Term 3 | Issue 15 | 21/09/16

GREATNESS LARGE

**CARMEL NEWS** 



# **MESSAGE FROM THE DEPUTY PRINCIPAL**

#### Just Stop!

There's 14 Fridays until Christmas. Yep, horrifying isn't it?! Where on earth has this year gone? I find it thrilling that we are that little bit closer to some good holidays, but sad because everything seems to be going so fast, and I'm perhaps missing so much along the way being so busy.

And like you, I'm not busy doing things that don't have to be done – they're all important things – but the busyness makes me run the risk of being distracted from what's really important.

Each week, I get to Friday night and watch the sun go down and for the first time all week, I stop. Not because some rule tells me to, but because I have a God who says, "You need to stop. You need to realign your brain. You need to spend time with your family and me. Let me help you with that."

So for 24 hours, I stop and get my priorities back in order. That's why I love Sabbath.

But more than this, it's a reminder that I need to stop more often. I need to learn to have a balance that lets me keep my priorities in order. Work can wait, life can't. God says in John 10:10, "I have come so that you may have life; and live it to its fullest." He also says in Psalms 46, "Be still, and know that I am God."

Whether you have a belief in God or not, we all need to stop, be still, and really focus on what life is all about – family, friends, people in need.

At this time of stress in our kids' lives, with exams, tests, and assessments looming; I encourage you to stop. Help them to stop. Spend some time just *being*, rather than always doing. In this fast paced world, we need to take every opportunity to enjoy each other and the many ways we are blessed.

### Mrs Jessica Foster Deputy Principal

CALENDAR

YEAR 12 TRIAL EXAMS Fri-Fri 23rd-30th September

*LAST DAY OF TERM 3* Fri 23rd September

HOLIDAY OFFICE HOURS Tues-Fri 4th-7th October 9am-4pm Closed Mon 3rd October due to Western Power maintenance

*FIRST DAY OF TERM 4* Tues 11th October Summer Uniforms

*LIGHT DINNER* Fri 14th October

**GRADUATION BANQUET** Thurs 20th October

LAST DAY YEAR 12'S Fri 21st October

WACE COMMENCES Mon 31st October

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- Year 10 Students on their service trip
- Year 12 Students as they take exams on the school holidays

# Winning Bridges & Bikes

Carmel Adventist College is continuing to give its students a competitive education. Recently, students competed in the Aurecon Bridge Building Challenge. We are very proud to say that the students won this STEM challenge, building the strongest bridge in WA!

Our students are always challenged to think of new creative ways to outsmart the opposition with this event and it was always going to be hard to live up to a previous win and a second place last year. However, we did it! We took out the win with a bridge that held 223kg. The win was made even sweeter when another of our teams won second place for their bridge, which held 192 kg. It was a brilliant effort by everyone involved.

The celebrations of this win were doubled by another win in the same week at the WA Secondary Schools Mountain–biking Competition.

Carmel Adventist College put together a strong team and knew that there would be plenty of solid competition to beat, if we wanted the number 1 spot. The team won the day with some individual wins, as well as team wins, all combining for the overall rights to first place.

College principal, Mr Nicholas Thomson, said

whether students "win" in the private sense of achieving good academic results, or in the public domain, such as bridge building or mountain bike competitions, he was proud of all his students.

### Mr Devin Stafford Head of Technology

# Soccer Uniforms for Sale

CAC has some soccer uniforms for sale that were donated to the college. We will be selling these at \$5 per item (red and white tops, blue shorts, blue striped long socks available in a variety of sizes. There is also one goal keeper padded uniform.) All tops have large numbers already on them. These are all quality sport uniforms that have had very little wear, with some items still brand new. Please contact Mr Phil Murray for further details. (philmurray@adventist.org.au.) All funds raised will be going to the Malaysia Year 12 Trip.

#### *Mr Phil Murray Head of Maths*





# Year 9 Trip

Last week the Year 9 Aspire students participated in The Rite Journey Challenge.

The two-night camp on farms near Merredin, provided students with a number of challenges and problem solving tasks designed to build resilience, maturity, teamwork and to give each student a sense of achievement and pride after completing the camp.

Special thanks to Keirin and Natasha Hardy for hosting the boys and Norm Hardy for hosting the

girls over the two days. Thanks also to former student, Rochelle Hockley, and to the Year 10 students, Matthew, Ryan and Sampson, who helped out on the camp. Mr Murray, Mr Smoker, Pastor Miranda and Mr Flynn were impressed with the way the students worked together to complete their tasks.

Although students were challenged over the two days, some have said it was the best camp they have been on yet!

Mr Brad Flynn Year 9 Teaching Team

# Year 11 Trip

A week and a half ago, our year 11 students returned from their annual Year 11 Trip to the east coast. They were tired, they were sore, but they had a fantastic time! As a group of students, their behaviour and attitude was excellent, and we were very proud at how many times places such as Parliament House, the War Memorial, the National Museum told us that our kids were at the top of the pile when it came to being polite and respectful.

There was lots of fun and laughter, but also some incredibly moving times of worship in the evenings. Students bared their souls to each other and we could really sense that God was a part of what we were doing. It was also a first that we had the year 11 students from Landsdale Christian School come with us, and the friendships that have been formed on this trip, will last a lifetime.

We want to thank Avondale College for putting us up and feeding us, and also especially want to acknowledge the Australian Government who offers substantial subsidies to schools like ours, to travel across to see our national capital, and the many interesting things it offers. Without their support, our trip would be a lot more expensive and probably not even be a trip that was possible to take.

(Photos on next page)

Mrs Jessica Foster Deputy Principal

### **Carmel News**

### Term 3 | Issue 15 | 21/09/16



4

# Light Dinner

We would like to invite the Primary and Secondary school families to join us for a vegetarian sausage sizzle. This will be a chance for a



casual celebration of our Year 12's, Year 6's and their families. BYO chairs and picnic rugs. Please RSVP via the online survey or to KimberlyJohnson@adventist.org.au

#### by Tuesday 11 October, 2016.

Date:	Friday, 14th October 2016
Time:	5:30-7:00 pm
Location:	Front lawn, Carmel Secondary
Food:	Vegetarian Hot Dogs &
	Dessert provided
	Drinks Sold \$1.50/can, \$1/juice box
RSVP:	by Tuesday, 11th October 2016

## **Summer Uniform**

Term 4 all students will be in Summer uniforms. The uniform shop will be open by appointment in the second week of holidays.

# **School Fees**

### **Option B – Prompt Payment Discount**

Option B payments are due by Friday, 21 October in order to be eligible for Prompt Payment discount. Please refer to your Fee Payment Option Sheet to ensure you are paying the correct amount.

## **Boarding Away From Home Allowance**

Are you in receipt of Assistance for Isolated Children (AIC) from the Department of Human Services (Centrelink)? (You must supply proof with your application.) You may be eligible for up to \$2105 towards boarding expenses. For more information phone (08) 9264 4516 or email <u>student.allowances@education.wa.edu.au</u>. Applications close Friday, 25 November 2016.

### Naomi Thomas Bursar

# Sports and Special Photos Now Online

Following our recent school photography by Kapture, you can now view and order any sports and / or special photos taken on the day. When visiting www.kapture.com.au/event.asp you will need to enter our school code under the Sports & Event tab to access the gallery; **Code: EVF7XY** 

Please note that your photo's will be posted directly to your home and not the College.

Mrs Julie McCutcheon Office Manager

Holiday Office Hours

Week 1 Closed Week 2 Mon Closed/No Power Tues-Fri Open 9am-4pm Uniform Shop open by appointment

# Sibling Enrolments for 2017

Parents enrolling siblings for 2017, please fill out an enrolment application or contact JulieMcCutcheon@adventist.org.au

# Year 12 ATAR Trial Exams

Fri 23 Sep Biology Geography (SIDE)

Mon 26 Sep English

Tue 27 Sep Modern History Physics

Mr Brad Flynn Director of Studies Wed 28 Sep Maths Applications Maths Methods

Thu 29 Sep Chemistry Politics & Law

Fri 30 Sep Business Management Psychology