You can control what goes on in your mind by filling it with God’s Word. Not the word you read casually, but the Word you process mentally, apply to each situation that arises and stand on in times of crises because you know it’s your right to have the peace that Jesus promised. Jesus corrected His disciples because they had lost their peace of mind during a storm. He didn’t lose His. He was asleep in the back of the boat. So where are you today? Resting in the back of the boat, or panicking with the others up the front? Worry overwhelms you when forget two things:

1) What the Lord has told you. Jesus said, ‘let us go over to the other side.’ And once He spoke these words there wasn’t a wave big enough to sink them. Any time you’re doing what God’s told you to do, you may go through storms but you won’t sink.

2) Who’s with you in the boat? The disciples thought they knew Jesus pretty well but before the night was over they were asking, ‘Who is this, even the wind and the waves obey Him!’ Has it ever occurred to you that the storm that you are in right now has been permitted by God to show you that you don’t have a problem that He can’t solve; that you’re not alone and that through this experience you’ll come to know Him better?

John 14:1 says, ‘Do not let your hearts be distressed, agitated.’ The only power worry has over you- is the power you give it.

(Taken form ‘The Word for Today’).

Blessings,

Mr Nicholas Thomson
Principal
Director of Studies Information

The Year 10 students participated in a Careers Workshop yesterday with former student Scott Tetley, founder of myCareerShape and current lecturer at the University of Melbourne.

Scott shared a number that really stood out to me: 11,250. This is the number of days of work we are expected to have in our lifetime. Work is a big part of our life, so it is worth reflecting on where we want to spend our life working.

There are two important things to know when exploring our career paths.

Firstly, we need to know “the world of work”. Year 10 and 11 students will be attending the Careers Expo in Perth, on Thursday, to get an idea of the occupations and careers available at present. We didn’t want to interrupt the Year 12 study program, but I highly encourage Year 12 students to visit the Careers Expo 2016 this weekend (http://careers-expo.exibit.com.au/visitors).

Secondly, and perhaps more importantly, we need to “know who we are”. As Dr Katharine Nicodemus points out, “Lastly, what seems crucial to the success of anyone searching for a new beginning is that they know where to start, with themselves. You may not know exactly which job or volunteer position you want, but you know your strengths; capitalize on them.”

At Carmel we are committed to both of these aspects.

Our vision for students is far bigger than just receiving a WACE or an ATAR ranking at the end of Year 12.

Our vision is to help students understand who they are and how God has gifted them, so they can use their strengths in their future careers to create a better world. What a fantastic way to spend those 11,250 days at work!

Mr Brad Flynn
Director of Studies

From The Chaplain

Exciting news everyone! Bible studies are starting up this term.

PRAYER WARRIOR

PLEASE PRAY FOR:
• Yr 9 Perth Tour is a safe and informative day.
• Yr 7 and Yr 9 peace and well being over NAPLAN testing
• Students safety will participating in sporting activities

This is a service provided by the chaplaincy program and funded solely by the Western Australian Conference of the Seventh-day Adventist Church, NOT by the State Government under the National School Chaplaincy Program. Your student's inclusion in our chaplaincy program is voluntary, yet implied, in your decision to enrol your student at our College. If you do not wish for your student to partake in these Bible studies, or any other Chaplaincy service, then please contact the College Chaplain Miranda at mirandaleijser@adventist.org.au.

Miranda Leijser
Chaplain

Save The Date

MAY 25 Carmel Adventist College is hosting AUSTRALIA'S BIGGEST MORNING TEA COMMUNITY CHAPEL - a morning designed to gather, share and give.

If you are able to donate a delicious dish of food, that would be greatly appreciated.

All proceeds fundraised will go to the Cancer Council to assist further research.

We look forward seeing you there, and supporting this very worthwhile cause!
**Skoolbag App**

The Carmel Adventist College Skoolbag app is available via the relevant app stores for Apple, Android and Windows devices. This app is very useful for disseminating information via instant messaging, for sending reminders, newsletters etc. The app is free to download, and you can choose which year level information you receive.

**Smart Rider**

Please be aware Carmel is no longer be issuing Smart Rider Cars. You now need to go onto the website www.idcards.monitorwa.com.au to input your detail. You will need a credit card to make payment. Students cards will be delivered to the school and given to the child/children.

**Uniform Opening Hours**

The school uniform opening hours are Monday and Wednesday 8.30 am to 4.00 pm. Please make arrangements to collect your uniforms on these days.

**Sign In and Sign Out Book**

Please be aware that all student need to be signed in and out of the school, if they are arriving late or leaving school early. When a student is being dropped off or collected from the school could the adult collecting the student please come into the office and see reception staff? Thank you for your assistance.

**Gloves**

The school has been donated finger free gloves to sell for fundraising for our school Mission trips. They are Guardsman gloves and are described as tough synthetic leather, fully washable, spandex & lycra support fabrics, wrist lock & snug fitting. Sizes: Small, medium and large Cost: $5

For more details, please call Carolyn on Monday, Tuesday or Wednesday, or email carolynharders@adventist.org.au

Please note picture of the gloves.