferably no large side/high ponytails, it may be cropped out

**Sibling Photos:**

- Sibling Photos will be taken at the photography area at your school
- Please note, students will not be collected from class
- Students must present themselves to the photography area
- Order only on eldest child's Form, unless ordering multiple sibling packs
- Photo times are 15min before School, during recess and lunch
- It will be the parents responsibility to arrange transportation for any siblings coming up from the High School

Should you have any queries, please don't hesitate to contact 3P directly on (08) 9250 6244.