

Year 8 Trip Information, Agreement and Form

Dear Year 8 Students and Parents,

Please read through the information below and return signed agreement and form to Reception by Friday, August 18 in person or via email secondary.admin@cac.wa.edu.au

Dates: Tuesday 24 - Friday 27 October 2023.

Destination: Busselton SDA Campgroup and surrounds

Purpose of the Trip:

Academic - consolidate previous learning about Geography, History and Science.

Spiritual - opportunity to worship together / reflection alone, appreciate nature and God's creation, focus on school values of integrity, teamwork, responsibility, compassion/kindness, humility.

Social/Emotional - opportunity to build positive memories and stronger relationships with each other, and to promote wellbeing practices for students to flourish in all aspects of their lives (including spiritual, academic, and physical).

Physical - opportunity to enjoy exercising together.

What to bring:

- PE Uniform to be worn on Tuesday
- Packed lunch, snacks and drink for Tuesday
- Bedding: single sheets and a pillowslip, doona, rug or sleeping bag
- Hat and sunscreen
- Toiletries
- Medication (To be accompanied with written instructions)
- Optional items such as camera, books, games (non-electronic)
- Water bottle

Clothing - including:

- Pyjamas
- Warm jackets or jumpers for excursions/evenings
- Changes of clothing for sport, excursions and evening functions: underwear, socks, dresses/skirts, tops, shorts/jeans, and raincoat
- Swimmers/Bathers: 'rashie' needs to be worn over two-piece bathers
- Footwear: joggers for sport and casual wear; sturdy footwear for excursions; thongs/sandals for camp wear

What NOT to bring: Phones, iPads, computers, radios, valuables, knives, matches, chewing gum, lollies, chips, chocolate, soft drink.

CARMEL ADVENTIST COLLEGE - SECONDARY

210 Glenisla Road, Carmel 6076 www.carmelcollege.wa.edu.au ABN 53 105 583 935

Student Agreement

By attending the Year 8 Trip for 2023, you are agreeing to following the set of rights and responsibilities below.

Rights

- It's your right to be in a safe, welcoming, fun environment, where you make memories with your classmates and teachers that you'll remember for a long time.
- It's your right to enjoy the trip activities designed to support your growth academically, spiritual, socially, emotionally, and physically.

Responsibilities

For this to happen, it is your responsibility to

- Follow leaders' instructions, which includes:
 - Staff
 - o Accommodation caretaker and
 - o Service provider of any activity we undertake.

Rest well:

- o Observe the noise limit and lights out times.
- This is to ensure that you are well rested for the day's activities and your teachers can also rest to fulfil their duty of care responsibilities each day.

Respect others comfort, safety, and privacy:

- o Staying out of other people's cabin rooms, especially those of another gender.
- Changing clothes in areas where you are not visible to others. The bathroom cubicles are the safest place for this to take place.

Be ready on time:

- Make sure you're aware of the times you are required to be places and keep to them – including mealtimes, bus leaving times, worship etc.
- Ensure you manage personal hygiene (e.g. showers, brushing teeth) in way that you are ready for the first activities of the day and bedtime.

Look out for each other:

- Stay in groups of at least 4 people when you are in public or doing off-site activities
- Participate positively in worship and group activities.

If you are unable to keep to these responsibilities, you may be required to be picked up by your parents.



Year 8 Trip 2023

Medical and Dietary Update + Student and Parent Agreement

| Student Name | |
|---|---------------------------------|
| Medical Update Does your child have any pre-existing medical conditions/health concerns? Yes No If yes, please specify and give details below: | |
| Does your child need medication for this condition? Do they self-medicate? Please specify type of medication and dosage instructions: | Yes No Yes No |
| PLEASE INFORM RECEPTION OF ANY CHANGES TO MEDICAL | L CONDITIONS after 22 Sept. |
| Emergency Contact Person Contact | ct Number |
| Dietary Update Please note any dietary needs required by your child (e.g., vintolerant, other food allergies, etc.) | vegan, vegetarian, lactose |
| Parent Agreement I have read through the information in this document and gattend the Year 8 Trip. | give permission for my child to |
| Parent Name Signature | |
| Student Agreement I have read through the information in this document and a responsibilities outlined and I will reflect the values and eth participating on the trip. | |
| Student Name Signature | |

Form to be returned to Reception by Friday 18 August by email <u>secondary.admin@cac.wa.edu.au</u> or in person.