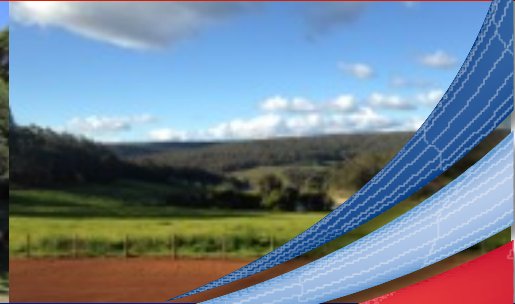




CARMEL NEWS



Welcome to Week 8! The term is rushing by. Students are caught up with completing assessment tasks, studying for tests, and attending classes. Teachers are frantically trying to keep on top of marking, preparing classes, planning for the next term, and the myriad of other tasks that demand attention. The College calendar is packed. Groups are out and about on excursions, sporting activities, and hikes. Carmel is a busy place!

The high point of my busy work day at Carmel is at 8:20am when all staff gather together. For a few precious minutes, we cease our morning preparations and planning to participate in a quiet time where our thoughts are directed away from all that needs to be done. Together we pray for our College. We pray for our students, we pray for each other, and we pray for you, our parent body. It is here we gain strength for the day. The forefathers of this institution felt this was important. The oldest College Prospectus we have in our archive shows that in 1909 staff and students were meeting at 5:30am for this special time! So glad that over the years the rigours of the length of the school day has somewhat altered!

I commend to you all to take time, in whatever form you can, for reflection, meditation or prayer, to give you what you need for the challenges of the day.

Hope the week goes well for you and your family.

Nerolie Hiscox
Teacher Librarian

CALENDAR

FINAL DAY TO PAY FOR FORMAL
Fri 24 March

P&F AGM
Tues 28th March, 5:30pm

YEAR 9 HIKE
Wed 29 March - Tues 4 April

YRS 11 & 12 FORMAL DINNER
Thurs 6 April, 6:30-11:00pm

TERM 1 ENDS
Fri 7 April

TERM 2 STARTS
Wed 26 April

PHOTO DAY (DATE CHANGE)
Mon 31st July

TERM 2 BREAK
Sat 1st July - Mon 17th July

TERM 3 BREAK
Sat 23rd Sept - Mon 9th Oct

CALENDAR

Address:
210 Glenisla Road
Carmel, WA 6076

Telephone:
08 9293 5333
Website:
www.carmelcollege.wa.edu.au

Email:
carmelcollege@adventist.org.au
App:
Skoolbag Carmel Adventist College

NATIONAL MOUNTAIN BIKE CHAMPIONSHIPS



At the State Mountain Bike championships last September, two CAC students, Lily G. and Tate M's results gained them selection to the State MTB Squad. Months of training followed before they travelled with the State Coach to the National Mountain Bike Championships in Canungra, QLD.

There were quite literally, a mountain of challenges. The wet and stormy weather was so bad, it led to the cancellation of the entire Down Hill category of events and throughout the days that followed, there was some question as to whether the Cross Country discipline, in which Lily and Tate compete, would still go ahead. Ultimately, it did, but the race itself was not without its difficulties. On a course that was widely regarded as the most complex and technical ever presented to riders at a national championship, the junior riders (some as young as 11), were expected to complete the same technical elements as the elite riders.

On the first day of competition, Lily and Tate competed in the XCC (cross country criterium), which is a short course event, quicker and far less technical. Tate

finished an excellent 9th place in a very large field. While leading her race comfortably, Lily was unfortunately forced to withdraw for medical reasons.

With little time for rest and recovery, they both had to race the following day in the XCO (cross country Olympic) event. While the rain held off, it was still really tough for many of the junior riders. Both Lily and Tate showed real grit and determination to complete their races in very testing conditions. Lily came home in an excellent 4th place, with Tate in 25th in the largest field of the weekend with 32 racers!

The demands of the unusually technical course took them far out of their comfort zone and pushed them to their physical and psychological limits! It was an excellent learning experience for both of them, to see what it takes to be successful at that level, to be able to apply it to their training at home and put it in to practice in the forthcoming WA mountain bike season that starts in 2 weeks. A great job by both and they should be very proud of their results.

Sarah Tucknott, who graduated CAC last year, finished a fantastic 3rd place in the Junior Women's category in the XCO event.

Samantha Grevett
Parent



SWIMMING CARNIVAL

I would like to thank all the students for their excellent behaviour and participation at this year's Swimming Carnival.

Thanks too for

your understanding with regard to the late delivery of

lunch...although most of you did not seem to mind the free time in

the pools! Another thank you goes to all the parents that came to watch their children compete. It was fantastic to see so many of you in attendance and I hope to see many more of you next term at our Athletics Carnival. Sturt were the victorious house on the day with Forrest and O'Connor not far behind.

We had 4 records broken on the day. Congratulations to Anita Pourasady for breaking the senior butterfly record and Jack Trotter who broke the junior freestyle, junior butterfly, and intermediate butterfly records.



Our champions were:

Faith Gunter
Jack Trotter
Anita Pourasady
Brett Hunter
Lauren Gissing
Nathan Waye

Our runner up champions were:

Chelsea Willock
Taniela Taufu
Lily Grevett
Cooper Butcher
Emily Trotter
Caleb Lever

Mr Adam DiRosso
HOD PE/Sport





YR 6 STUDENTS VISIT CARMEL SECONDARY SCIENCE LAB

On Thursday the Year 6 class from Carmel Adventist College Primary visited the Science labs to learn more about Adaptations. The primary students couldn't wait to wear lab coats and eagerly participated in all the activities senior students had for them. We can be incredibly proud of our senior science students and the interest they showed in helping each Year 6 student to learn.

Mrs Tania Stafford
Science Teacher



UNIFORM UPDATES

This is a friendly reminder that the black sports jacket is only to be worn with the sport uniform. The navy blue jumper is to be worn with the formal uniform. If students are cold, they are welcome to wear something long-sleeved under their shirt/dress so long as the jumper stays on for the day, and the long-sleeved item is not seen.

In order to help combat the cold that students feel, even when wearing their jumpers, we are adding a new jacket to the formal dress uniform. It is a navy, soft-shell jacket that students will be able to wear all throughout the year, indoors and outdoors, with their dress uniform. This is not to replace the navy jumpers, but to assist in adding an extra layer of warmth that looks smart with the formal uniform. We are expecting our order to arrive during the second week of Term 2. They will be on sale for between \$55-60 per jacket.

If you have any questions, please contact Reception on 9293 5333.

Mrs Jessica Foster
Deputy Principal



YR 11 & 12 FORMAL

Theme: Space
Cost : \$95
Due: Friday 24 March 2017
Date: Thursday 6 April 2017
Place: Rendezvous Hotel, Scarborough

PRAYER WARRIOR

PRAY

PLEASE PRAY FOR:

- Boarding
- Students taking OLNA tests
- Health of our school community

NEEDED: 2nd Hand Washing Machine

We are seeking a good, working, 2nd-hand washing machine for the College. If you have one that you would like to donate, please contact:

JulieMcCutcheon@adventist.org.au



Cambodia Information Night

Year 10 parents and students evening

Date: Thursday, March 30th

Time: 7pm

Place: Main Building, Room 5

Come and meet Troy, Chub, and the team from RAW Impact. This is your chance to clarify your understanding of the trip, listen to the RAW presentation and a chance for Q & A.

We look forward to seeing you there.

Mr Nicholas Thomson
Principal

OUTDOOR MOVIE NIGHT



WHAT: Sing!

WHEN: Saturday, 25th March 2017
7:00-9:00 pm

WHERE: Front Lawn,
Carmel Secondary

ENTRY: **FREE!**

Snacks will be available for sale.
All proceeds will benefit the service trips.

WORK EXPERIENCE PLACEMENTS

Year 10 students attend Work Experience for 2 weeks during the year, 1 week at the end of Semester 1 and another week at the end of Semester 2. This programme is an invaluable experience for our students, however, at times we have struggled to find suitable placements.

We are creating a Work Experience Placement Register to compile a list of suitable and willing work places. If you or your company would be willing to have a student for work experience, please email me at NicoleRichardson@adventist.org.au, providing information about type of work your company is involved with, contact details and any other relevant information.

Nicole Richardson
HOD HASS

SURF ONLINE SAFE

with Paul Litherland
presented by St. Brigid's College

Paul's presentation will offer parents a real world understanding of the networks and systems their children are using, and will help you grow online with your family.



Date: Wed 5th April 2017

Time: 6:30 pm

Tickets: \$20 each (includes light refreshments)
Available through trybooking.com
www.trybooking.com/OQSF

Tel: 08 9290 4205



Revision programs for students in Years 9 - 12

- + Subject Revision
- + Study Skills
- + Easy Writing
- + Naplan Preparation
- + Final School and ATAR Exams
- + First Semester Exam Preparation

Email: admin@waceplus.com.au

Tel: 9486 1377

Enrol: waceplus.com.au

YOU ARE
LOVED
MORE
THAN
YOU WILL
EVER
KNOW

by someone who
died to know you.

Romans 5:8