

# Newsletter



Year 6 Camp



CARMEL PRIMARY  
ADVENTIST COLLEGE

May 29, 2017 | Term 2 | Issue 8

Only a few things are really *important*.

– Marie Dressler

## The Important things in Life...

A philosophy professor stood before his class with some items on the table in front of him. When the class began, wordlessly he picked up a very large and empty mayonnaise jar and proceeded to fill it with rocks, about 2 inches in diameter.

He then asked the students if the jar was full. They agreed that it was. So the professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles, of course, rolled into the open areas between the rocks. He then asked the students again if the jar was full. They agreed it was.

The professor picked up a box of sand and poured it into the jar. Of course, the sand filled up the remaining open areas of the jar. He then asked once more if the jar was full. The students responded with a unanimous "Yes."

"Now," said the professor, "I want you to recognise that this jar represents your life. The rocks are the important things – your family, your partner, your health, your children – things that if everything else was lost and only they remained, your life would still be full. The pebbles are the other things that matter – like your job, your house and your car. The sand is everything else, the small stuff."

*Continued on page*

## Events Calendar

Crazy Hair Day.....	June 2
WA Day Public Holiday.....	June 5
Hymnfest.....	June 10
Children Sing Festival.....	June 14
Open Day @ Carmel Secondary.....	June 20
Parent/Teacher Interviews.....	June 28
End of Term 2.....	June 30

# GENERAL

**We Need  
Your Help!**

## Changes to Afternoon Transportation and Pick-up Instructions

The safety of your children is of paramount to us and because of this we have policies and routines in place to ensure that students leave the grounds safely once school is over for the day. We know that safety matters to you too, and so we seek your help with what seems to be a growing problem of messages about transport changes coming to us via students. A number of times the messages have been wrong, confused or simply a wish about a play date rather than reality.

Please ensure that any change of plans to afternoon transport details are made directly to the class teacher or through the office by a parent or a guardian (not a student). This includes students using the free shuttle service down to the High School.

Changes to plan can be through a written note, a phone call or an email by a parent or guardian. At times we get students worried or distressed because they believe transport instructions have been changed and because we know nothing about this. In such cases, office staff must make a phone call to confirm whether this is parent authorised and this can take quite some time, particularly if there are multiple children in the same situation. Having clear instructions allows buses to get away promptly and by doing this minimise the time bus students have to be on the bus. Please note that in the absence of permission from you, we have no choice but to follow the regular routine for your children.



Message for **car students**. All students not travelling by bus, or riding/walking home, are asked to wait in the area near the library under the supervision of teachers. A small number of children are not coming to the area because they know mum or dad will be coming to collect them and so they are keen to get a head start on playtime!

We have no issue at all with parents collecting their children from this area and then taking them back into the school grounds whilst you catch up with teachers or friends, but until you come to collect them, we need them in this space as we have no staff member available for yard supervision during this busy time. Once you have collected them, we deem them to be in your care.



*Thanks for your help.*



If you would like to see more of what's happening at Carmel Primary...like us on Facebook!

Search for Carmel Adventist College Primary.



## FRIDAY, JUNE 2

We would love for students to come to school with crazy hair and a gold coin donation on Friday, June 2.

We will be raising money for the Bible Society's 'Get The Word Out Australia' (GTWO) campaign. GTWO is Bible Society Australia's year-long focus on providing and engaging one nation with the Bible.

The funds raised will be presented to the Bible Society during the Hymnfest program on June 10.

**Please note the following...**

- **This is NOT a mufti day. Students MUST wear their regular school uniform.**
- **Hair must be made 'Crazy' AT HOME. Do not bring coloured hair paint to school. Thank-you!**



"If you put the sand into the jar first," he continued, "there is no room for the pebbles or the rocks. The same goes for your life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you. Pay attention to the things that are critical to your happiness. Play with your children. Take your partner out dancing. There will always be time to go to work, clean the house, give a dinner party, or fix the disposal."

"Take care of the rocks first – the things that really matter. Set your priorities. The rest is just sand."

Author Unknown

<http://academictips.org/blogs/moral-tale-the-important-things-in-life/>



## Parent Feedback

Planning for 2018 is already underway. Before we book school photography for 2018, we would like any feedback you may have about Kapture Photography.

You are welcome to email your feedback to the front office at [narelleduncan@adventist.org.au](mailto:narelleduncan@adventist.org.au) or Janine Taylor at [janinetaylor@adventist.org.au](mailto:janinetaylor@adventist.org.au). Thank you.

## Parents' and Friends Committee Meeting

If you want to know more information or are interested in participating in any way, come along to the first meeting.

**When:** This Wednesday, 31<sup>st</sup> May

**Time:** 6:30pm

**Where:** School library

We look forward to seeing you!



## WA Day Public Holiday

WA Day is a special day to recognize and celebrate the best our great State has to offer. From our diverse communities to our vibrant culture, our amazing natural environments and our achievements in all fields of endeavor, we are proud to be Western Australian.



Importantly, WA Day acknowledges Aboriginal people as the traditional owners of this land, early European settlers, and the many people from all over the world who call Western Australia home. This

special day unites all Western Australians and brings our communities closer together in celebration – [www.celebratewa.com.au](http://www.celebratewa.com.au)

The front office will be closed on **Monday, June 5.**

Enjoy your long weekend and we look forward to seeing you all back at school on the Tuesday, June 6.



## Upcoming Choir Performances

### Hymnfest

Carmel Primary has been invited to be part of Hymnfest. This is an opportunity to sing with an orchestra as well as other choirs.

It will be happening on Saturday evening, June 10 from 6:00pm – 8:00pm at Mount Pleasant Baptist Church, 497 Marmion St, Booragoon. This is a FREE event. Go to <https://www.eventbrite.com.au/e/hymnfest-perth-tickets-33235601579> to register.

Choir rehearsals for this event will be scheduled and advised in the near future.

### Children Sing Festival

The Carmel Primary school choir will be performing in the Children Sing Festival at the Octagon Theatre, University of Western Australia on Wednesday, June 14.

For further information on ticket sales, please see page 7 of the newsletter.



# SPORT

## Kalamunda Cup

A selection of Carmel students participated in the annual Kalamunda Cup at Ray Owen last Tuesday.

They all showed great teamwork, sportsmanship, put in 100% effort and represented Carmel well.

The girls' came first place and the boys' runner up in the Future Stars Division. With eight different schools being represented, we are very proud of the achievements of our Carmel teams.

A huge thank you to Mrs Walker, Mr La Cava and Mrs Gunter who helped out with coaching and encouraging the students. Also to the parents who came along to cheer!





# FROM OUR CHAPLAIN...

I had a great week last week, thanks to our little school family! After having a few weeks off due to some surgery I needed, returning to school was a buzz as I had missed everyone. I would love to share some highlights from my first week back.

- Finding a lovely 'Welcome Back' sign on my desk, a card and some chocolate – thank you.
- Seeing our wonderful kids with their big smiles and listening to their stories.
- Welcoming a new student to our Year 6 class.
- Walking the verandah and listening to our kids sing at worship time – love hearing this!
- Catching up and chatting with Mum's and Dad's and staff.
- Seeing our little friends again at Storytime in the Bush and meeting the new families.
- Helping out with preparations for the Church Service the students took at Gosnells SDA Church on the weekend - and they were wonderful.
- Learning some of our students have set dates for their baptism.
- Watching our students all meet together to enjoy Chapel on Friday.

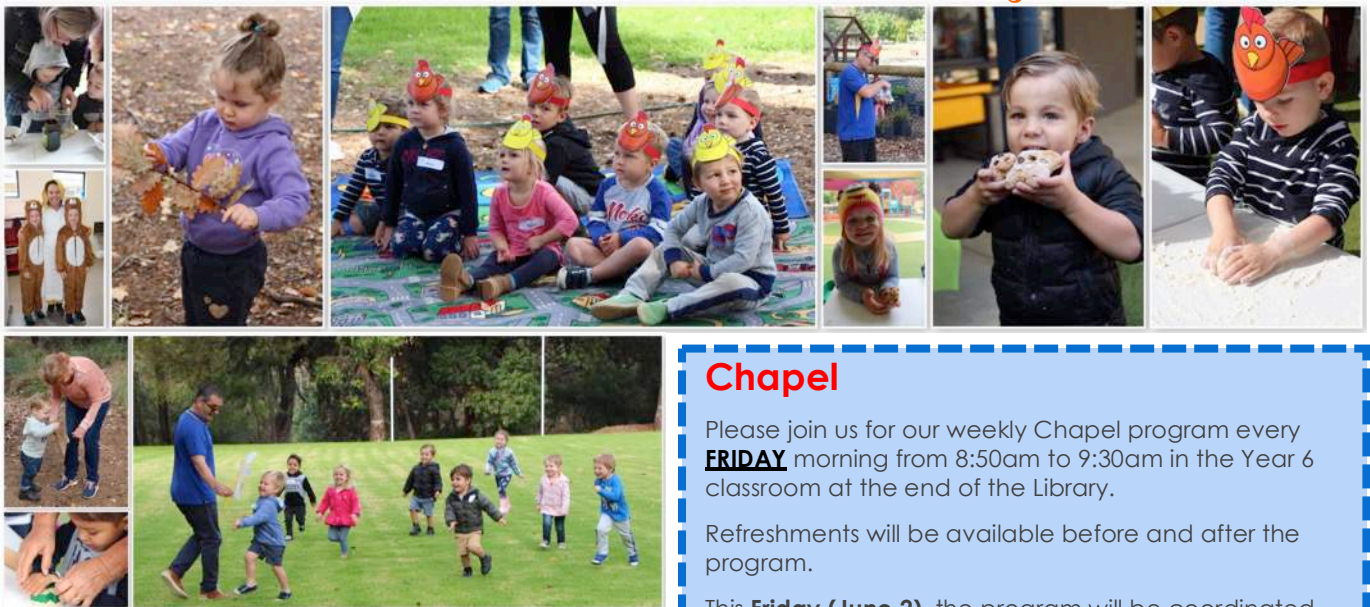
Sometimes we don't fully appreciate what we have until we don't have it. We have such a special school family here at Carmel Primary and I would like to thank each and every one of you for your part in it.

If you are seeking community and are able to share some of your time, I would like to invite you to attend our first Parents and Friends Meeting for this term which will be held this coming Wednesday evening, here at the school at 6:30pm. We look forward to seeing you there if you can make it.

God bless,

**Mrs Nicola Warchol**

## Storytime in the Bush



## Chapel

Please join us for our weekly Chapel program every **FRIDAY** morning from 8:50am to 9:30am in the Year 6 classroom at the end of the Library.

Refreshments will be available before and after the program.

This **Friday (June 2)**, the program will be coordinated by the Year 5 class. The speaker is Pr Kyle.

Next week (**June 9**)...

Coordinated – Year 1 class

Speaker – Pr Edgar

# CHURCH NEWS

## Carmel College Church News

Come along and join in any of the various age related programs or small groups between 9:30am-10:30am each Saturday. Followed by the church service at 11am.

Everyone is welcome!

### Upcoming Events

iFollow – June 16

Hungi/Bonfire Night – June 17

Basket Lunch – June 24

## Livingston SDA Church

### Upcoming Events

Protective Behaviours Program – June 3 (See Pg. 7)  
AMARIS in Concert – July 22

### AMARIS in Concert: July 22 @ 7pm

You are invited to an evening with AMARIS, a rich harmony vocal group who will inspire and uplift your soul with their voices and music. Come and support a good cause. A love-gift offering will be collected.

## COMMUNITY NEWS

### WAAPA Winter School 2017

These July school holidays WAAPA is offering exciting programs for students in years 4 to 12.

The Winter School includes classes in acting, drama, dance, screen acting and music theatre.



For information about the many courses on offer please visit [WAAPA Winter School Holiday Programs](http://WAAPA Winter School Holiday Programs) or contact Gabrielle Metcalf at [g.metcalf@ecu.edu.au](mailto:g.metcalf@ecu.edu.au) or 9370 6775.

### NEW CARMEL JACKETS!

Introductory price of \$65 for 2017.  
Sizes 8 – L (S, M, L)  
Available for purchase at Carmel Secondary (9293 5333).



### Jams for Sale

New seasons Apricot, Plum and Fig Jam. Fig and Ginger and Cumquat Marmalade are also available. \$3.50 a jar. Phone 9293 2629. All proceeds go to Mission Projects.

SEE THE FLYERS ATTACHED TO  
THIS NEWSLETTER FOR MORE  
COMMUNITY NEWS AND EVENTS.

## HAPPY BIRTHDAY!

Happy Birthday to the following students who celebrate a birthday in May!

**Marcus (Yr 6), Caleb (Yr 5), Deakon (Yr 6), Ethan (Yr 5),  
Claire (Yr 6), Kai (Yr 4), Millie (Yr 5), Alayna (Yr 2),**



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## SCHOOL TERM DATES 2017

<b>Term 2</b>	Wednesday, April 26 – Friday, June 30
<b>Term 3</b>	Tuesday, July 18 – Friday, September 22
<b>Term 4</b>	Tuesday, October 10 – Friday, December 8



**CARMEL PRIMARY**  
ADVENTIST COLLEGE

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## FREE PROTECTIVE BEHAVIOURS WORKSHOP

AT LIVINGSTON SEVENTH-DAY ADVENTIST CHURCH

WITH ANDREA MUSULIN

SATURDAY JUNE 3

2:30PM TO 5:30PM

The Protective Behaviours Parent Workshops have been designed to provide parents and caregivers the opportunity to participate in a workshop that is child focused and relevant to parenting in the modern age.

Whilst the task of preventing child abuse appears daunting for most parents - teaching the Protective Behaviours Program is a simple but effective way of helping children develop protective strategies.



In order to work towards preventing children becoming victims of abuse particularly sexual abuse it is important to educate children on their rights to personal safety and the way we do this is by teaching children the following:

As a safety program Protective Behaviours provides children with strategies to keep themselves safe and cope with situations which threaten their wellbeing, specifically in areas of child abuse and bullying. The program in essence empowers the individual with the right to feel safe and sets out ways in which they can gain appropriate help when they are not feeling safe.

### WORKSHOP OBJECTIVES

- To provide parents and caregivers with a thorough knowledge of the content, themes, core concepts and strategies of the Protective Behaviours Program.
- To develop problem solving and assertiveness skills in children.
- To educate parents and caregivers in the issues of abuse and abuse prevention.
- To provide parents and caregivers with simple practical teaching activities designed to increase their child's/children's personal safe.



## 2017 Children Sing Festival

a Choral Festival for Primary School Choirs

### Ticket Sales

Dear Parents,

Your child's school choir will be performing in the Children Sing Festival at the Octagon Theatre, University of Western Australia. The festival runs over 3 days from the 13<sup>th</sup> to the 15<sup>th</sup> June with 8 sessions in total. Your child will perform in one of these sessions. This exciting choral festival offers students the opportunity to perform in a magnificent venue and before an audience of 500 students and parents.

The details for your child's choral performance is as follows:

**Wednesday 14<sup>th</sup> June      Session E      1pm – 2.10pm**

**ALL Tickets \$10**

**(NB: STUDENTS PERFORMING IN THE FESTIVAL DO NOT REQUIRE A TICKET)**

- Tickets are being sold online through [ticketsWA](http://ticketsWA).
- No money is being taken by the school for this concert.
- There are limited seats available so if you would like to attend, please book early.
- If the session is not sold out, there will be tickets sold at the door on the day.

**Follow the link below to book your tickets for the Festival – bookings open at 9am on Monday 15<sup>th</sup> May**

[www.ticketswa.com/childrensing2017](http://www.ticketswa.com/childrensing2017)

When you get to the webpage please ensure you select the correct date and session time.

You will need to enter a promotion code when booking your tickets.

The code for your school is: **CARMEL**

If you have any problems booking your tickets online please contact [ticketsWA](http://ticketsWA) on 08 6488 2440. Please note, there is no booking fee for tickets booked online however a \$5 transaction fee is in place for phone bookings.

We look forward to seeing you there.

Kirstin MacLean  
On behalf of the Children Sing Festival Committee



