

Newsletter



CARMEL PRIMARY
ADVENTIST COLLEGE

May 15, 2017 | Term 2 | Issue 7

Without a sense of *caring*, there can be
no sense of *community*. — Anthony J. D'Angelo

Maggie Dent:

Raising 'we' kids not just 'me' kids...

As I was taking my morning walk today, I came across water running down a nearby road, which was out of the ordinary.

I investigated and found a broken pipe in front of a block of units. I felt compelled to do something to stop this unnecessary wastage, however I walk without my mobile.

I headed on my way, planning to call the water authority when I got back to our unit. I saw a lawn-mowing contractor and told him what was happening up the street and asked if he might make the call. His response was a dismissive: 'Not my problem'.

Soon after I found another tradesperson who called the authorities straight away.

As I walked back home I became bothered by the first man's response.

Essentially this is a person with a 'me' sense of awareness. Resilience specialist Dr Michael Ungar has written a lot about this notion of a decreasing sense of belonging or diminished social capital where individuals are only concerned about how things impact 'me' rather than 'us.'

In an age of selfies – with filters to adjust our reality to make us look better – and an over fascination with image, fame and being 'seen', how do we ensure that we nurture the growth of character in our children?

I am talking about a depth of character that can have a healthy sense of authenticity while being aware of being a part of a wider world. This is the difference between raising 'me' children and 'we' children.

Events Calendar

Gosnells SDA Church Program.....	May 27
Crazy Hair Day.....	June 2
WA Day Public Holiday.....	June 5
Hymnfest.....	June 10
Children Sing Festival.....	June 14
Parent/Teacher Interviews.....	June 28
End of Term 2.....	June 30

Continued on page

GENERAL

Lost Property

We ask that you please ensure you have your child's name on their uniform.

If your child/ren have lost any of their school uniform, please have them check in the lost property cupboard, located near the front office.

We also ask if parents could please check at home to ensure your child/ren have brought home their own uniform items.

Thank-you.

Carmel Primary @ Gosnells Church Saturday, May 27

Carmel Primary has been invited to be a part of the Gosnells Seventh-Day Adventist Church program on Saturday, May 27 from 10:30am – 12:15pm. Gosnells Church is located on 93 Wheatley Street, Gosnells.

This is a wonderful opportunity for all our students to have the opportunity to serve and for you as parents to see what they have been working on as part of our Tuesday afternoon 'Service Through the Arts' program.

We thank you for your ongoing support and look forward to you joining us for this upcoming event.

See 'Church News' on page 4 of the newsletter to see what else is happening at Gosnells Church on May 27.

Safety - Riding to/from school

Our bus drivers have expressed concern over the safety of students that ride to and from school.

Could you please ensure that your child/ren ride on the dirt bike tracks or concrete pathways adjacent to the road. Thank-you.



CRAZY HAIR DAY

FRIDAY, JUNE 2

We would love for students to come to school with crazy hair and a gold coin donation on Friday, June 2.

We will be raising money for the Bible Society's 'Get The Word Out Australia' (GTWO) campaign. GTWO is Bible Society Australia's year-long focus on providing and engaging one nation with the Bible.

The funds raised will be presented to the Bible Society during the Hymnfest program on June 10.

Please note the following...

- **This is NOT a muffi day. Students MUST wear their regular school uniform.**
- **Hair must be made 'Crazy' AT HOME. Do not bring coloured hair paint to school.**



Choir Photo

Following our recent school photography by Kapture, you can now view and order the Choir photo taken on the day.

When visiting www.kapture.com.au/event.asp you will need to enter our school code under the Sports & Event tab to access the gallery;

Code: 5GXJEL. Thank-you.



FOOD ALLERGY ★ WEEK ★

Many people in our community and even in our school have a food allergy that they live with every day. While some of these allergies are milk, others are life threatening. Due to the rate of 1 in 10 babies born in Australia with a food allergy, we believe that education is imperative.

On **Thursday, May 25** Mrs Rochelle Mulder will be speaking to each class to raise awareness about food allergies and to help reduce the risk of a reaction for those living with food allergies and to help manage potentially life-threatening emergencies when they happen.

On **Friday, May 26** we encourage students to paint **ONE** fingernail (1 in 10) in awareness of today's alarming birth statistics. The school will have some bottles of nail polish for students to do this at school should they wish to participate. We will also have nail polish remover available. Participation in this event is strictly optional.



So back to my water wastage experience – the unnecessary wastage of a natural resource will ultimately impact us all when we have to ration our water because we have not taken combined steps to preserve this precious commodity. In a way, this is why councils need to apply water restrictions – to ensure the 'me' people have to become 'we' people.

I grew up close to a small rural town and often witnessed the healthy benefits of 'we' mentality. Locals shared with others when they had excess eggs, fruit, vegetables and even manure to fertilise our gardens. No-one kept a tally – it was a simple gifting without expectation, received with gratitude. It's good to see this excellent tradition of sharing continuing in many community gardens.

I saw this 'we' culture working powerfully when a bush fire happened, when men and women worked together to tame the frightening beast of destruction.

I also saw it when farmers would come together to complete the harvest for another farmer who was incapacitated – taking a whole crop off in a couple of days while leaving their own to wait a bit.

Essentially 'we' people have a social conscience and they hold an awareness that what we put out to others and our world increases the chances of there being more good to go around.

This is the opposite to fear-based awareness that sees scarcity and separation as the norm.

My wise dad was a brilliant teacher of this philosophy and my whole family have learnt to have a similar 'we' culture embedded deep in our minds and hearts.

Many social and emotional learning programs in schools are trying to give this awareness to their students.

So what can we do at home to build a social conscience or a 'we' mindset in our children? We need to model it.

1. **Volunteer for something worthwhile in your school or community.**
2. **When out walking in your community offer a quick hello or good morning to those you pass.**
3. **Collect papers or mail for a neighbour when they are away.**
4. **Care for friends' pets when they are away.**
5. **Take soup to sick family, friends or neighbours**
6. **Help elderly people with tasks like shopping and gardening.**
7. **Make small gifts or hand-write notes of gratitude to teachers and carers.**
8. **Express gratitude for gestures of kindness.**
9. **Practise random acts of kindness to others in front of your children.**
10. **With permission, initiate and gather blankets for a blanket drive.**

Another way to build a sense of a caring character in children and teenagers is to watch uplifting movies with them.

Chat with them about the film afterwards, discussing what happened and the choices the characters made.

There are some golden oldies (suitable for different ages) such as *Dead Poet's Society*, *Good Will Hunting*, *Alaska*, *Life as a House*, *I Am Sam*, *Pay It Forward*, *Lion King*, *Shrek*, and even films like *Trolls*, *Soul Surfer*, *St. Vincent* *The Fault in Our Stars* and *The Blind Side* all open up these conversations.

Our children cannot be what they haven't seen and being a 'we' grownup in our homes, schools and communities is all it takes to create kids who care.



<https://www.maggiedent.com/blog/raising-kids-not-just-kids/>

Hymnfest

Carmel Primary has been invited to be part of Hymnfest. This is an opportunity to sing with an orchestra as well as other choirs.

Hymnfest is a community event to help fundraise monies for 'The Bible Society'. Last year almost \$8,000 was raised!

It will be happening on Saturday evening, June 10 from 6:00pm – 8:00pm at Mount Pleasant Baptist Church, 497 Marmion St, Booragoon.

Regular choir rehearsals for this event will be scheduled and further information will be provided in the near future.



Children Sing Festival

The Carmel Primary school choir will be performing in the Children Sing Festival at the Octagon Theatre, University of Western Australia on Wednesday, June 14.

This exciting choral festival offers students the opportunity to perform in a magnificent venue and before an audience of 500 students and parents.

For further information on ticket sales, please see page 7 of the newsletter. Thank-you.

Week of Worship (WOW)

Week of Worship will now be happening in Term 3, August 14 – 18.

Mark this week on your calendar.

Chapel

Please join us for our weekly Chapel program every **FRIDAY** morning from 8:50am to 9:30am in the Year 6 classroom at the end of the Library.

Refreshments will be available before and after the program.

This **Friday (May 19)**, the program will be coordinated by the Year 6 class. The speaker is Pr Brad Thomas.

Next week (**May 26**)...

Coordinated – Year 3 class

Speaker – Pr Piroska Vranjak

SPORT

Sporting Schools (after school sport)

After school sports commenced last Tuesday for all students in Pre-Primary - Year 6.

Sporting schools will conclude on Tuesday, June 20.

Congratulations
to our Sports Day medal
recipients.



CHURCH NEWS

Carmel College Church News

Come along and join in any of the various age related programs or small groups between 9:30am-10:30am each Saturday. Followed by the church service at 11am.

Everyone is welcome!

Upcoming Events

iFollow – May 19

Basket Lunch – June 10

Hungi/Bonfire Night – June 17

Gosnells SDA Church

You are warmly invited, with your family and friends, to share with us an afternoon of music and song and an opportunity to meet up with old friends. Your presence will make the day all the more enjoyable.

You are more than welcome to also join us for the morning services to be conducted at 11:00am by Carmel Adventist Primary School, followed by a free basket lunch in the church hall.



COMMUNITY NEWS



Forest Heritage Centre, Dwellingup WA

EMU WALK TRAIL GRAND OPENING

3rd June, 2017 from 10am

Awesome Family Day Out!

EXPERIENCE AND EXPLORE - WALKING/BIKE TRAILS - LIVE MUSIC ALL DAY IN THE FOREST HERITAGE CENTRE AMPHITHEATRE
GET UP CLOSE AND PERSONAL WITH NATIVE ANIMAL PETTING - HENNA TATTOOS - SO MANY ARTS AND CRAFTS ACTIVITIES
INTERACTIVE TABLES AND DIGITAL MICROSCOPES - TRY OUT SOME WOOD WORKING - BILLY TEA AND DAMPER -
SIX SEASON NATURE PLAY AREA - 11 METRE TREE TOP PLATFORM - ART GALLERY AND GIFT SHOP OPTIONAL WORKSHOPS AND SO MUCH MORE!

FOREST HERITAGE CENTRE, DWELLINGUP, WA

GENERAL ADMISSION PRICES

Adult \$5, Concession \$4, Children \$3

FAMILY PASS (1 + 3 or 2 + 2) \$13.00

Entry is **FREE** on this day if you participate on the FIRST 'OFFICIAL Emu Walk Trail' at 10:00am from the Blue Wren Café to the Forest Heritage Centre. The walk will take approx. 30 minutes.

Telephone (08) 9538 1395 www.forestheritagecentre.com.au
www.facebook.com/events/1943606582538751

Relationships Australia (West Leederville)

Parenting Courses

Parent-Child Connection - June 6 - 27

Parent-Teen Connection - June 10

Kids and Technology - June 22

All About Anger - for Parents and Teens -
June 28

Go to www.relationshipswa.org.au or ring
6164 0200 for more information or to enrol.

HAPPY BIRTHDAY!

Happy Birthday to the following students who celebrate
a birthday in May!

**Marcus (Yr 6), Caleb (Yr 5), Deakon (Yr 6), Ethan (Yr 5),
Claire (Yr 6), Kai (Yr 4), Millie (Yr 5), Alayna (Yr 2),
Evelyn (Yr 4) and Grace L. (Yr 6).**

We pray that God will bless you in the year ahead.



Like us on Facebook for regular information
updates.
Search for Carmel Adventist College Primary.

SEE THE FLYERS ATTACHED TO
THIS NEWSLETTER FOR MORE
COMMUNITY NEWS AND EVENTS.

SCHOOL TERM DATES 2017

Term 2	Wednesday, April 26 – Friday, June 30
Term 3	Tuesday, July 18 – Friday, September 22
Term 4	Tuesday, October 10 – Friday, December 8



CARMEL PRIMARY
ADVENTIST COLLEGE

p. (08) 9291 6399
e. admin@carmelcollegeprimary.wa.edu.au
w. www.carmelcollege.wa.edu.au

Condolences to Steph Watson and family



Our hearts were deeply saddened at the end of Term One with the very sudden and unexpected death of Mr Les Vernon.

Les Vernon, father of Steph Watson, was somewhat of a local hero. He worked in the earth moving industry for years and seemed to know almost everyone in the Hills. Les always took the time to chat and had an amazing general knowledge. More importantly he knew about people and cared for them in very practical ways.

Carmel Adventist College Primary is greatly indebted to Les. Over a period of many years, Les regularly completed jobs around the school. He cleared and levelled spaces, removed trees and rocks that were dangerous, or just in the wrong place, and gave many hours of his time and expertise to our school.

I recall a time soon after I arrived at Carmel Primary and a large pine tree had recently fallen across an old shed. This event took place during the holidays and fortunately no one was around at the time. When the teachers told me of the event they shared their concern about the health and well being of the remaining trees. Consequently, we had the row of nearby pine trees checked by an arborist and he strongly advised that we have the remaining four removed. They were old, considered at risk due to boarer activity in the hills and poorly positioned for a school playground. The trees were massive and to get the four remaining removed was going to be a very expensive job. I called Les for advice, he came down and inspected the area and then he offered to look after the job. I insisted that we were not asking for a freebie, just some sound advice. Two or three days later the trees and roots were removed, the waste cleaned up and area levelled. We did get an invoice for about \$200, which was just enough to cover fuel costs.

That is the type of guy that Les was. As I listened to the eulogy at his funeral, and the comments of people who attended, our story was not an isolated one.

Our heartfelt sympathy goes to Steph and her daughters Chloe and Madison, to Steph's mum – Mrs Kaye Vernon, and Steph's sisters – Jannine and Felicity, and their families. We trust that your beautiful memories will sustain you.

Janine Taylor



2017 Children Sing Festival

a *Choral* Festival for Primary School Choirs

Ticket Sales

Dear Parents,

Your child's school choir will be performing in the Children Sing Festival at the Octagon Theatre, University of Western Australia. The festival runs over 3 days from the 13th to the 15th June with 8 sessions in total. Your child will perform in one of these sessions. This exciting choral festival offers students the opportunity to perform in a magnificent venue and before an audience of 500 students and parents.

The details for your child's choral performance is as follows:

Wednesday 14th June

Session E

1pm – 2.10pm

ALL Tickets \$10

(NB: STUDENTS PERFORMING IN THE FESTIVAL DO NOT REQUIRE A TICKET)

- Tickets are being sold online through [ticketsWA](http://ticketsWA.com).
- No money is being taken by the school for this concert.
- There are limited seats available so if you would like to attend, please book early.
- If the session is not sold out, there will be tickets sold at the door on the day.

Follow the link below to book your tickets for the Festival – bookings open at 9am on Monday 15th May

www.ticketswa.com/childrensing2017

When you get to the webpage please ensure you select the correct date and session time.

You will need to enter a promotion code when booking your tickets.

The code for your school is: **CARMEL**

If you have any problems booking your tickets online please contact [ticketsWA](http://ticketsWA.com) on 08 6488 2440. Please note, there is no booking fee for tickets booked online however a \$5 transaction fee is in place for phone bookings.

We look forward to seeing you there.

Kirstin MacLean

On behalf of the Children Sing Festival Committee

FREE PROTECTIVE BEHAVIOURS WORKSHOP

AT LIVINGSTON SEVENTH-DAY ADVENTIST CHURCH

WITH ANDREA MUSULIN

SATURDAY JUNE 3

2:30PM TO 5:30PM

The Protective Behaviours Parent Workshops have been designed to provide parents and caregivers the opportunity to participate in a workshop that is child focused and relevant to parenting in the modern age.

Whilst the task of preventing child abuse appears daunting for most parents - teaching the Protective Behaviours Program is a simple but effective way of helping children develop protective strategies.



In order to work towards preventing children becoming victims of abuse particularly sexual abuse it is important to educate children on their rights to personal safety and the way we do this is by teaching children the following:

As a safety program Protective Behaviours provides children with strategies to keep themselves safe and cope with situations which threaten their wellbeing, specifically in areas of child abuse and bullying. The program in essence empowers the individual with the right to feel safe and sets out ways in which they can gain appropriate help when they are not feeling safe.

WORKSHOP OBJECTIVES

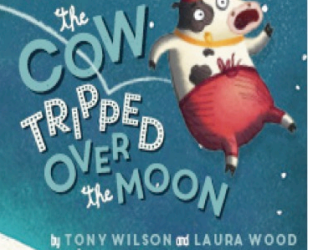
- To provide parents and caregivers with a thorough knowledge of the content, themes, core concepts and strategies of the Protective Behaviours Program.
- To develop problem solving and assertiveness skills in children.
- To educate parents and caregivers in the issues of abuse and abuse prevention.
- To provide parents and caregivers with simple practical teaching activities designed to increase their child's/children's personal safe.

National Simultaneous Storytime

Wednesday 24 May 2017

11am-12noon @ Kalamunda Library

7 Williams Street, Kalamunda



Hey diddle diddle
You all know the riddle
A cow jumps over the moon...

But do you know the story
behind the brave bovine?
It seems a moon clearance
takes great perseverance!



Join us on Wednesday 24 May at 11am

when all will be revealed as Shire of Kalamunda CEO Rhonda Hardy will read "The Cow Tripped Over The Moon" by Tony Wilson for **National Simultaneous Storytime**. Then afterwards, Old MacDonald Travelling Farm will be visiting with a variety of very cuddly baby farm animals. *Suitable for ages 2-5 years.*

BOOKINGS ESSENTIAL - as places are limited!

Book online at www.trybooking.com/PZMM
or phone Kalamunda Library on 9257 9969.

See you there!

www.kalamunda.wa.gov.au/libraries

shire of
kalamunda

