



Carmel Adventist College Primary Newsletter

Term 2, Issue 8 - 20th May, 2015

THE TRIPLE FILTER TEST

In ancient Greece, Socrates was reputed to hold knowledge in high esteem. One day an acquaintance met the great philosopher and said, "Do you know what I just heard about your friend?"

"Hold on a minute," Socrates replied. "Before telling me anything I'd like you to pass a little test. It's called the Triple Filter Test."

"Triple filter?"

"That's right," Socrates continued. "Before you talk to me about my friend, it might be a good idea to take a moment and filter what you're going to say. That's why I call it the triple filter test.

The first filter is Truth. Have you made absolutely sure that what you are about to tell me is true?"

"No," the man said, "actually I just heard about it and."

"All right," said Socrates. "So you don't really know if it's true or not. Now let's try the second filter, the filter of goodness. Is what you are about to tell me about my friend something good?"

"No, on the contrary..."

"So," Socrates continued, "you want to tell me something bad about him, but you're not certain it's true. You may still pass the test though, because there's one filter left: the filter of usefulness. Is what you want to tell me about my friend going to be useful to me?"

"No not really ..."

"Well," concluded Socrates, "if what you want to tell me is neither true nor good nor even useful, why tell it to me at all?"

This is why Socrates was a great philosopher & held in such high esteem.

<http://www.dailytenminutes.com/2015/05/story-of-socrates-triple-filter.html>

EVENTS CALENDAR

Carmel H.S. Open day - 29 May

WA Day Public Holiday - 1 June

Mud Day - July 3

End of Term 2 - July 3

Term 3 commences - 21 July



WALK SAFELY TO SCHOOL DAY

This Friday (May 22) is the National Walk Safely to School Day. This is an annual, national event when all Primary School children will be encouraged to walk safely to school.

It is a Community Event seeking to promote Road Safety, Health, Public Transport and the Environment. We encourage as many children to walk to school where possible. We understand that this is not possible for many families due to distance but would like to suggest parents allow a bit of extra time and walk from one of the following location options if possible:

*Bickley SDA Church (Cnr Lawnbrook & Broadway roads)

*Alan Anderson Park (Cnr Lawnbrook & Pomeroy roads).

*Carmel College High School (meet on the lawn in front of the gym) - Teachers will assist

All children travelling to school by bus on Friday will be taken directly to high school. Teachers will be waiting there to supervise children walking back to the Primary School.

FOOD ALLERGY WEEK

Many people in our community and even in our school have a food allergy that they live with every day. While some of these allergies are milk, others are life threatening. Due to the rate of 1 in 10 babies born in Australia with a food allergy, we believe that education is imperative.

This Friday (May 23) we encourage students to paint ONE fingernail (1 in 10) in awareness of today's alarming birth statistics. The school will have some bottles of nail polish for children to do this at school should they wish to participate. We will also have nail polish remover available. Participation in this event is strictly optional and no charges are involved.





SCHOOL BREAKFAST

On Friday morning (May 22) the Parents & Friends Committee will be putting on a simple healthy breakfast for all students in celebration of the 'Food Allergy Awareness Week' and the 'Walk Safely to School Day'. A simple breakfast of cereals and toast will be served from 8.30 - 9am.



HAPPY BIRTHDAY TO YOU!

The students with a birthday in May are: Marcus Henderson (9), Damon Sice (10), Caleb Gordon (11), Ethan Mpofu (16), Claire Gissing (16), Kai Leitis (18), Qhubeka Ndlovu (22), Evelyn Bacea-Anton (26), Trevor Nyagwaya (26) and Grace Laffrey (28). We pray that God will bless you all in the year ahead.



SCHOOL WORKING BEE

Please don't forget the Working Bee on Sunday (May 24). We really need as many hands-on-deck as possible to help us achieve our goal of building 12 garden beds.

Please see flyer for more info. Thank you to those people who have already RSVP'd their intent to come.

PRIMARY UNIFORM SHOP

Please note that the uniform shop at the primary school will be open every Friday from 8.45am-9.15am. The shop will also be open on the following Thursday's between 8.45am-9:15am: May 21, June 4, June 18 and July 2.

Optional Winter Jacket

Orders can be placed through our uniform shop for the optional winter jacket. If you would like to order one, please speak to the uniform shop ladies. Cost is \$40.

Have Your Say About Childhood Vaccinations!

Would you like to share your views on childhood vaccinations?

Are you the parent of a child aged 5 years or under?

Can you spare 15-20 minutes of your time?

We are looking for parents of children aged 5 years and under to complete an anonymous online survey about vaccinating their child. This is a valuable opportunity to have your say about vaccines, and to help the field learn more about parental attitudes and beliefs towards childhood immunisations. We are interested in finding out:

- What concerns do you have about vaccinations?
- What are your beliefs and attitudes about vaccinations?
- How did you decide whether or not to vaccinate your child?
- What information sources did you use and find trustworthy?

For further information and to complete the survey:

<https://exp.psy.uq.edu.au/vax/>



CHAPLAIN'S NEWS

It was surprising to find out that 1 out of 10 young people have a food allergy and more can develop an allergy later on in life! This is something that cannot be helped, it means adjusting diet needs accordingly to be safe or just more comfortable and healthier.

Pastor Peter Fowler shared with us a great story about a monkey that loved eating cherries last week. His story was about something that we do have control over that is our character. Pr. Fowler focused on the stubbornness of a young boy who refused to listen to instruction, preferring his own ideas instead. Thinking that he knew better he tried to hand feed a wild monkey. Well Peter had us all on the edge of our seats waiting for the inevitable pain that followed. The story did not end there as the boy learned a lesson and decided to change the way he listened to the advice and instruction of his parents.

Character is one of the things that we do have the choice to control. If our children want to be safe, more comfortable, healthier and ultimately happier then they need a good guide to work from and follow.

CHAPEL

Our Chapel program is held each Friday morning between 8.50 and 9.30am. This week the Year 5 class will be assisting and next week the Year 4 class will be helping out with the program. We welcome any parents and friends to come along and join us.

PARKING

Due to recent complaints we must again address the parking issues we face here at the Primary School. While we understand that parking is very limited we do request that you refrain from parking on the footpaths, across driveways (including the school carpark driveway) and in the designated bus bays (the office end of the school). Thank you for your co-operation.



SKOOLBAG - SMART PHONE APP

Carmel Adventist College now has an App that can be downloaded from the respective App stores as per the attachment to the Newsletter. The App is able to be used for a whole variety of purposes, but especially for the purpose of instant communication between school, parents and students.

It would be advisable for all parents to install the App on their phone. Parents need the App to help manage some of the student matters and also to be advised of other information (eg if a school bus is late, or has broken down, an update on what's happening can be sent out to all parents instantly, as soon as that information is available). Student absences can be sent via the app - and you can even sign the form on your phone!

An increasing amount of communication will come via the App so please download and install it as soon as you can.

CARMEL SECONDARY OPEN DAY

You're invited to attend Carmel High School's Open Day for Years 7-12 on Friday, May 29. The morning will begin at 9.30am with the Principal's address. Then you will go on a tour of the school at 10am and enjoy a morning tea provided to you by the school at 10.30am.

"The open day is an excellent opportunity for you to find out more about our College and what we can offer your family.

If you are considering high schools, I look forward to meeting you and showing you why Carmel is the obvious choice within the Hills."

Mr Nicholas Thomson (Secondary Principal)

For registration or enquiries please contact the College office on 9293 5333 or e: carmelcollege@adventist.org.au

LIBRARY

Scholastic Book Club catalogue Issue 4 has now arrived and the teachers will be giving them out to the children in reply to some parent's requests for this to happen.

Feel free to order through the school or on-line (LOOP) but you are under no obligation to do so. As a school, we need to advise that we are not responsible for items advertised in the catalogues.

Orders need to be back to the school by Tuesday, June 2 (Week 7).

Thank you for your support. - Mrs Pam Fairfoul



SCHOOL FEES

Fee statements were posted out on the 28th April. If you don't remember receiving one please email the school so we can check we have the correct address on file. Here are reminders of when your payments are due based on which option you chose at the beginning of the year.

Option B - Term By Term
Your 2nd payment was due on the 1st May in order to receive the 2.5% discount. If your payment was made after this date then the discount is unable to be applied.

Option C - Monthly
Payments are due on the 15th of each month.

Option D - Fortnightly
Payments are due on the 14th & 28th of each month unless other arrangements have been approved.

It's important that school fees are up to date and regular payments are made. If you have any questions or concerns please feel free to contact the front office or email: narelleduncan@adventist.org.au

SUBWAY

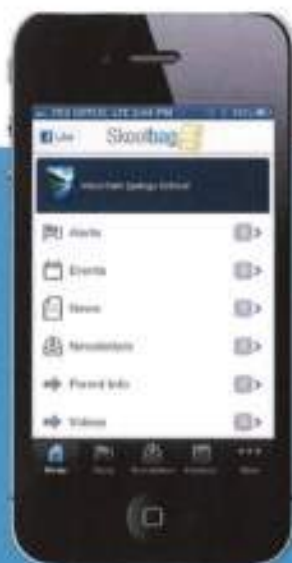
Please note that the Subway special lunch will be in Week 9 this term (June 19). Order forms will be sent home closer to this date.

CARMEL PLAY GROUP

This term Carmel Playgroup will run each Thursday fortnight at Carmel Church from 9am-11am. It is a time for the kids to play and the parents to chat. Bring a piece of fruit to share for morning tea. Contact Shani Green (0409 881 906) or Rochelle Mulder (0423 126 324) if you would like more information.

This terms dates are: May 28, June 11 and June 25.





Skoolbag

Smartphone school to parent communication

Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)

Skoolbag delivers school notices directly to parents and students



How To Install Skoolbag On Your Smartphone

iPhone & iPad Users

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.




Android Users

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.



Don't forget to like us on Facebook! 

Find out more at www.skoolbag.com.au

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HAVE YOU GOT HANDS TO HELP?



Give us a Hand

Jesus is holding us in His hand.
 He is like the Gardener and we are like the plants.
 He is our Hero, taking care of us.
 Come and be a hero for a little plant.
 Help it grow big and strong.



Working "Bee"

Sunday is the day
 No time to play
 Come be a handyman
 And help us with our plan
 10 hands are cool
 But 20 hands rule
 Don't be stubborn
 Help us with our garden
 God has the world in His hands
 So help us grow a garden with your clever hands
 So help us on the Busy Bee.

By Nikayla

Please hear me out
 Friends and family, we need your help.
 You may get hurt, dirty, sandy hands,
 But we are a very hard-working team.
 So please come and join us
 As we work in our garden.

By Lydia



By Jessica



Surrealism - Hands with a difference



*Our Harvest Table
- Cooking from the
garden*

Busy Bee

One hand standing alone
Looking, searching, digging,
lifting
I see a hand, a classmate
Our hands help each other.
I know now what I've never known before
It's a helping hand.

I know it is a lot
But join the Busy Bee.
Help our garden,
Help it grow.
A helping hand is all we need,
So come and be a
Busy Bee.

By Elisa

Hands

Hands come handy,
Hands can get sandy.

Hands are good
When you do the things you
should.

I'm grateful for my hands,
My handy, helpful hands.

But alone one pair of hands can't do much
But with 20 to 25 hands you can do very much.

So please come and join us at
Our Busy Bee, help our garden
expand

Into something on we can
Understand.

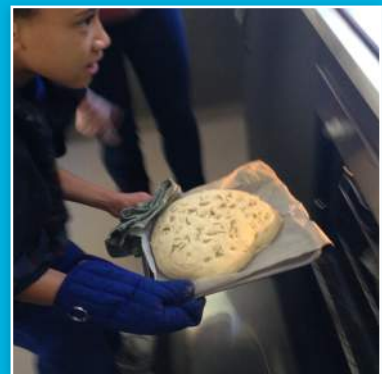
By Tatiana

The gardens make us
feel - excited; free;
enjoyable; creative;
bubbly; fantastic;
awesome; peaceful;
peaceful



In our garden we
would like-

... fruit trees;
chooks; a pond; an
arch; aquaponics... a
tractor; chilli;
grapevines



**I got to crush the
garlic and mix the
salad. (Dylan K)**
**The bread I made
was fabulous.**
(Matthew)
**The bread was
delicious. (Zali)**
Spicy (Ellena)
**My group cooked
Skordalia. It's a dip
with vegie sticks.**
(Hailey)
**I did some cutting,
grating and mixing.**
(Ashleigh)

YEAR ONE'S KINGS PARK NATURESCAPE EXCURSION

In History, Year One has looked at how the families of different cultures used to live. The Aboriginal culture was one of the cultures we studied. To help us understand how the Aboriginal people lived, we took part in the program "Chunyart and the Cheeky Parrot" at Naturescape in Kings Park. Through a story about a boy called Chunyart we learnt about the routines of daily life. To experience how the Aboriginal people lived, we got to hunt kangaroo, go in a mia mia, cook food and try some of the implements that they used. It was great fun and we learnt lots.



After we finished the story we were able to explore the Naturescape Park. We had a marvellous time climbing over rocks and logs, building houses with natural materials and wading in the creeks.



Back at school we all made and decorated a model didgeridoo.