REATION V’S RESPONSE
At a restaurant, a cockroach suddenly flew from somewhere and sat on a lady. She started screaming out of fear. With a panic stricken face and trembling voice, she started jumping, with both her hands desperately trying to get rid of the cockroach - Her reaction was contagious, as everyone in her group also got panicky. The lady finally managed to push the cockroach away but ...it landed on another lady in the group. Now, it was the turn of the other lady in the group to continue the drama. The waiter rushed forward to their rescue.

In the relay of throwing, the cockroach next fell upon the waiter. The waiter stood firm, composed himself and observed the behaviour of the cockroach on his shirt. When he was confident enough, he grabbed it with his fingers and threw it out of the restaurant. Sipping my coffee and watching the amusement, the antenna of my mind picked up a few thoughts and started wondering, Was the cockroach responsible for their histrionic behaviour? If so, then why was the waiter not disturbed? He handled it near to perfection, without any chaos.

It is not the cockroach, but the inability of the ladies to handle the disturbance caused by the cockroach that disturbed the ladies. I realized that, it is not the shouting of my father or my boss or my wife that disturbs me, but its my inability to handle the disturbances caused by their shouting that disturbs me. Its not the traffic jams on the road that disturbs me, but my inability to handle the disturbance caused by the traffic jam that disturbs me. More than the problem, its my reaction to the problem that creates chaos in my life.

Lessons learnt from the story: I understood, I should not react in life, I should always respond. The women reacted, whereas the waiter responded. Reactions are always instinctive. Responses are always well thought of, just and right. Good responses save a situation from going out of hand, prevent cracks in relationships and avoid making decisions in anger, stress or hurry.

END OF YEAR CHRISTMAS NATIVITY PROGRAM
On Friday, Dec 12, there will be a Christmas Nativity Program here at the school in which all children from Kindy-Year 6 will be involved. All parents are invited to bring a picnic tea and enjoy the program that we have prepared for you. As part of the program, Kindy and Pre-Primary students will have their graduation. Students in Years 1-3 are the choir for the Nativity play and will need to attend wearing mainly white clothing. Students in Years 4-6 will also be involved in the program.

The evening will begin with a picnic tea (BYO) on the school oval from 6-7pm and then the Nativity program will commence at 7pm.

If you haven’t already returned your RSVP form (emailed home last week) we ask that you do so by this Friday, Nov 28 as this will help the teachers organise the program. In case you didn’t receive your email copy last week, we have attached it again for your convenience.

STUDENT FREE DAY
Please remember that NEXT Friday (Dec 5) is a pupil free day. No classes will be held on that day.

SPEECH AND AWARDS NIGHT & Yr 6 GRADUATION
Tuesday night (Dec 16) is our end of year program, held at Carmel College High School Gymnasium, beginning at 7pm. All students from PP-Yr 6 are expected to be present and in full summer uniform. We will see awards presented across all grades, the Year 5 & 6 drama production of ‘Baboushka’ and of course our Year 6 students graduation. Year 5 & 6 students can be collected early from school on Tuesday (after 1.30pm) but will need to arrive back at the Gym by 6.30pm. School reports will also be available for collection.

CHAPEL
This week the Year 3 class will be assisting with the chapel program. We hope to see you there! (From 8.50am).
HAPPY BIRTHDAY TO YOU!
The following people are celebrating their special day in November.
Isabella Foster (1), Suzie Smoker (3), Faith Gunter (8), Emily Munt (9), Leon Hunziker (9), Ying Yi Lim (16), Kayla Lowe (17), Noah Major (23), Darcy Moloney (24), Sonny Mentiplay (24), Oscar O’Rourke (25), Jett Beven (25), Chelsea Lowe (26), Liam Sidney (30).

UNIFORM ORDER FORM
We understand that sometimes it is difficult for parents to get to the school to purchase uniforms during the term and that purchasing uniforms on Book Day can be very time consuming. As a result of this we would like to provide the opportunity for parents to be able to order uniforms that can then be picked up on Book Day (Jan 28) next year. If you would like to take advantage of this service, please fill out the attached order form and return it to the school no later than Dec 12.

HIGH SCHOOL UNIFORM SHOP
Please note that the final day the high school uniform shop will be open this year is Friday, Dec 12.

ACTIVE AFTER SCHOOL SPORTS
The final day for AASS is on Tuesday, Dec 9 (week 9). Please note that all children need to be collected at 4.30pm sharp! No teachers are available to look after children whose parents are late.

THE ROAD TO BETHLEHEM 2015
Experience the true story of Christmas as you never have before. Step back in time and be immersed in all the excitement and drama of the very first Christmas. Suitable for all ages. Book online for this FREE community event. Running Monday Dec 15 - Wednesday Dec 17 at Livingston SDA Church. Gates open at 6.30pm. Book online at: http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=110402

KEEP THOSE 2LT MILK CARTONS COMING IN!
The Early Childhood Centre is collecting 2 litre milk bottles for a recycling project. If you can donate any bottles, please deliver them to the Kindy or PP classrooms.

SUMMER CAMP 2015
January 20-25
The application forms for the Camp Logue Brook Summer Camp are out! If you want to know more about Summer Camp, or are interested in sending your child to one of them next year, see attached flyer or apply online at... http://events.adventist.org.au/Registration/Event/534. Summer Camp is proudly operated by the Youth Department of the Seventh-day Adventist Church of WA.

KALAMUNDA CAROLS BY CANDLELIGHT
Sunday 14 December @ 7pm - Stirk Park
We are delighted to once again be hosting this event. There will be plenty of opportunities for the public to join in the singing of traditional carols. A community and combined schools choir will lead in the singing. Come early and enjoy the sausage sizzle!

LIBRARY
Thank you for your support this year with our catalogue book orders, etc. Please note that this is the final week for borrowing books. All books need to be returned by week 8.

CHAPLAIN’S NEWS
Expectations are building as the year comes to an end but I guarantee that there will ultimately be some disappointments as well. With the end of year fast approaching how can we get ourselves ready for the things that do not go our way? I don’t mean the pair of ‘Undies’ or ‘Hankies’ from your mother on Christmas day, I mean the important things.

At Carmel we are always looking to build resilience in your and my children. The ability to bounce back when things don’t go according to your plan. For example, twelve of our Year 5 students stood up recently in front of the entire school body to explain why they would like to be considered and voted for as the next ‘School Captain’. They did a fantastic job with their speeches, knowing that they may or may not be chosen.

How has 2014 gone for you? Have you begun to consider the positive differences that you have made this year? Are you applying yourself, not knowing what the outcome might be? What will happen if things do not turn out the way that you thought? The Year 5’s understand that making a positive difference is more than wearing the ‘Captain’s’ badge. If together they make the effort then they, as part of the student family will have a great year in 2015.

I pray that as your family approaches the end of the year that you make the time together to focus on the positive impacts and put aside your personal disappointments for 2014. Build up and support each other as a family preparing for an exciting 2015.

PS. Underwear is still very important, though you may not want to show everyone on Christmas Day. Keep Smiling and God Bless.